



# 15th Annual Red Dress Run (~5K)

## Wednesday, June 20-6 p.m.

### Maine Endwell High School

\*Bicycles, skate boards, baby joggers or carriages, roller skates or blades, animals, and devices with headsets or earbuds are not allowed. Their use can result in disqualification from this event. This is for safety and compliance with insurance requirements.

**Info:** The only requirement is that you wear a RED DRESS! Feel free to accessorize! Fashion ideas here- <http://triplecitiesrunnersclub.org/y2011/RedDress/index.html>

**Awards Include :** First frock male/female, finest frock, greatest gams, best buns, most creative coiffure, male most in touch with his feminine side, most desperate housewife!

**Fee:** A minimum donation of \$5-feel free to contribute more! All proceeds go the Crime Victims Assistance Center in Binghamton. **Make checks payable to Triple Cities Runners Club.**

**Questions?** Contact: Karen Fennie 607-772-0589(kfennie@binghamton.edu) or Brendan Flynn (bflynn@stny.rr.com), 607-723-7014.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Sex M F -Age on race day \_\_\_\_\_ Date of birth \_\_\_\_\_  
Street Address \_\_\_\_\_  
E-mail address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Waiver: I know that running a road race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race organizers, sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent's Signature (if under 18 years old) \_\_\_\_\_

Date \_\_\_\_\_

Mail application and check (payable to Triple Cities Runners Club) to Karen Fennie, 300 Powers Road, Binghamton, NY 13903.