

# Application for Membership



The Triple Cities Runners Club (TCRC) promotes and supports competitive and fitness running in Binghamton, NY and the surrounding area. It provides insurance to all TCRC sponsored races as well as many other local affiliated races. It also provides finish line services and/or equipment rental to many of the local races.

## What the TCRC does for you

Joining the TCRC is easy, inexpensive, and loaded with benefits. As a member, you'll enjoy:

- The camaraderie of other local runners at group runs, workouts, races, and other outings
- Support and encouragement for your running, whether you're competitive, recreational, or somewhere in between
- Subscriptions to the Tortoise and Hare, the TCRC's newsletter, packed with interesting articles on the local running scene, local race applications, and up-to-date race calendars
- \$2 discount on certain TCRC sponsored races, free entry into the January Freeze 10k series and TCRC summer track meets.
- Insurance coverage for the Jan. Freeze 10K series, weekly workouts, and the TCRC track meets
- Inclusion in our E-mail updates for race info, assistance with travel arrangements for out-of-town races, and other club info
- An invitation to join the TCRC Yahoo Groups Listserv and Facebook page to communicate directly with other club members/runners

Learn more about the TCRC, races, and the local running scene at: [www.triplecitiesrunnersclub.org](http://www.triplecitiesrunnersclub.org)

## Annual Membership Application

Membership entitles the member to a newsletter subscription, e-mail updates of upcoming races and events, and participation in all regular TCRC activities, including club workouts and meets. All regular members are also eligible to vote and hold office. Fill out and mail this form to: **TCRC, 24 Edgewood Rd., Binghamton, NY 13903**

All memberships now run on a calendar year (1/1 – 12/31) basis. Renewals are \$20. The following prorated fees apply only to new members:

- \$20 -- if you join from January 1 - March 31;
- \$15 -- if you join from April 1 - June 30;
- \$10 -- if you join from July 1 - September 30;
- \$5 -- if you join from October 1 - December 31

Membership is annual and all renewals will be due January 1st. Only *new* memberships will be offered the prorated fee schedule.

- Regular Adult Membership..... \$20     New  
 Junior Membership (under the age of 18 at time of joining or renewal..... \$10     Renewal

Name \_\_\_\_\_  M     F

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_

E-mail address \_\_\_\_\_

Do you want to be added to the TCRC E-Mail list?

- Yes     No

Household Membership option: In addition to the above regular membership, include the following household members:

- Adults    \$5.00 each     Juniors    \$1.00 each

Name \_\_\_\_\_  M     F

Date of Birth \_\_\_\_\_  Adult     Junior

Name \_\_\_\_\_  M     F

Date of Birth \_\_\_\_\_  Adult     Junior

Name \_\_\_\_\_  M     F

Date of Birth \_\_\_\_\_  Adult     Junior

Total Dues \_\_\_\_\_ \$

Optional Tax Deductible Donation\* \_\_\_\_\_ \$

Total Dues \_\_\_\_\_ \$

\* A receipt will be sent to you verifying your donation.

## All adults and the parent or guardian of all juniors must sign the waiver below.

I join the Triple Cities Runners Club (hereafter referred to as TCRC) at my own risk and understand that running or volunteering in a road race and/or participation in track events are potentially hazardous activities which could cause injury or death. I certify that I am physically fit and have trained sufficiently for the events in which I will participate and am aware of the stresses inherent in that participation. I recognize that I should not enter and run unless I am medically able and properly trained and, by my signature, I certify that I am medically able to perform any event which I enter, am in good health, and am properly trained. I agree to abide by any decision of a club or race official relative to any aspect of my participation in any TCRC event, including the right of any official to deny or suspend my participation for any reason whatsoever.

I assume all risks associated with running, volunteering and otherwise participating in club races and events, all such risks being known and appreciated by me, said risks including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road and release the TCRC, any affiliated sponsoring bodies, including Road Runners Club of America, USA Track and Field Association, their agents, employees, representatives and/or affiliated or parent organization and any sponsoring organizations from any and all claims, demands, damages, causes of action, liabilities or expenses of any kind which occur either directly or indirectly as a result of or in connection with my participation in the event, even if such results from negligence, fault or carelessness of the sponsoring organizations.

I understand that bicycles, skate boards, baby joggers or carriages, roller skates or blades, animals and devices with headsets and/or earbuds are not allowed in any TCRC event and their use can result in disqualification from a race. I will abide by and assist in the enforcement of this guideline.

I recognize that, in consideration of the TCRC acceptance of my application for membership, I, for myself, and anyone entitled to act on my behalf, waive and release the TCRC and all sponsors, representatives and successors from all claims or liabilities of any kind arising out of my participation in club activities, even though that liability may arise out of the negligence or carelessness on the part of the organization named in this waiver. This release shall be binding upon my heirs, administrators, successors, and assigns and shall inure to the benefit of the successors and assigns of the sponsoring organization. By this release, I fully intend to discharge the said organization from any and all injuries or losses suffered by me while participating in and traveling to and from any event sponsored by the TCRC.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_  
 (required for all junior applicants)