

Broome County Triathlon
Saturday July 5, 2008 Dorchester Park, Whitney Point, NY
142 Finishers (88 Male, 43 Female, 11 Teams)
Timed By YellowJacket Racing

Pos	Bib	Name	Gender	Class	Age	City	Swim	T1	Bike	T2	Run	Total
Overall Female												
1	128	Christa Winslow	F	Overall Female	45	Binghamton	16:22	01:06	36:47	00:59	22:52	1:18:06
Overall Female Masters												
1	126	Tamara Lewis	F	Overall Female Masters	44	Afton	16:20	01:14	35:59	00:59	25:37	1:20:10
Overall Male												
1	34	Keith Murray	M	Overall Male	34	Wynantskill	11:12		33:11	00:35	19:29	1:04:27
Overall Male Masters												
1	57	John McGovern	M	Overall Male Masters	44	Kingston	13:26	00:49	31:18	00:38	19:35	1:05:46
F14-16												
1	94	Katie Bowen	F	F14-16	15	Vestal	14:44	03:00	59:20	00:44	32:12	1:50:00
2	95	Erin Daly	F	F14-16	16	Weedsport	17:00	02:21	57:46	00:45	35:29	1:53:21
F17-19												
1	96	Kalani Personius	F	F17-19	18	Binghamton	13:56	02:04	50:26	00:43	27:38	1:34:46
F20-24												
1	101	Rebecca Duttry	F	F20-24	23	Muncy	20:10	01:41	40:33	00:57	24:46	1:28:06
2	97	Elly Powers	F	F20-24	21	South New Berlin	18:37	01:43	43:55	01:08	27:30	1:32:52
3	100	Capri May	F	F20-24	22	Owego	20:07	02:10	48:50	00:39	29:54	1:41:41
4	99	Megan Nonnemacher	F	F20-24	22	Scranton	25:29	01:23	57:50	00:39	23:25	1:48:46
F25-29												
1	104	Jennifer Livingstone	F	F25-29	26	Endicott	14:44		37:31	01:17	26:07	1:19:39
2	102	Sara Gdovin	F	F25-29	25	Binghamton	14:24	01:04	42:54	00:43	25:43	1:24:48
3	107	Erin Bohman	F	F25-29	28	Brooktondale	19:03	02:09	39:47	01:10	24:33	1:26:41
4	105	Karen Martin	F	F25-29	27	Johnson City	19:24	01:57	42:59	02:08	27:17	1:33:45
5	108	Heather Ludwig	F	F25-29	29	Endicott	18:23	02:42	41:16	01:33	30:27	1:34:21
6	103	Katie Gorgos	F	F25-29	26	Binghamton	21:24	02:20	47:45	01:24	27:20	1:40:13
7	106	Bianca Spatafora	F	F25-29	28	Arlington	15:37	02:39	46:50	01:28	35:42	1:42:16
F30-34												
1	111	Alice Tym	F	F30-34	34	Hamilton	14:38	01:16	41:14	00:39	24:20	1:22:07
2	110	Selina Lenetsky	F	F30-34	31	Ithaca	17:56	02:34	41:54	01:01	23:57	1:27:23
3	112	Sarahjane Harrigan	F	F30-34	34	Alpien	16:34	01:54	40:27	01:08	28:52	1:28:55
4	109	Elizabeth McGrath	F	F30-34	30	Kirkwood	18:26	02:29	48:11	01:44	36:37	1:47:27

F35-39

1	119	Kelley Hamlin	F	F35-39	37	Endicott	15:21	01:39	40:55	00:39	25:19	1:23:53
2	121	Shannon Gawronski	F	F35-39	39	Norwich	16:15	01:26	37:58	01:22	28:09	1:25:10
3	117	Kori Wood	F	F35-39	37	Montrose	18:46	01:31	40:04	01:04	24:34	1:25:58
4	118	Rindy Karpel	F	F35-39	37	Endicott	21:33	02:16	44:48	00:46	27:37	1:37:01
5	122	Susana Mendez	F	F35-39	39	Brooktondale	19:55	01:57	45:24	01:32	29:01	1:37:49
6	116	Stephanie Gardner	F	F35-39	36	Dryden	26:38	01:50	45:57	01:13	25:01	1:40:39
7	114	Amy Moritz	F	F35-39	35	Buffalo	25:00	01:46	42:02	01:07	30:56	1:40:51
8	113	Nancy Toffolo	F	F35-39	35	Ithaca	18:56	02:45	49:17	01:42	31:24	1:44:05
9	120	Ellen Brenner	F	F35-39	38	Rochester	22:47	01:09	45:21	01:24	34:51	1:45:32
10	123	Grace Andres	F	F35-39	39	Endicott	24:57	02:22	46:05	00:59	33:21	1:47:45
11	115	Jo Cator	F	F35-39	36	Whitney Point	25:08	04:12	1:00:49	01:30	44:54	2:16:33

F40-44

1	125	Irene Cobb	F	F40-44	44	Nicholson	16:17	01:33	41:00	00:48	23:11	1:22:49
2	124	Caren Cooper	F	F40-44	41	Ithaca	20:08	02:37	45:35	00:51	31:13	1:40:24

F45-49

1	130	Nancy Almann	F	F45-49	48	Ithaca	18:45	02:09	41:12	01:19	30:29	1:33:54
2	132	Pauline Gregory	F	F45-49	49	Vestal	19:05	02:06	43:05	00:53	31:34	1:36:43
3	129	Dawn Washo	F	F45-49	45	Montrose	22:21	01:47	53:40	01:04	32:21	1:51:14
4	131	Susan Hiser	F	F45-49	49	Grove City	26:43	04:42	49:37	02:11	38:03	2:01:16

F50-54

1	133	Caroline Rasmussen	F	F50-54	50	Lansing	18:27	01:17	38:18	00:49	27:19	1:26:11
2	135	Anne Sieverding	F	F50-54	52	Ithaca	18:12	01:49	40:16	01:16	29:01	1:30:34

F55-59

1	137	Michelle Marino	F	F55-59	56	Ithaca	17:58	01:50	38:10	00:52	24:15	1:23:04
2	138	Mary Pat DAngelo	F	F55-59	59	Lafayette	17:53	02:41	43:21	01:17	27:32	1:32:44
3	136	Cathie Bunk	F	F55-59	56	Gorham	19:03	01:51	49:53	01:23	37:35	1:49:45

F65-69

1	139	Patricia Coveny	F	F65-69	67	Endicott	38:17	08:00	1:02:44	02:34	45:30	2:37:04
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M14-16

1	2	Daniel Jardin	M	M14-16	15	Mexico	14:18	01:37	45:05	00:31	23:36	1:25:06
2	1	David Stuart	M	M14-16	13	Endicott	18:02	03:49	50:43	02:06	30:05	1:44:44

M17-19

1	7	Paul Young	M	M17-19	19	Milan	14:52		36:52	00:29	19:47	1:12:01
2	6	Benjamin Nichols	M	M17-19	18	Endicott	17:57	01:32	38:34	00:30	19:35	1:18:08
3	3	Erik Wagner	M	M17-19	17	Binghamton	13:44	02:03	39:50	01:14	28:39	1:25:30
4	4	Patrick Kelsey	M	M17-19	17	Port Crane	15:47		46:34	00:42	24:55	1:27:58
5	5	David Nichols	M	M17-19	17	Endicott	23:22	01:45	46:11	00:47	22:52	1:34:57

M20-24

1	18	Richard Nichols	M	M20-24	24	Apalachin	13:28	00:49	34:31	00:32	21:44	1:11:03
2	16	Evan Blumberg	M	M20-24	23	Johnson City	14:51	01:39	35:23	01:00	21:29	1:14:22

3	12	Michael Ariel	M	M20-24	22	Norwood	13:23	38:10	01:03	22:53	1:15:29	
4	9	Adam Bielecki	M	M20-24	20	Vestal	13:08	41:34	00:33	24:44	1:19:59	
5	10	Ryan Wright	M	M20-24	21	Ithaca	14:46	38:22	01:21	26:44	1:21:12	
6	11	Eugene Donovan	M	M20-24	22	Binghamton	14:37	02:12	41:24	00:30	24:19	1:23:02
7	8	Adam Rubert	M	M20-24	20	Towanda	14:49	45:35	00:31	23:26	1:24:22	
8	13	Jared Ruggieri	M	M20-24	22	Binghamton	16:58	02:59	39:55	00:42	24:25	1:24:59
9	17	John Siddons	M	M20-24	23	Scranton	16:38	01:34	42:48	00:35	23:51	1:25:26
10	15	Eric Hansen	M	M20-24	23	Ithaca	14:43	43:36	00:51	27:09	1:26:19	
11	14	John Feighery	M	M20-24	23	Pelham	15:29	03:48	47:37	00:36	31:14	1:38:44

M25-29

1	24	Mike Grygus	M	M25-29	28	Endwell	14:04	01:09	30:42	00:50	19:41	1:06:26
2	26	Tom Perkins Jr.	M	M25-29	29	Pheonix	16:40	01:21	38:41	01:13	24:47	1:22:42
3	22	Brian Moscicki	M	M25-29	27	Port Crane	15:41	01:42	40:43	00:33	26:07	1:24:47
4	19	Devin Donovan	M	M25-29	25	Scarsdale	18:59	03:06	40:33	00:37	24:11	1:27:25
5	20	Eric Palomaki	M	M25-29	26	Genoa	17:18	01:19	39:52	01:30	29:20	1:29:19
6	23	Mike Perkins	M	M25-29	27	Baldwinsville	15:30	01:21	45:33	00:44	30:02	1:33:10
7	25	Nick Ruiz	M	M25-29	28	Owego	20:53	03:09	43:57	01:30	28:52	1:38:21
8	21	Jon Gdovin	M	M25-29	27	Binghamton	24:32	01:57	43:08	01:42	31:59	1:43:17

M30-34

1	32	Michael Murphy	M	M30-34	34	Warren Center	14:09	01:27	36:20	00:53	18:32	1:11:22
2	31	Charles Eldermire	M	M30-34	33	Brooktondale	14:01	01:36	35:05	00:58	22:26	1:14:07
3	30	Paul Lentini	M	M30-34	33	Lakewood	15:38	00:57	34:08	00:50	26:11	1:17:45
4	28	Shane Cummings	M	M30-34	30	Endicott	16:24	01:46	39:14	01:17	23:57	1:22:39
5	33	Frederick Tillman	M	M30-34	34	Kenka Park	17:19	01:23	37:33	00:48	26:23	1:23:26
6	29	Jackson Taylor	M	M30-34	32	Vestal	22:37	02:20	39:05	00:58	27:14	1:32:15
7	27	Frank Bianco	M	M30-34	30	Binghamton	21:03	02:42	47:31	00:38	24:30	1:36:24

M35-39

1	44	Peter Ronco	M	M35-39	39	Horseheads	14:09	00:38	31:44	00:44	17:42	1:04:57
2	40	David Christian	M	M35-39	39	Binghamton	14:22	01:34	36:23	01:11	19:45	1:13:15
3	36	J.C. Colling	M	M35-39	36	Binghamton	14:05	01:28	35:38	00:46	21:26	1:13:23
4	39	Peter Johanns	M	M35-39	38	Van Etten	15:11	00:34	35:03	00:44	24:01	1:15:34
5	43	David Colegrove	M	M35-39	39	Syracuse	16:22	01:42	35:12	01:46	24:06	1:19:08
6	41	Mike Guenther	M	M35-39	39	Binghamton	18:22	02:18	36:10	01:03	25:38	1:23:32
7	35	David Martin	M	M35-39	35	Johnson City	27:58	04:34	27:38	01:02	23:41	1:24:52
8	42	Juan Alvarez-Calderon	M	M35-39	39	Brooktondale	18:06	01:46	40:16	00:57	25:19	1:26:24
9	38	Lars Mead	M	M35-39	37	Binghamton	20:47	02:34	39:21	01:36	25:35	1:29:52
10	37	Dan Ciaravino	M	M35-39	37	Binghamton	18:46	03:06	47:07	03:53	26:54	1:39:45

M40-44

1	52	Bob Stocks	M	M40-44	42	Binghamton	13:33	31:44	00:34	20:24	1:06:14	
2	46	Scott Custley	M	M40-44	40	Rosendale	13:46	01:12	33:47	00:43	22:01	1:11:30
3	47	Paul Dittman Jr.	M	M40-44	40	Hilton	13:10	35:12	00:49	23:02	1:12:13	
4	53	James Wendel	M	M40-44	43	Kingston	17:21	01:49	38:28	01:16	28:17	1:27:10
5	50	Keith Morton	M	M40-44	41	New York	13:36	03:16	42:08	01:35	26:53	1:27:27
6	56	Frank Stuart	M	M40-44	44	Endicott	19:37	02:44	41:08	01:25	29:50	1:34:44
7	48	Brian Kamsoke	M	M40-44	40	Norwich	29:44	02:26	39:50	00:41	24:41	1:37:32

8	45	Paul Darsky	M	M40-44	40	Marathon	22:59	01:52	43:31	01:05	29:18	1:38:45
9	54	Mark Ciaravino	M	M40-44	44	Endicott	18:54	02:04	47:59	03:54	26:55	1:39:45
10	58	Ed DeSantis	M	M40-44	44	Binghamton	21:22	02:19	44:46	01:13	30:38	1:40:18
11	55	Joe Whalen	M	M40-44	44	Owego	19:18	03:27	54:10	01:57	32:33	1:51:24
M45-49												
1	65	David Winslow	M	M45-49	48	Binghamton	13:55		34:50	01:04	20:15	1:10:05
2	67	Bob Connelly	M	M45-49	48	Stamford	15:10	01:06	35:01	00:57	23:46	1:15:59
3	61	Andrew Casler	M	M45-49	46	Fabios	15:22	01:26	34:43	01:03	24:39	1:17:13
4	63	Douglas Mann	M	M45-49	47	Painted Post	16:21	02:00	36:18	01:17	24:01	1:19:57
5	70	Mark Brugger	M	M45-49	49	Endicott	18:55	02:05	38:26	00:59	20:51	1:21:15
6	68	Steven Andre	M	M45-49	49	Montrose	17:39	01:17	38:59	00:57	24:15	1:23:06
7	69	Barry Bonitz	M	M45-49	49	Endwell	16:37	02:26	39:58	01:38	24:51	1:25:31
8	64	Don Slogar	M	M45-49	47	Vestal	21:00	02:15	38:07	00:43	23:59	1:26:04
9	60	Bob Beavan	M	M45-49	45	Johnson City	15:18	01:59	42:14	00:57	27:45	1:28:14
10	66	Michael Welch	M	M45-49	48	Endicott	18:48	02:01	41:40	01:02	27:43	1:31:14
11	71	Roy Husung	M	M45-49	49	Rush	17:06	02:11	43:35	00:55	27:46	1:31:34
12	59	Timothy Farrell	M	M45-49	45	Clarks Green	18:53	03:00	48:48	02:05	32:14	1:45:00
13	62	Elliott Wagner	M	M45-49	47	Binghamton	21:41	02:31	41:36	01:32	39:48	1:47:07
M50-54												
1	75	Dirk Elliott	M	M50-54	52	Marathon	15:16	01:10	34:29	00:43	21:22	1:12:59
2	74	Daniel Wood	M	M50-54	51	Montrose	18:01	01:41	35:34	00:46	24:19	1:20:20
3	73	Mark Dixon	M	M50-54	50	Candor	26:09	02:46	45:05	01:28	23:43	1:39:11
4	77	Howard Segal	M	M50-54	54	Oneonta	17:05	04:09	51:02	00:56	26:06	1:39:19
5	78	Billy Mugridge	M	M50-54	54	Liverpool	21:16	02:43	55:33	02:40	34:51	1:57:02
6	72	Rick Haddock	M	M50-54	50	Endwell	27:43	03:29	49:44	01:55	37:49	2:00:40
M55-59												
1	81	Ray Gillen	M	M55-59	57	Montrose	16:55	01:57	38:37	01:08	27:22	1:25:59
2	83	Mike Egan	M	M55-59	58	Clarks Summit	21:27	02:03	42:11	01:16	24:19	1:31:16
3	84	Steven Burke	M	M55-59	59	Ithaca	22:34	02:02	42:59	00:54	26:10	1:34:40
4	79	Dan Bartschi	M	M55-59	56	Vestal	21:32	02:14	42:59	01:49	31:34	1:40:08
5	80	Thomas Minora	M	M55-59	57	Clarks Summit	21:02	02:47	46:34	02:22	32:01	1:44:46
M60-64												
1	89	Len Sowinski	M	M60-64	64	Olyphant	18:41	02:38	39:48	00:27	22:02	1:23:36
2	90	Bob Dattola	M	M60-64	64	Ithaca	14:21	01:42	39:36	01:06	27:15	1:24:00
3	85	Chris Newell	M	M60-64	60	Cortland	15:26	02:09	40:57	01:18	26:27	1:26:16
4	86	Bob Macnaught	M	M60-64	60	Walton	21:27	01:57	46:04	01:48	32:51	1:44:07
5	88	Bob Harding	M	M60-64	62	Binghamton	20:58	02:49	43:34	01:34	38:33	1:47:28
M65-69												
1	92	Dick Litzel	M	M65-69	68	Newark Valley	16:48	02:20	39:04	01:32	28:03	1:27:47
2	91	Merlin Lessler	M	M65-69	66	Owego	20:59	03:27	53:10	01:00	32:13	1:50:48
M75-79												
1	93	Alfred Rogers	M	M75-79	75	Duryea	25:30	03:16	55:39	01:12	39:51	2:05:28

Masters Co-Ed Teams										
1	150	Oneida-Houston Connection	Team	Masters Co-Ed	21:14	00:48	40:54	00:39	29:00	1:32:35
2	151	Powered by Co-Ed	Team	Masters Co-Ed	23:14	00:59	44:07	00:29	24:59	1:33:49
Open Co-Ed Teams										
1	146	Hui Ao Ao	Team	Open Co-Ed	14:01	00:31	34:23		18:31	1:07:26
2	147	Three Warriors	Team	Open Co-Ed	13:44	00:34	34:59	00:25	22:19	1:12:01
3	145	The Joneses	Team	Open Co-Ed	15:37	00:51	41:45	00:31	22:33	1:21:17
4	149	Team Phenom	Team	Open Co-Ed	13:24	00:35	41:57	00:31	26:51	1:23:17
5	148	Vital Signs	Team	Open Co-Ed	20:22	00:40	41:26	00:28	24:25	1:27:21
6	144	Déjà Vu	Team	Open Co-Ed	20:49	00:44	42:31	00:31	32:07	1:36:44
Open Female Teams										
1	141	Lexie May	Team	Open Female	27:50	00:58	45:17	00:33	33:57	1:48:35
Open Male Teams										
1	143	The Runners	Team	Open Male	15:10	00:34	33:13	00:24	17:26	1:06:47
2	142	Its A Bear	Team	Open Male		12:16	39:12	00:25	19:02	1:10:55