

## 7th Annual St. James 5K Run Johnson City, New York October 22, 2006

We had a record turnout for the 7th annual St James 5k Run and 2.5k Walk in Johnson City. Quite remarkable for the 5k was not only the awesome turnout, and new course record (15:53) set by Bryan Morseman, but also the fact that there were 80 competitors under the age of 19...!

178 runners competed in the 5k. Bryan Morseman, 21, this year's Vestal XX winner and now a senior at Mansfield University, entered the race with his younger brother Branden, 18, a freshman at Mansfield (Bryan was eligible to compete because he decided to red-shirt his XC season this year to give him another year of eligibility next year). The brothers took 1st and 2nd (16:32) Overall and Bryan's time of 15:53 eclipsed Anthony Gallo's CR of 16:28 set in 2004. Also of note was 3rd place finisher, Birant Akbay (16:52), a freshman at Binghamton University, and the winner of this year's Octoberfast 10k. 4th and 5th place went to TCRC members Jeff Martinez (16:55), 16, of J.C. and Josh Schultheis (17:03), 18, of Binghamton, both of whom competed in Saturday's high school XC Invitational at Marathon.

In the women's race, Murphee Hayes won in 18:51 and 2nd place went to a surprisingly fast 13-yr-old, McKenna Coughlin (20:28), of J.C. Yvonne Smith, former Owego xc runner, was 3rd, and senior Seton XC runner Katherine Sullivan, 18, was 4th in 21:48.

Co-race director Kevin Pasterchik and I have lots of folks to thank for helping and for the success of this event, both in the TCRC and St James community:

- Registration...Barb and Steve Pasterchik, Diane Macko, Jack Myette
- Finish line...Lee Anderson, George Joseph, Matthew Lee, Diane Macko, Max and John Straneva, Mike Zwick
- Course marshals--Dan Foley, Pete Gallagher, Peg Hyland, Helen King, Carol Keslin, Lance and Helen Lee, Robin Schultheis, Jim Testani, Mike Isenburg, Ron Ruffo, Michael Vaseleck.
- Water Stops: SJMS teacher Bob Weston and SJMS students
- Mile Markers...Mile 1: Helmut Betz; Mile 2: George Groome; Mile 3: Sterling Payne's dad
- Course Set-up: Dan Dougherty
- Course Marking: Ron Ruffo
- Refreshments: Bernadette and Mike Nielsen and daughters, Kathy Anderson and family and Dawn Conover. Coffee was provided by Mike and Winnie Nesworthy.
- Pre-Race Music and National Anthem: Pat Foley and son Connor.
- Post-Race DJ Music: Andrew King

Special thanks also to St James Middle School principal George Clancy, who did a great job promoting the event at SJMS in both school participation and fundraising.

See below for complete and final results, both overall and age groups. Updated October 31.

Suzanne Myette

### Overall

Overall:

1. Bryan Morseman, 21 15:53
2. Branden Morseman, 18 16:32
3. Birant Akbay, 18 16:52
4. Jeff Martinez, 15 16:55
5. Josh Schultheis, 18 17:03
6. Anthony Gaetani, 15 17:04
7. Michael Murphy, 32 17:39
8. Greg Derick, 34 17:38
9. Dan Young, 15 18:32
10. Sterling Payne, 13 18:38
11. Murphee Hayes, 32 18:51
12. William Talkiewicz, 49 18:59
13. Leland Colburn, 18 19:01
14. Benjamin Nichols, 16 19:13
15. Patrick Reynolds, 15 19:26
16. Farrell McKenna, 16 19:27
17. Jeremy Anderson, 14 19:41
18. Vince Mariano, 16 20:00
19. Patrick Hart, 15 20:02
20. Andy Roblyer, 36 20:16
21. Stephen Gaub, 17 20:19
22. McKenna Coughlin, 13 20:20
23. Max Kammerman, 17 20:28
24. Drew Wasko, 53 20:45
25. Keegan Coughlin, 14 20:57
26. Ian Woodsinger, 14 21:06
27. David Jacobs, 20 21:18
28. Stephen Krall, 20 21:23
29. Mike Sherwood, 16 21:25

30. Yvonne Smith, 24 21:27  
31. Bill Hrostowski, 51 21:27  
32. Chris Fitzpatrick, 16 21:39  
33. Vince Fox, 48 21:43  
34. Katherine Sullivan, 18 21:47  
35. Timothy Foley, 51 21:55  
36. Thomas Doolittle, 14 21:57  
37. Fr. Joe O'Connor, 29 21:58  
38. Kristin Olson, 37 22:13  
39. Brian Cartie, 36 22:44  
40. Danny Farrell, 15 22:46  
41. John Kopalek, 55 22:53  
42. Jean Ziolkowski, 46 22:57  
43. Kermit Cadrette, 68 23:01  
44. Joe Monteforte, 43 23:03  
45. Karen Kuzel, 40 23:04  
46. Amanda Fierle, 13 23:06  
47. Kevin Lantry, 49 23:07  
48. Kevin Williams, 35 23:13  
49. Jim Sitak, 50 23:17  
50. Kelly Ford, 32 23:22  
51. Michael Galuppi, 33 23:23  
52. Jack Kane, 14 23:33  
53. Richard Perkins, 57 23:34  
54. Kevin Novotny, 25 23:44  
55. Terry Gallagher, 35 23:45  
56. Eric Dolan, 13 23:46  
57. Dennis Gocbout, 18 23:49  
58. Joseph Catanzuro, 36 23:50  
59. Haley Farrell, 14 23:52  
60. Dan Dougherty, 44 23:52  
61. Roger Brown, 49 23:57  
62. Ryan Both, 31 24:00  
63. Patrick Gallagher, 48 24:07  
64. Brendan Foley, 14 24:10  
65. Steve Willett, 44 24:19  
66. Mike Terwilliger, 51 24:22  
67. Dan Young, Sr. 24:40  
68. Gail Markstein, 45 24:44  
69. Karla Eisch, 50 24:46  
70. Margret Betz, 70 24:49  
71. Jason Moore, 38 24:50  
72. Ron Arno, 57 24:51  
73. Francesco Liburdi, 51 25:05  
74. Michael Alweis, 14 25:07  
75. Matt Myette, 45 25:09  
76. David Nichols, 14 25:14  
77. Patrick Ruehlman, 47 25:25  
78. Chelsea Snyder, 13 25:25  
79. Mike Vachon, 43 25:30  
80. Pete Sullivan, 53 25:37  
81. Joe DeMattina, 58 25:39  
82. Mike Nielsen, 60 25:41  
83. Joe Wasko, 11 25:44  
84. Brendan Covert, 11 25:51  
85. Alfonso Monaco, 59 25:52  
86. Linda Zalaffi, 44 25:53  
87. Connor Ligeikis, 11 25:55  
88. Alex Roblyer, 9 25:56  
89. Barbara Morrissey, 59 25:59  
90. John Stoddard, 13 26:01  
91. Joseph Fierle, 10 26:04  
92. Patrick Kane, 11 26:06  
93. Molly Kane, 43 26:08  
94. Mark Walsh, 43 26:11  
95. Mark Ziolkowski, 12 26:13  
96. Daniel Hackford, 12 26:17  
97. Jessica Rigal, 11 26:25  
98. Jacqui Covert, 42 26:50  
99. Susan Rudgick, 41 26:57  
100. John Ziolkowski, 15 27:06  
101. Susan Schultz, 44 27:16  
102. Paul Hamlin, 56 27:16  
103. Anne Riechert, 44 27:22  
104. Vince Kelly, 50 27:23  
105. Joe Long, 33 27:24  
106. Steven Novitsky, 11 27:29  
107. Arianna Young, 12 27:37  
108. Leo, O'Connor, 55 27:38  
109. Grady Coughlin, 7 28:04  
110. Nick Vachon, 11 28:44  
111. Bob Weston, 62 28:57  
112. Andrew Wasko, 11 28:59  
113. Kyle Vachon, 14 29:09  
114. Craig Fox, 15 29:14  
115. Brogan Coughlin, 10 29:16  
116. Jack Burtis, 13 29:17  
117. Logan McAvoy, 15 29:18  
118. Kevin Coughlin, 45 29:18  
119. Connor McCormack, 11 29:24

120.	Patrick McCormack, 37	29:25
121.	Kelli Vachon, 13	29:28
122.	Grace Fierle, 11	29:30
123.	Lauren Wetherell, 22	29:33
124.	Timothy Nichols, 13	29:36
125.	Wayne Jones, 41	29:37
126.	Dorean Sherwood, 37	29:42
127.	Michael Young, 14	29:53
128.	Lynette Errante, 17	29:54
129.	Morgan Mears, 18	29:59
130.	Maria Hart, 17	30:15
131.	Cassie Dougherty, 13	30:16
132.	Anthony Russon, 12	31:02
133.	Bill Fierle, 43	31:22
134.	Joseph Gluck, 54	31:27
135.	Kelly Hoyt, 29	31:31
136.	Bobby Depersiis, 13	31:40
137.	Kaitlyn Moore, 10	31:45
138.	Heidi Moore, 36	31:45
139.	Griffen Covert, 9	31:55
140.	Denton Covert, 42	31:56
141.	Eric Jones, 9	31:57
142.	Nicole Keefe, 11	32:15
143.	Shane Salanger, 11	32:17
144.	Katie Jones, 12	32:21
145.	Michele Jones, 42	32:25
146.	Neil McCormack, 11	32:51
147.	Robert Olsen, 10	32:51
148.	Johanne Rigal, 8	32:57
149.	Ashley Mears, 21	32:58
150.	Bill McCormack, 60	33:00
151.	Ayal Adamit, 14	33:06
152.	Meghan Taylor, 16	33:13
153.	Fran Taylor, 39	33:13
154.	Dawn DeVita, 42	33:18
155.	Nikki Rigal, 26:	33:21
156.	Angelina Hess, 43	33:29
157.	James Morrell, 67	33:35
158.	Tom Hamlin, 60	34:05
159.	Kelly Gardner, 39	34:10
160.	Vince Albers, 42	34:11
161.	Maclaine Farrell, 10	35:58
162.	Sharon Hauer, 30	37:10
163.	Spencer Hackford, 10	37:43
164.	Anne Ziolkowski, 6	37:51
165.	Michael Ziolkowski, 16	37:51
166.	Brian Ainworth, 52	37:59
167.	Sam Gilroy, 12	38:42
168.	Matt Gilroy, 44	38:42
169.	Susan Burtis, 40	39:11
170.	Karren Bee-Donohoe, 48	40:08
171.	Hannah Truman, 11	41:03
172.	Emma Kilmer, 10	41:03
173.	Jeff Tebo, 46	41:23
174.	Richard Miller II, 43	41:55
175.	Julia Miller, 43	41:56
176.	Henry Kozak, 55	42:02
177.	Lori Brown, 46	43:27
178.	?? did not go thru chute	

## Women Overall

Top 5 Women:

1. Murphee Hayes, 31 18:51
2. McKenna Coughlin, 13 20:28
3. Yvonne Smith, 24 21:27
4. Katherine Sullivan, 18 21:47
5. Kristin Olson, 37 22:13

## Age Group Awards List

WOMEN:

9 & Under

Johanne Rigal, 8, 32:58

Anne Ziolkowski, 6 37:51

10-12

Jessica Rigal, 11 26:25

Arianna Young, 12 27:37

13-15

Amanda Fierle, 13 23:06

Haley Farrell, 14 23:52

16-18

Katherine Sullivan, 18 21:47

Lynette Errante, 17 29:54

19-24

Lauren Wetherell, 22 29:33

Ashley Mears, 21 32:58

25-29

Kelly Hoyt, 29 31:31

Nikki Rigal, 26 33:21  
30-34  
Kelly Ford, 32 23:32  
Sharon Hauer, 30 37:10  
35-39  
Kristin Olson, 37 22:13  
Doreen Sherwood, 37 29:42  
40-44  
Karen Kuzel, 40 23:04  
Linda Zaloffi, 44 25:53  
45-49  
Jean Ziolkowski, 46 22:53  
Gail Markstein, 45 24:44  
50-54  
Karla Eisch, 50 24:46  
55-59  
Barb Morrissey, 59 25:59  
60+  
Margret Betz, 70 24:49

MEN:

9 & Under  
Alex Roblyer, 9 25:56  
Grady Coughlin, 7 28:04  
10-12  
Joe Wasko, 11 25:44  
Brendan Covert, 11 25:51  
13-15  
Jeff Martinez, 16 16:55  
Anthony Gaetani 17:04  
16-18  
Josh Schultheis, 18 17:03  
Leland Coburn, 18 19:01  
19-24  
David Jacobs, 20 21:18  
Stephen Krall, 20 21:23  
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John Kopalek, 55 23:04  
Richard Perkins 23:34  
60-64  
Mike Nielsen, 60 25:41  
Bob Weston, 62 28:57  
65+  
Kermitt Cadrette, 68 22:57  
James Morrell, 67 33:35