



7/22/2026

1 Mile

	<u>Bib</u>	<u>Name</u>	<u>Time</u>
1	309	Flareev Umar	5:20
2	315	Dave Fellows	5:26
3	308	Chris	5:46
4	392	Colin Mccathy Mackoffie	5:52
5	394	Emily Gunther	5:55
6	31	Carly Fernald	6:14
7	301	Eli Dello	6:28
8	310	Kurtis Parker	6:39
9	393	Shalin Patel	6:49
10	387	Tracy Sephton	7:09
11	304	Hunter Welch	7:38
12	314	Grant Briggs	8:25
13	311	Mike Ramsden	8:30
14	28*	Shelby Morseman	8:40
15	30	Will Elliott	8:46
16	33	Kevin Nelson	8:54
17	303	Jonathan Devita	10:14
18	306	Sam Devita	10:17

400m

	<u>Bib</u>	<u>Name</u>	<u>Time</u>
1	308	Chris	1:03
2	316	Phillip Trafficanda	1:04
3	30	Will Elliott	1:11
4	392	Colin Mccathy Mackoffie	1:13
5	393	Shalin Patel	1:14
6	31	Carly Fernald	1:19
7	387	Tracy Sephton	1:25
8	318	Norm Card	1:31
9	317	Olivia Card	1:32
10	303	Jonathan Devita	1:34
11	304	Hunter Welch	1:41
12	28*	Shelby Morseman	1:42
13	33	Kevin Nelson	1:51
14	313	Rhys Ramsden	2:10
15	29*	Colin Elliott	2:30
16	306	Sam Devita	2:35
17	303	Jonathan Devita	2:44
18	305	Emily Devita	2:45

800m

	<u>Bib</u>	<u>Name</u>	<u>Time</u>
1	316	Phillip Trafficanda	2:47
2	31	Carly Fernald	3:01
3	309	Flareev Umar	3:34
4	317	Olivia Card	3:36
5	318	Norm Card	3:37
6	303	Jonathan Devita	3:38
7	304	Hunter Welch	3:46
8	28*	Shelby Morseman	3:48
9	312	Charles Ramsden	4:31
10	29*	Colin Elliott	5:50
11	30	Will Elliott	5:51

2 Mile

	<u>Bib</u>	<u>Name</u>	<u>Time</u>
1	307	Patrick Milano	10:31
2	394	Emily Gunther	12:42
3	315	Dave Fellows	12:42
4	31	Carly Fernald	14:04
5	312	Charles Ramsden	14:06
6	30	Will Elliott	14:29
7	309	Flareev Umar	15:20
8	304	Hunter Welch	17:01
9	302	Tom Dello	17:02
10	314	Grant Briggs	17:38
11	28*	Shelby Morseman	18:18
12	311	Mike Ramsden	19:01

*Although we try our best to be accurate with results, errors do occur, if you notice an error please email triplecitiesrunnersclub@gmail.com with proof of the time you ran.