TRIPLE CITIES RUNNERS CLUB

JANUARY 10, 2023

CALLED TO ORDER - 7:04pm

PRESENT: Grace Tabeek, Chris McManus, Kevin Pasterchik, Jason Palmer, Eric Purdy, Kat Hores, Sarah Kane, Vince Fox, Ken Burt, Susan Cain

NOT PRESENT: Dave Fellows, Dan Dougherty, Ray Fryc

SECRETARY'S REPORT: Grace reported and made a motion to accept the secretary's report, Kevin second, motion passed. Yes-9 No-0

TREASURERS REPORT: Chris reported that there were quite a few payments from the Pete Keyes Turkey Trot race and from membership dues paid in 2022. Chris rewrote checks for the shoe program. Grace will send out thank you to members that made a donation to the club. Chris made a motion to pass the treasurer's report, Kat second, motion passed. Yes- 10 No-0

TCRC 2022 RACES:

TOM HAMLIN JANUARY FREEZE 10K- The first January Freeze 10K went well. Volunteers for the other 3 races: 1/14-Chris, Ray, Vince, Ken, 1/21-Sarah, Jason, 1/28-Grace, Sue, Chris.

PETE KEYES TURKEY TROT 5 MILER: The date for 2023 is set. After all expenses paid and money counted, the TCRC will be awarding up to \$12,000 in scholarships to graduating seniors pursuing further education.

FORKS XV – There are currently 50 runners registered. There will be cash prizes of \$300, \$150, \$50.

VESTAL XX: Sarah will contact chip timers to score the Vestal XX race.

TCRC TRACK MEETS: Dan will fill out online form through Maine Endwell High School to guarantee use of the track for the summer meets.

KING & QUEEN OF THE BEER TREE MOUNTAIN: Sue reported that the date is set for September 24, 2023. There will be a coordinated effort with Stash Strong 5K.

*Chris and Sue reported that, along with Ray and Jason, they met to discuss creating binders for all the TCRC races. Further discussion will be at a future date.

PANCAKE BREAKFAST: Was under budget and went well.

TCRC GRAND PRIX 2022: Greg sent communication to the board and said that The King & Queen of The Beer Tree Mountain should be changed in the Grand Prix from a 5K to a 3 Miler in 2023. The standard for the GP will also need to be changed.

TCRC SOCIAL: There are 84 people registered to date. Chris gave Kat a check to pay deposit.

ANNUAL DINNER: The dinner is set for March 10th at Atrio. The Member of The Year will return as an award given to a TCRC member and Grace will put out an email to the membership explaining what the award entails.

SELF DEFENSE COURSE: Sarah will try to have a date for the class by the TCRC Social. She will reschedule date once she finds out if the RRCA will provide insurance for the class.

TCRC JACKETS: Jason asked that the date be pushed back for announcing details of a TCRC jacket program. The committee will figure out details such as patches and the best program for tracking. The program will start in 2024 and they are aiming for October of 2023 to get details to membership.

NON-BINARY DISCUSSION: Vince Fox discussed information regarding gender choices when signing up for a race.

RRCA recommends providing a non-binary choice.

BOSTON MARATHON accommodating non-binary and will allow non-binary to register and run.

CHICAGO MARATHON including non-binary on registrations.

NYC RUNNERS CLUB: includes non-binary awards for all of its races.

FINGER LAKES RACES non-binary in policy statement but their races do not reflect that.

Chris suggested making diversity statement and have instructions on registering as non-binary.

Discussion on Grand Prix and how it can affect scoring. GP is age/gender based.

Vince was asked to refine the statement and bring it back to the board at the February meeting.

OTHER BUSINESS: The following races will be included in the 2023 Grand Prix:

January Freeze 10k (1)

St. Pat's 4 Miler

Forks 15K

Bridge Run Half

Bridge Run 5K

Noah's 5K or 10K

Vestal XX

4 on the 4th

TCRC Track Meets-1 & 2 mile for adults

Kelly LaBare 5k

RRCA Women's Run 5K

King & Queen of The Beer Tree Mountain

Halloween 13K

Pete Keyes Turkey Trot 5 Miler

Kevin made a motion to keep the races the same as last year's for the Grand Prix, Grace second, motion passed. Yes-10 No-0

EMAIL MOTIONS:

1/21- Chris made a motion to write a check for \$120 to Chris McManus for reimbursement of stamps used for mailing the TCRC magnets, Ray second, motion passed. Yes (12) Chris, Vince, Kat, Dave, Eric, Grace, Kevin, Ray, Jason, Sue, Sarah, Ken

2/1- Ray made a motion to approve the 2023 Visions Partnership, Sue second, motion passed. Yes (10) Ray, Sue, Kat, Grace, Eric, Sarah, Dan, Vince, Kevin, Chris.

ADJOURN: Kat made motion to adjourn, Kevin second, motion passed at 9:05pm.

SUBMITTED BY: Grace Tabeek

NEXT MEETING: February 14, 2023 at Dan Dougherty's house