

TRIPLE CITIES RUNNERS CLUB

2025 High School Scholarship Application - Instructions

The Triple Cities Runners Club is providing up to \$13,000 to fund college scholarships for male and female high school runners. Through 2024, the TCRC has awarded a total of \$141,000 to graduating high school seniors. Awards will be announced in June in conjunction with high school awards and graduation ceremonies.

To be eligible for a scholarship, you must:

- Be a graduating senior with plans to pursue higher education at a 2- or 4-year accredited college;
- Have participated in varsity cross country and/or varsity long distance track events (1500 meters and higher for women, 1600 meters and higher for men) during high school;
- Currently reside in the Triple Cities area (Broome or adjacent county in New York) or be a TCRC member

Scholarship applicants are evaluated based on academic achievement, running performance, community service, coach's recommendation, financial resources, and quality of the application.

Application Procedure

Your TCRC Scholarship application must include the [Applicant Information Form](#), found on the TCRC website and a description of:

- 1) Your running accomplishments. Please include specifics as to times, distances, races, records held, etc. for your high school running events.
- 2) Your academic achievement, including GPA, class rank, class size, and period covered.
- 3) Your anticipated field of study, educational goals, and career objectives.
- 4) Your school and community service, including but not limited to service to the local running community.
- 5) Plans for funding your college education.

Your coach must also provide his or her perspective on your accomplishments via the [Coach's Evaluation Form](#), found on the TCRC website.

Format

The first page of your application should be the Applicant Information Form. In the remainder of your application, provide the required information in a clear and concise manner. You are encouraged to include your resume and other pertinent information in your application (as separate pages or inserted figures) to provide details for your application.

Submit your entire application electronically as a single document. This one document should include all information other than the coach's recommendation. The preferred format is Portable Document Format (.pdf), but Microsoft Word (.doc or .docx) and Google Docs formats are acceptable. Your complete application should not exceed 15 pages.

Your application and your coach's recommendation must be received by **May 5, 2025**. Please follow up with your coach to make sure we receive the coach's recommendation. If your coach's recommendation is not received, your application will not be considered.

Email your complete application to:

TCRC Scholarship Committee
scholarships.tcrc@gmail.com

Please note: the scholarship check will be made out to the recipient and his/her college of choice. If college choice is not certain at the time of the award, we will hold the funds until notified of a final decision. Under exceptional circumstances, the TCRC may provide the funds directly to the student. In this situation, the student must provide proof of college admission and attendance.

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Student Check List

This list is for the student's use in preparing his or her application.

- In my application, I have discussed my academic achievements, goals and aspirations. I have included my GPA, my class rank, and my plans for a course of study after high school.
- In my application, I have discussed my running history, achievements, goals and aspirations.
- In my application, I have included a discussion of my service to school and community.
- In my application, I have discussed plans for funding my college education.
- I have remembered to talk about my employment experience and any other activities that have contributed to my development.
- I've mentioned leadership positions, awards, recognition, and extra responsibilities that I've taken on.
- Optionally, I have included my resume, a list of the course that I've taken, and/or a transcript.
- I have followed the instructions for formatting and submitting my application as a single document.
- I will make sure that my coach is aware of the deadline and will submit his or her evaluation for me.