Triple Cities Runners Club
Board Meeting
June 12, 2012
Relief Pitcher

Members Present: Tom Carter, George Joseph, Kevin Pasterchik, Darlene Cempa, Dan Dougherty, Tom Hamlin, Kathy Anderson, Grace Tabeek, Trish Horan, Ed Jenner, Emily Piza-Taylor, Suzanne Myette, Vince Kelley, Brendan Flynn, Mark Hendley.

Members Absent: Mike Murphy, Sue Cain, Chris Cowden, Harry Back

1. President Tom Carter called the meeting to order at 7:08 pm.
2. Secretary's Report - Motion was made by George and seconded by Brendan to accept the minutes from the May 8, 2012 meeting. Motion passed.
3. Treasurer's Report – Kevin Pasterchik reviewed the treasurer's report. George made a motion to accept the report, seconded by Dan. The motion passed.
4. The minutes record the email vote to send $100 donation to Guthrie Hospice in memory of Mike Murphy's mom.
5. Rachel Johnson was present for the Halloween 13k to be held October 27th at 8 am. This race will include a 2 person relay option. She is requesting volunteers to act as road marshals and that the club promote the event. She said she will get 325 forms to Grace to be included in the September newsletter. Grace suggested she go to other running events and set up a table to promote the event.
6. Gina Chapman was present from the American Heart Association. She said that 130 runners registered for the Heart Run and 121 finished the event. She thanked the volunteers for their help in running the event and awarded a Heroes of Heart Award to Vince Kelley as the Volunteer of the Year. He has helped out for almost 20 years.
7. Red Dress Run – Brendan said they will be all set for next week. 25 runners are pre-registered but many register the day of the event. The event raised almost $1,000 for Crime Victims' Assistance last year.
8. Race Insurance – Grace said that we cannot insure any more races per the RRCA that we do not actually run as defined by the RRCA. A motion was made by George and seconded by Tom Carter to only provide insurance to races that fully meet all criteria, as established by the RRCA. Motion passed.
9. Corporate Challenge – Grace needs lots of volunteers and stated that she would like to see more board members volunteer. She said sometimes it is hard to get regular members to volunteer and if the board set a good example that would help. Several board members spoke up and offered to help. Dan made a motion to pay for food for Corporate Challenge volunteers, up to $150. Vince Kelley seconded and motion passed.
10. Chip timing – Kevin presented the results of the Chip Timing Committee, which are attached. After discussion, it was agreed that a phrase about the rates being subject to change should be added. Tom Carter made a motion to accept and Dan seconded. Motion passed. Tom Carter made a motion to reimburse Mark Hendley $560.35 for chips and bibs through the Vestal XX, Ed Jenner seconded and the motion passed.

11. Suzanne Myette discussed the Women's Distance Run. Avon is not the charity recipient this year. After discussion, it was decided that Mom's House would be the recipient this year. The web site and application will be updated to reflect this.
12. Suzanne presented the Racing Team proposal (see addendum). It would appear based on the standards set that almost 10 men would be eligible and 2-5 women. After considerable discussion, a few things were added. The Thater race was added to the list, a coordinator was needed to coordinate the program, and runners would need to repay any fees paid on their behalf if they failed to meet the volunteer requirement. Vince Kelley and Darlene Cempa volunteered to be coordinators. The board will also revisit the team at the end of the year. Tom Carter made a motion to accept the proposal as amended, and Tom Hamlin seconded.   Motion passed.
13. Suzanne stated that all track meets should count towards the Grand Prix and, after some discussion, all were in agreement. All track meets will count towards the Grand Prix.
14. Adjournment – 8:50 pm

Chip Timing Committee Report

The committee recommends the following fee structure:

Rainbow timing will continue to be $125 flat fee equipment rental plus $1.00 per finisher. This will be applied to all future races, regardless of deals that have been made in the past.

Chip timing will be $2.50 per registered runner with a minimum charge of $250 (100 runners). The fee will be split 50/50 between TCRC and Mark Hendley until he recovers the cost of the chip system (estimated 2-3 years). Mark will develop a spreadsheet to track his cost recovery and report back to the club regularly. Once the cost of the chip system is recovered, the split may be modified with the difference helping to fund future equipment purchases.

Day of race registration will be charged an extra $1.00 per runner registered.

The club will reimburse Mark $1.00 per registered runner for all club sponsored events – January Freeze, Forks XV, Women's Distance Run, Vestal XX and Turkey Trot. This will cover the cost of the bibs and a small portion towards cost sharing.

Clock rental will be $100 and a board member must be present in order for the clock to be rented.

All of the above will be effective for January 1, 2013 or new races not yet on the calendar (i.e., race directors have not yet approached the club about providing finish lines). All rates are subject to change based on the location, length of race or complexity of timing and other factors.

Triple Cities Running Club RACING TEAM

Purpose: To promote the Triple Cities Runners Club in a competitive manner and increase club visibility.

Eligibility: (max: 10 men/ 10 women - eligible runners will be selected by the board. If eligible runners exceeds 10 per gender the team will be chosen in descending order from fastest to slowest)

- Men must meet or exceed age graded standard of 78% on a USATF road race. Distances include 5K through Marathon. (Age grade standard must be checked using http://www.howardgrubb.co.uk/athletics/wmalookup06.html)

- Women must meet or exceed age graded standard of 75%on a USATF road race. Distances include 5K through Marathon. (Age grade standard must be checked using http://www.howardgrubb.co.uk/athletics/wmalookup06.html)

- For the 2012 racing Team: Must meet standard between January 1, 2012 and _____, 2012. Team selection will take place _____, 2012.

- Starting January 1, 2013: Must meet standard during previous calendar year

- Starting January 1, 2013: Team selection will take place at the January board meeting (length of term will be one year)

Requirements:

- In 2012 eligible runners who are interested in joining the TCRC racing team must apply to the board by May 31.

- Eligible runners who are interested in joining the TCRC racing team must apply to the board by December 31. (Starting for the 2013 Racing team and all racing teams after)

- Team members must be a TCRC member in good standing

- Must be a TCRC member when achieved the standard

- Must wear TCRC racing singlet in all races where entry has been provided by the TCRC

- Must volunteer in at least two TCRC events/functions

- Must represent the club in a positive manner

- Must abide by all TCRC rules and regulations

Benefits:

- Free TCRC racing singlet

- Free entry into TCRC races (Forks 15K, Vestal XX, and Women's Run)

- Entry reimbursed (pre-registration cost) for the following races: Boilermaker 15K, Syracuse Festival of Races, Binghamton Half Marathon (The Board will review included races each January at the Board Meeting)

- Team members may request approval from the board for additional funding for races/events not listed

* Budget is set at and not to exceed $2500.00 without board approval

* The TCRC board reserves the right to review this contract at any time along with reviewing any team members standing at any time.

Age-graded Sample

Women's times based on 75% age grading:

 20 yr old: 5k- 19:44, Half- 1:27:50, Mara- 3:00:41

30: 5k- 19:44, Half- 1:27:48, Mara- 3:00:38

40: 5k- 20:23, Half- 1:30:42, Mara- 3:10:12

50: 5k- 22:21, Half- 1:39:26, Mara- 3:34:26

Men's times based on 78% age grading:

 20 yr old: 5k- 16:43, Half- 1:16:49, Mara- 2:42:11

30: 5k- 16:35, Half- 1:15:55, Mara- 2:40:09

40: 5k- 17:30, Half- 1:19:05, Mara- 2:44:06

50: 5k- 18:54, Half- 1:25:51, Mara- 2:58:48