



TCRC WEDNESDAY NIGHT TRACK MEET - 7/13/2022

1 MILE

Thomas Cummings - 5:14
Jordan Varano - 5:18
Emily Gunther - 5:50
Dave Fellows - 6:06
Tim Johnson - 6:42
Jonathon Darrow - 7:08
Chris McManus - 7:09
Grant Briggs - 7:23
Dawn Devita - 10:21

800m

Colin Machaffie - 2:51
Jeff Wood - 2:59
Jonathon Darrow - 3:28
Grant Briggs - 3:35
Kevin Nelson - 3:41
Joe Geronimo - 3:50

400m

Jordan Varano - 1:09
Emily Gunther - 1:13
Jonathon Darrow - 1:20
Jeff Wood - 1:24
Grant Briggs - 1:31
Joe Geronimo - 1:41

2 MILE

Thomas Cummings - 11:41
Dave Fellows - 13:11
Colin Machaffie - 13:39
Zizwe Grandison - 14:42
Chris McManus - 16:05
Tim Johnson - 14:29
Jonathon Darrow - 18:29
Dawn Devita - 23:06