



TCRC WEDNESDAY NIGHT TRACK MEET – 8/09/2023

**1 Mile**

Patrick Milano 4:51  
Thomas Cummings 4:57  
Jordan Varano 5:03  
Colin MacHaffie 5:33  
Mike Middendorf 5:40  
Nathan Wood 5:58  
Todd Votapka 6:10  
Marci Shofkom 6:13  
Bob Kuchera 6:20  
Brian Shofkom 6:23  
Monica Salva 6:26  
Jeffrey Wood 6:31  
Rachel Wood 6:33  
Shayna Johnson 6:34  
Tara Niedzialkowski 6:37  
Jonathan DeVita 7:11  
Jamie McVannan 7:32  
Graham Upton 8:14  
Greg Amend 8:42  
Emilie Chang Jackson 9:07  
Paul McMahan 10:02  
Dawn DeVita 10:18

**800 Meter**

Nathan Wood 2:44  
Tara Niedzialkowski 2:59  
Todd Votapka 3:03  
Sarah Kane 3:05  
Jeffrey Wood 3:05  
Jamie McVannon 3:28  
Jonathan DeVita 3:37  
Greg Amend 3:54  
Shayna Johnson 3:57  
Rachel Johnson 3:57  
Emily Armstrong 4:12  
Lilly Jackson- 4:53  
Emilie Chang Jackson 6:49

**400 Meter**

Mike Middendorf 1:05  
Bob Kuchera 1:15  
Nathan Wood 1:18  
Brian Shofkom 1:19  
Tara Niedzialkowski 1:20  
Marci Shofkom 1:22  
Shayna Johnson 1:23  
Rachel Johnson 1:24  
Jeffrey Wood 1:24  
Jamie McVannon 1:26  
Emily Armstrong 1:53  
Lilly Jackson 1:56  
Ethan Cummings 1:59  
Jonathan DeVita (son) 2:46  
Bib #44 2:48  
Isabella Jackson 3:08  
Emilie Chang Jackson 3:09

**2 Mile**

Thomas Cummings 11:11  
Peter Wall 11:13  
Colin MacHaffie 12:38  
Todd Votapka 12:34  
Rachel Johnson 13:21  
Nathan Wood 14:22  
Monica Salva 14:30  
Kevin Nelson 17:53  
Vince Fox 17:53  
Graham Upton 17:16  
Greg Amend 17:35  
Paul McMahan 22:35  
Dawn DeVita 23:26