

TRIPLE CITIES RUNNERS CLUB

MARCH 19, 2024

CALLED TO ORDER – 7:15PM

PRESENT: Grace TabEEK, Kevin Pasterchik, Eric Purdy, Sarah Kane, Emily Gunther, Jason Palmer, Ray Fryc, Chris McManus, Dave Fellows, Kat Hores

NOT PRESENT: Sue Cain, Dan Dougherty, Vince Fox

ELECTIONS: There was 3 open seats and Kat Hores, Chris McManus and Ray Fryc ran unopposed for the 3 seats and were re-elected to the board. All 4 officer positions were open for election and Ray Fryc (President), Kat Hores (Vice-President), Grace TabEEK (Secretary), and Chris McManus (Treasurer) ran for the respective officer positions unopposed and were re-elected .

SECRETARY'S REPORT: Grace reported and made a motion to pass, Ray second, motion passed. Yes-10 No-0

TREASURERS REPORT: No report

COMMUNICATIONS: Ray reported that a domain payment of \$24.85 was made.

SCHOLARSHIPS: May 6th will be the last date for applicants to submit the application for the scholarship. There will be \$14,500 available to award. Ray will get this information out by March 20th.

TCRC 2023 RACES:

FORKS 15K: Kat reported that Forks 15k went very well. Had great volunteers and a lot of positive feedback. Kat wanted to thank the many volunteers that helped and all the runners that made the race a big success. Kat committed to direct the 2025 Forks 15K.

VESTAL XX: Sarah reported that there are 9 people registered. Dan & Kristy Dougherty will be race directors race day as Sarah is not able to be there. Medals were ordered for awards. Alan Jones handed over all Vestal XX records. Looking at naming a award in honor of Ron Slocum. Also discussed adding a relay and rebranding the Vestal XX to The Alan Jones Vestal XX in 2025.

WOMENS RUN 5K: Will be held on Friday, August 16th at Otsinigo Park.

KING & QUEEN OF THE BEER TREE MOUNTAIN: No report.

PETE KEYES TURKEY TROT 5-MILER- Will be held November 28th at Otsiningo Park.

TCRC TRACK MEETS: Kristy submitted the request for use of the Maine Endwell track for TCRC summer track meets.

TCRC SOCIAL: Kat reported that over 100 members attended and was a huge success. Beer Tree agreed to drop the price for children to \$8. Will order more pizza next year.

PANCAKE BREAKFAST: Was successful but would like to see more runners attend. Had plenty of volunteers and food was very good. Discussion of possibly moving it to spring time, possibly May.

ANNUAL DINNER: Ray reported that 64 people attended and there were 7 no-shows. There was \$625 in donations. Budget expected was \$2082 and the final cost was \$1289.

SYNERGY/TCRC CLASS: The strength class for runners sponsored by TCRC and Confluence Running will be held on April 6th at Synergy. There are 10 people currently signed up and will be capped at 25. Will be free for TCRC members.

MOTION TO ADJOURN: Kevin made motion to adjourn, Ray second, meeting adjourned at 8:41pm

SUBMITTED BY: Grace TabEEK

NEXT MEETING: April 9, 2024 at 7:00pm at Dan Dougherty's house.