

26th Annual RRCA Women's Distance Festival 5K Run and Walk
August 19, 2010
Binghamton, NY



Race Start

[More photos of the Women's Distance Festival 5K](#) on Facebook.

Thanks to Chris Cowden for posting the photos.

Overall Results

Place	Div/Tot	Name	Ag	City	St	Time	Pace
1	1/17	Murphee Hayes	36	Marathon	NY	19:15	6:12
2	1/6	Sydney Williams	17	Binghamton	NY	19:38	6:20
3	1/10	Kelsey Myette	20	Binghamton	NY	20:14	6:31
4	1/12	Suzanne Myette	53	Binghamton	NY	21:04	6:47
5	2/6	Elizabeth Merritt	16	Elmira	NY	21:12	6:50
6	2/10	Colleen Spring	22	Binghamton	NY	21:14	6:51
7	1/14	Abbie Bideaux	15	Binghamton	NY	21:34	6:57
8	1/15	Erin James	26	Ithaca	NY	21:34	6:57
9	2/15	Trish Horan	25	Binghamton	NY	21:43	7:00
10	2/17	Polly O'Rourke	39	Binghamton	NY	21:43	7:00
11	3/10	Elisabeth Jeremko	23	Vestal	NY	21:55	7:04
12	3/17	Jennifer Butts	35	Binghamton	NY	22:07	7:08
13	4/17	Janine Fitzgerald	36	Binghamton	NY	22:21	7:12
14	5/17	Kelly Ford	36	Binghamton	NY	22:44	7:20
15	3/15	Kristen Quaresimo	25	Johnson City	NY	22:53	7:22
16	1/22	Susan Cain	42	Maine	NY	23:00	7:25
17	2/22	Lisa Mullins	44	Binghamton	NY	23:02	7:25
18	1/9	Zsafia Franck	57	Ithaca	NY	23:05	7:26
19	2/9	Michelle Marino	57	Ithaca	NY	23:10	7:28
20	1/24	Jade Hunt-Ebeling	30	Conklin	NY	23:14	7:29
21	3/9	Nancy Werthmuller	59	Scott Twp	PA	23:21	7:31
22	1/20	Kathleen Lantry	48	Whitney Point	NY	23:22	7:32
23	3/6	Carly Gates	16	Vestal	NY	23:24	7:32
24	3/22	Lisa Abbott	42	New York	NY	23:31	7:35
25	4/22	Shari Nichols	41	Barton	NY	23:35	7:36
26	2/14	Katy Markstein	14	Binghamton	NY	23:37	7:37
27	2/24	Rachel Knowles	33	Greene	NY	23:41	7:38
28	6/17	Tina Nyschot	35	Endicott	NY	24:00	7:44
29	7/17	Kelly Hamlin	38	Endicott	NY	24:02	7:45
30	5/22	Kristin Olson	40	Vestal	NY	24:07	7:46
31	3/14	Georgia Westbrook	14	Binghamton	NY	24:11	7:48
32	3/24	Cassandra Giarrusso	32	Binghamton	NY	24:19	7:50
33	8/17	Gretchen Glezen	36	Marathon	NY	24:26	7:52
34	6/22	Tracy Baumgart	41	Endicott	NY	24:31	7:54
35	7/22	Heidi Moore	40	Waverly	NY	24:35	7:55
36	4/10	Marissa Piccirilli	22	Harpursville	NY	24:41	7:57
37	4/24	Carla Williams-Drake	33	Endicott	NY	24:45	7:58
38	8/22	Karen Grover	40	Lansing	NY	24:50	8:00
39	9/22	Linda Wasser	42	Endicott	NY	24:56	8:02
40	10/22	Candice Poyer	42	Greene	NY	24:57	8:02
41	4/9	Christine Cumming	58	Bainbridge	NY	25:04	8:05
42	4/14	Natalie Gates	13	Vestal	NY	25:07	8:06
43	5/24	Beth Hubenthal	33	Port Crane	NY	25:09	8:06
44	5/14	Kirsten Anderson	15	Endwell	NY	25:11	8:07
45	6/24	Heather Chryslor	30	Apalachin	NY	25:13	8:07
46	7/24	Beth Kresge	30	Binghamton	NY	25:14	8:08

47	2/20	Kathy Anderson	49	Endwell	NY	25:25	8:11
48	2/12	Grace TabEEK	54	Vestal	NY	25:29	8:13
49	11/22	Kara Hendley	41	Binghamton	NY	25:37	8:15
50	5/10	Eliel VanBuren	20	Walton	NY	25:37	8:15
51	5/9	Paula Williams	57	Johnson City	NY	25:38	8:16
52	1/7	Barbara Ann Morrissey	63	Owego	NY	25:48	8:19
53	3/20	Karen Gates	46	Vestal	NY	25:48	8:19
54	6/14	Frances Morris	14	Vestal	NY	25:52	8:20
55	7/14	Kendra Henry	13	Endicott	NY	26:04	8:24
56	4/15	Stacie Miller	28	Binghamton	NY	26:22	8:30
57	1/14	Shayna Lee	12	Binghamton	NY	26:24	8:30
58	4/6	Monica Salva	16	Conklin	NY	26:29	8:32
59	9/17	Leslie Foster	39	Montrose	PA	26:30	8:32
60	2/14	Holly Manchester	11	Binghamton	NY	26:33	8:33
61	8/14	Ashlyn kelley	14	Binghamton	NY	26:38	8:35
62	6/10	Rachel Gleason	21	Walton	NY	26:45	8:37
63	2/7	Debbie Grassi	60	Johnson City	NY	26:52	8:39
64	3/7	Peggy Wozniak	60	Binghamton	NY	26:56	8:41
65	4/20	Wendy Buttner	48	Vestal	NY	27:00	8:42
66	8/24	Kim Symons	32	Greene	NY	27:06	8:44
67	5/6	Tiffany Hawley	17	Binghamton	NY	27:11	8:45
68	9/14	Kelly Chapman	14	Binghamton	NY	27:14	8:46
69	6/6	Alyssa Niman	18	Chenango Forks	NY	27:15	8:47
70	5/20	Jill Fickbohm	49	Owasco	NY	27:22	8:49
71	12/22	Susan Foster	44	Port Crane	NY	27:24	8:50
72	10/17	Stacey Axtell-Whiting	38	Deposit	NY	27:28	8:51
73	13/22	Joanne Clements	44	Binghamton	NY	27:30	8:52
74	9/24	Beth Bruet	32	Johnson City	NY	27:31	8:52
75	4/7	Rosalie Brennan	61	Syracuse	NY	27:31	8:52
76	14/22	Kathy Purtell	42	Little Meadows	PA	27:39	8:54
77	10/14	Katelyn Moore	14	Waverly	NY	27:50	8:58
78	6/20	Susan Schultz	48	Apalachin	NY	27:54	8:59
79	5/15	Holly Kaiser	27	Endwell	NY	28:01	9:02
80	3/14	Cailey Haynes	10	Binghamton	NY	28:08	9:04
81	11/17	Rita Fluharty	37	Binghamton	NY	28:10	9:04
82	1/2	Margret Betz	73	Conklin	NY	28:26	9:10
83	15/22	Joyce Zenzel	40	Binghamton	NY	28:36	9:13
84	3/12	Teri Hein	51	Vestal	NY	28:41	9:14
85	4/12	Deborah Clough-Gitchel	50	Binghamton	NY	28:55	9:19
86	7/10	Kaitlyn Matias	22	Endicott	NY	28:55	9:19
87	7/20	Anne Reichert	48	Binghamton	NY	29:05	9:22
88	16/22	Darlene Cempa	40	Whitney Point	NY	29:18	9:26
89	10/24	Nicole Policare	30	Apalachin	NY	29:18	9:26
90	8/20	Sissy-Marie Orcutt	49	Binghamton	NY	29:19	9:27
91	4/14	Laura Sarkisian	9	Endwell	NY	29:43	9:34
92	5/14	Jessica Steinbrecher	11			29:46	9:35
93	6/15	Tiffany Lavin	27	Endicott	NY	29:46	9:35
94	11/24	Jackie Hennessey	32	Endwell	NY	29:52	9:37
95	17/22	Sarah Arber	43	Greene	NY	29:59	9:40
96	18/22	Margo Sarkisian	44	Endwell	NY	30:08	9:42
97	6/14	Kaitlyn Cooke	9	Vestal	NY	30:21	9:47
98	7/15	Tabitha Bachofer	27	Apalachin	NY	30:38	9:52
99	12/17	Deidra Bigelow	37	Endicott	NY	30:39	9:52
100	12/24	Amanda Policare	31	Apalachin	NY	30:48	9:55
101	13/24	Nicole Rosswog	32	Endicott	NY	30:49	9:56
102	7/14	Zoe Farr	10	Vestal	NY	30:52	9:57
103	8/15	Siyi Zhou	27	Binghamton	NY	31:02	10:00
104	9/15	Jessica Himmelberger	27	Endicott	NY	31:09	10:02
105	5/12	Jennifer Woltjen	53	Endicott	NY	31:23	10:07
106	8/10	Stephanie Gitto	19	Binghamton	NY	31:24	10:07
107	9/20	Kathryn Gitto	49	Binghamton	NY	31:25	10:07
108	5/7	Donna Russell	60	Kirkwood	NY	31:42	10:13
109	11/14	Selena Deeley	15	Conklin	NY	31:43	10:13
110	14/24	Jennifer Potter	32	Candor	NY	32:04	10:20
111	10/20	Dawn DeVita	46	Binghamton	NY	32:19	10:25
112	15/24	Kelly Hoyt	33	Binghamton	NY	32:54	10:36
113	11/20	Georgianna Dyson	48	Barton	NY	33:07	10:40
114	16/24	Elizabeth French	31	Endicott	NY	33:17	10:43
115	17/24	Karen Brey	34	Port Crane	NY	33:26	10:46
116	12/20	Raymonda Barnhart	47	Apalachin	NY	33:29	10:47
117	8/14	Catilin Harding	9	Vestal	NY	33:34	10:49
118	9/14	Emily Potter	12	Candor	NY	33:37	10:50
119	13/20	Linda Harding	46	Vestal	NY	33:39	10:50
120	18/24	Angela Fey	30	Owego	NY	33:56	10:56
121	19/24	Dib Colwell	32	Windsor	NY	33:57	10:56
122	14/20	Lydia Farr	45	Vestal	NY	34:01	10:57
123	6/9	Kristine Scofield	57	Spencer	NY	34:07	10:59
124	15/20	Tammy Arounsavath	46	Binghamton	NY	34:08	11:00
125	16/20	Lisa Dubuque-Heidri	49	Apalachin	NY	34:09	11:00
126	13/17	Faith Vavra	35	Lorton	VA	34:10	11:00
127	6/7	Karen Funk	61	Richford	NY	34:33	11:08
128	10/15	Victoria Corrington	29	Binghamton	NY	34:47	11:12
129	12/14	Emily fox	15	Vestal	NY	34:49	11:13
130	19/22	Jennifer Olsen	41	Endicott	NY	34:53	11:14
131	6/12	Beverly Atwood	51	Owego	NY	35:02	11:17
132	10/14	Gracie Elliott	8	Binghamton	NY	35:02	11:17
133	9/10	Abbie Elliott	19	Binghamton	NY	35:03	11:17

134	17/20	Becky Schramm	48 Vestal	NY	35:14	11:21
135	14/17	Kathryn Mower	35 Binghamton	NY	35:47	11:32
136	20/22	Tracy George	40 Windsor	NY	35:58	11:35
137	11/14	Lyndsey Moore	11 Waverly	NY	36:03	11:37
138	11/15	Angela Sasak	27 Vestal	NY	36:07	11:38
139	12/15	Melanie Barron	29 Johnson City	NY	36:11	11:39
140	15/17	Lisa Abell	37 Binghamton	NY	36:16	11:41
141	16/17	Jenny Growland	39 Binghamton	NY	36:17	11:41
142	18/20	Brenda Lehtonen	45 Kirkwood	NY	36:24	11:43
143	20/24	Jewel Cooke	31 Vestal	NY	36:41	11:49
144	19/20	Stacie Vail	47 Binghamton	NY	36:51	11:52
145	21/22	Pam LaSarso	44 Endwell	NY	37:48	12:10
146	13/15	Lisa Brunk	27 Waverly	NY	38:00	12:14
147	14/15	Tanya Morris	28 Endwell	NY	40:08	12:56
148	21/24	Michele Sablich	33 Johnson City	NY	40:08	12:56
149	7/12	Ilene Cohen	52 Endwell	NY	40:16	12:58
150	8/12	Sandra Brewer	53 Waverly	NY	40:44	13:07
151	2/2	Sandra Garufy	72 Binghamton	NY	40:56	13:11
152	9/12	Mary Desimone	54 Binghamton	NY	41:13	13:16
153	7/9	Ellen Jenner	56 Vestal	NY	41:13	13:16
154	20/20	Kara Shear	46 Endwell	NY	41:15	13:17
155	15/15	Anjali Chauhan	29 Binghamton	NY	41:21	13:19
156	10/12	Jeanne Higgins	54 Binghamton	NY	42:32	13:42
157	1/1	Patricia Coveny	69 Endicott	NY	45:30	14:39
158	8/9	Diana Kopalek	55 Binghamton	NY	46:36	15:00
159	22/24	Amy Warner	32 Greene	NY	46:36	15:00
160	10/10	Jessica Polhamus	24 Endwell	NY	46:38	15:01
161	13/14	Marissa Cempa	14 Whitney Point	NY	47:16	15:13
162	14/14	Hannah Cempa	15 Whitney Point	NY	47:19	15:14
163	12/14	Anna Hermansen	10 Apalachin	NY	47:48	15:24
164	13/14	Makala Sablich	3 Johnson City	NY	49:30	15:56
165	23/24	Jessica Dean	31 Johnson City	NY	49:30	15:56
166	14/14	Skyler Dean	7 Johnson City	NY	49:30	15:56
167	17/17	Holly Mahonski	37 Apalachin	NY	49:31	15:57
168	9/9	Kathy Matis	57 Susquehanna	PA	54:08	17:26
169	24/24	Michelle Guilbault	34 Endicott	NY	56:07	18:04
170	22/22	Sharon O'Neil	41 Port Crane	NY	56:07	18:04
171	7/7	Linda Moran	63 Binghamton	NY	56:07	18:04
172	11/12	Suzi Dewing	52 Warren Creek	PA	58:11	18:44
173	12/12	Marie Lutins	52 Johnson City	NY	58:33	18:51

Record 18:13 by Murphee Hayes in 2008

Age Group Results

OPEN AGE GROUP: 1 - 99						
1	1	Murphee Hayes	36 Marathon	NY	19:15	
2	2	Sydney Williams	17 Binghamton	NY	19:38	
3	3	Kelsey Myette	20 Binghamton	NY	20:14	
MASTERS AGE GROUP: 40 - 99						
1	4	Suzanne Myette	53 Binghamton	NY	21:04	
2	16	Susan Cain	42 Maine	NY	23:00	
3	17	Lisa Mullins	44 Binghamton	NY	23:02	
FEMALE AGE GROUP: 1 - 12						
1	57	Shayna Lee	12 Binghamton	NY	26:24	
2	60	Holly Manchester	11 Binghamton	NY	26:33	
FEMALE AGE GROUP: 13 - 15						
1	7	Abbie Bideaux	15 Binghamton	NY	21:34	
2	26	Katy Markstein	14 Binghamton	NY	23:37	
FEMALE AGE GROUP: 16 - 18						
1	5	Elizabeth Merritt	16 Elmira	NY	21:12	
2	23	Carly Gates	16 Vestal	NY	23:24	
FEMALE AGE GROUP: 19 - 24						
1	6	Colleen Spring	22 Binghamton	NY	21:14	
2	11	Elisabeth Jeremko	23 Vestal	NY	21:55	
FEMALE AGE GROUP: 25 - 29						
1	8	Erin James	26 Ithaca	NY	21:34	
2	9	Trish Horan	25 Binghamton	NY	21:43	
FEMALE AGE GROUP: 30 - 34						
1	20	Jade Hunt-Ebeling	30 Conklin	NY	23:14	
2	27	Rachel Knowles	33 Greene	NY	23:41	
FEMALE AGE GROUP: 35 - 39						
1	10	Polly O'Rourke	39 Binghamton	NY	21:43	
2	12	Jennifer Butts	35 Binghamton	NY	22:07	
FEMALE AGE GROUP: 40 - 44						
1	24	Lisa Abbott	42 New York	NY	23:31	
2	25	Shari Nichols	41 Barton	NY	23:35	
FEMALE AGE GROUP: 45 - 49						
1	22	Kathleen Lantry	48 Whitney Point	NY	23:22	
2	47	Kathy Anderson	49 Endwell	NY	25:25	
FEMALE AGE GROUP: 50 - 54						
1	48	Grace Tabeeek	54 Vestal	NY	25:29	
2	84	Teri Hein	51 Vestal	NY	28:41	
FEMALE AGE GROUP: 55 - 59						
1	18	Zsofia Franck	57 Ithaca	NY	23:05	
2	19	Michelle Marino	57 Ithaca	NY	23:10	
FEMALE AGE GROUP: 60 - 64						

1	52 Barbara Ann Morrissey	63 Owego	NY	25:48
2	63 Debbie Grassi	60 Johnson City	NY	26:52
	FEMALE AGE GROUP: 65 - 69			
1	157 Patricia Coveny	69 Endicott	NY	45:30
	FEMALE AGE GROUP: 70 - 99			
1	82 Margret Betz	73 Conklin	NY	28:26
2	151 Sandra Garufy	72 Binghamton	NY	40:56

Mother-Daughter Team Results

- MD5
20:14 21:04 = 41:18
Kelsey Myette, Suzanne Myette
- MD1
25:11 25:25 = 50:36
Kirsten Anderson, Kathy Anderson
- MD3
25:09 27:31 = 52:40
Beth Hubenthal, Rosalie Brennan
- MD13
29:43 30:08 = 59:51
Laura Sarkisian, Margo Sarkisian
- MD7
31:24 31:25 = 1:02:49
Stephanie Gitto, Kathryn Gitto
- MD12
32:04 33:37 = 1:05:41
Jennifer Potter, Emily Potter
- MD15
33:34 33:39 = 1:07:13
Catilin Harding, Linda Harding
- MD4
38:00 40:44 = 1:18:44
Lisa Brunk, Sandra Brewer

Sister-Sister Team Results

- SS3
21:14 21:43 = 42:57
Colleen Spring, Trish Horan
- SS2
23:24 25:07 = 48:31
Carly Gates, Natalie Gates
- SS5
27:50 36:03 = 1:03:53
Katelyn Moore, Lyndsey Moore
- SS1
35:02 35:03 = 1:10:05
Gracie Elliott, Abbie Elliott
- SS4
47:16 47:19 = 1:34:35
Marissa Cempa, Hannah Cempa

Grandmother - Granddaughter Team Results

- GMGD2
21:34 40:56 = 1:02:30
Abbie Bideaux, Sandra Garufy