

## 22nd Annual RRCA Women's Distance Festival 5K Run & Walk August 29, 2006 Binghamton, NY

Despite a lot of rain and many calls throughout the day inquiring if the race would be canceled, the TCRC's 22nd Annual Women's Distance Festival 5k Run/Walk had a possible record turnout of 91 women and girls of all abilities and ages ranging from 9-69 at its new site at Otsiningo Park on Tuesday evening.

Congratulations to Murphee Hayes, who won the race in 18:36, and now has the honor of the new course record. Stacy Kramer, a BU xc runner, was 2nd overall in 18:52 and Christa Winslow finished 3rd Overall and 1st Master in 19:50.

The race drew 8 females who had never run a 5k before, and the fastest First-Timer award went to Nicole Becker, a former U-E hurdler who now runs XC for BCC under Coach Tom Carter. Nicky finished her first 5k ever in 24:42. The Mother/Daughter team winners were Karen and Erika Gates, of Vestal, and the fastest Sister/Sister team was Patti Trabucco and Karen Burns, from Cortland, although Jessica and Jenn Felice, of Endicott, were a very close 2nd. Of the 88 finishers, Victoria Voorhees of Trumansburg, was the youngest at age 9.

Even though we had to read results and present awards in the dark, the evening race time was generally applauded, and we were so fortunate that the Susquehanna River didn't flood up over the lower end of the park until an hour after the race...!

There are so many people to thank who helped make this race not only possible, but the success that it was...I apologize if I've unintentionally omitted anyone, and if I did, please let me know so that you can get your Grand Prix volunteer credit, if needed. First, a very big thank you to 4 guys: Tom Hamlin, for general support throughout the past several weeks and race day; Byron LaBare for quickly assuming co-race director duties on race day, coordinating the finish-line and course volunteers and donating the wonderful Nezumtoz bagels; Dave Cody for working with Broome County for race approval, all of his help on race day and for bringing his Binghamton girls XC squad; and Kevin Pasterchik, financial advisor and VLV...Very Last Volunteer to leave the park (in the pitch dark).

Sincere thanks to everyone else who helped me and the club in this event:

- Registration: Leslie Cody, Josh Schultheis and Kevin Pasterchik.
- Food Prep and set up: Debbie Grassi (who made those awesome cookies) and Cathy Hawkes (who made those equally awesome brownies).
- Mile 1--Dan Young, Mile 2--Josh Schultheis, Mile 3--Annette Acuff
- Finish Line--Byron, Dan Dougherty, Tom Hamlin, Kevin Pasterchik, Robin Vieyra, Tom Carter, Dave Winslow, and Todd Votapka.
- Course Marshals and Water Stop: Tom Morrissey, Ed Jenner, Jim Miner, Skip Hamlin, Dan Young Sr., and Harland Bigelow.
- Computer--Greg Amend, Todd Votapka, Vince Kelley, Jim Miner.

Special thanks also to Grace Tabek, who obtained race insurance on late notice, the Nichols family for certifying the new course, George Joseph for getting all the timing equipment from Sunday's Thater 5k all charged up for Tuesday's race, Diane Sherrer for bringing our sister runners from FLRC, Greg and Todd who did such a great job compiling and computing results by flashlight, and to former WDF 5k race director Vince Kelley for his advice, and to both him and TCRC President Tom Carter for their continual (and very much appreciated) support for this year's race.

Overall and age-group results are posted below.

Suzanne Myette  
Race Director

### Overall Results

Place	Div/Tot	Name	Ag City	St Time	Pace
1	1/7	Murphee Hayes	32 Marathon	NY 18:36	6:00*
2	1/3	Stacy Kramer	22 Johnson City	NY 18:52	6:05
3	1/13	Christa Winslow	43 Binghamton	NY 19:50	6:24
4	2/7	Patti Trabucco	30 Cortland	NY 20:02	6:27
5	1/20	Megan Jacoby	15 Endwell	NY 20:07	6:29
6	2/20	Katherine Sullivan	18 Binghamton	NY 21:03	6:47
7	3/7	Nancy Bennett	33 Endwell	NY 21:07	6:48
8	3/20	Erika Gates	16 Vestal	NY 21:18	6:52
9	4/20	Kristen Kilmer	17 Binghamton	NY 21:35	6:57
10	5/20	Jessica Felice	15 Endicott	NY 22:32	7:16
11	1/11	Kristin Olson	37 Vestal	NY 22:36	7:17
12	2/11	Lisa Abbott	38 Freevillen	NY 23:08	7:27
13	6/20	Kaitlyn Schultz	18 Apalachin	NY 23:12	7:29
14	7/20	Erin Flannagan	17 Endicott	NY 23:20	7:31
15	2/3	Ashley Tierney	22 Halstead	PA 23:26	7:33
16	1/9	Michelle Marino	53 Ithaca	NY 23:30	7:34
17	8/20	Lauren Gates	14 Vestal	NY 24:14	7:48
18	1/4	Margret Betz	69 Conklin	NY 24:20	7:50
19	9/20	Nicole Becker	18 Endicott	NY 24:42	7:58
20	2/13	Ann Felice	40 Endicott	NY 24:55	8:02
21	3/11	Candice Poyer	38 Greene	NY 24:59	8:03

22	4/7	Karen Burns	33 Cortland	NY	25:04	8:05
23	1/8	Kathy Anderson	45 Endwell	NY	25:05	8:05
24	10/20	Gabriella Gallus	17 Vestal	NY	25:11	8:07
25	4/11	Tonya Mosher	37 Apalachin	NY	25:11	8:07
26	3/13	Linda Zalaffi	44 Kirkwood	NY	25:23	8:11
27	4/13	Karen Gates	42 Vestal	NY	25:26	8:12
28	1/3	Barbara Ann Morrissey	59 Owego	NY	25:33	8:14
29	5/13	Susan Schultz	44 Apalachin	NY	25:50	8:19
30	2/3	Diane Sherrer	55 Trumansburg	NY	26:13	8:27
31	11/20	Leslie Cody	14 Binghamton	NY	26:16	8:28
32	12/20	Stephanie Brewer	14 Binghamton	NY	26:24	8:30
33	1/8	Jenn Felice	11 Endicott	NY	26:25	8:31
34	2/8	Carly Gates	12 Vestal	NY	26:27	8:31
35	5/11	Doneen Sarr	36 Binghamton	NY	26:39	8:35
36	13/20	Martine Casey	16 Binghamton	NY	26:47	8:38
37	2/8	Sandy Jones	46 Kirkwood	NY	27:00	8:42
38	14/20	April Midyette	16 Binghamton	NY	27:01	8:42
39	3/3	Debbie Grassi	55 Johnson City	NY	27:02	8:43
40	2/9	Ginger VanEtten	50 Endicott	NY	27:02	8:43
41	6/13	Leslie Intemann	40 Ithaca	NY	27:10	8:45
42	15/20	Abby Mandak	18 Binghamton	NY	27:13	8:46
43	3/9	P. J. Peterman	54 Dryden	NY	27:14	8:46
44	16/20	Kaitlyn Holmes	14 Endicott	NY	27:26	8:50
45	4/9	Holly Parkyn	52 Conklin	NY	27:32	8:52
46	17/20	Lynette Errante	17 Johnson City	NY	27:36	8:54
47	7/13	Anne Reichert	44 Binghamton	NY	27:51	8:58
48	3/8	Sarah DeCastro	45 Binghamton	NY	28:35	9:13
49	5/7	Michelle Dickey	30 Binghamton	NY	28:40	9:14
50	6/11	Laura Doud	39 Port Crane	NY	28:46	9:16
51	3/3	Allison Perry	21 Vestal	NY	28:58	9:20
52	8/13	Kelly Birtch	44 Conklin	NY	29:00	9:21
53	3/8	Brittany Cartie	13 Endwell	NY	29:03	9:22
54	7/11	Laura Voorhees	38 Trumansburg	NY	29:13	9:25
55	18/20	Rebecca Blakeslee	14 Binghamton	NY	29:37	9:32
56	19/20	Shannon Paro	16 Binghamton	NY	29:39	9:33
57	9/13	Ellen Blakeslee	42 Binghamton	NY	29:39	9:33
58	5/9	Carol Miller	52 Binghamton	NY	29:45	9:35
59	20/20	Annalee Kain	17 Binghamton	NY	29:58	9:39
60	1/2	Rachel Heslin	25 Johnson City	NY	30:01	9:40
61	4/8	Darlene Harrington	48 Greene	NY	30:08	9:42
62	6/7	Maureen Somerwil	32 Binghamton	NY	30:10	9:43
63	2/2	Tillie Battaglini	26 Endicott	NY	30:32	9:50
64	6/9	Joanne Wescott	50 Greene	NY	30:35	9:51
65	4/8	Arianna Young	12 Vestal	NY	30:55	9:58
66	8/11	Kathy Purtell	38 Kirkwood	NY	31:02	10:00
67	2/4	Sally Rusby	69 Horseheads	NY	32:00	10:18
68	5/8	Polly Gregory	47 Vestal	NY	32:38	10:31
69	6/8	Angie Card	46 Lockwood	NY	32:38	10:31
70	5/8	Kirsten Anderson	11 Endwell	NY	32:47	10:34
71	10/13	Dawn DeVita	42 Binghamton	NY	33:36	10:49
72	11/13	Kelly Bonitz	41 Endwell	NY	34:10	11:00
73	12/13	Angelina Hess	43 Vestal	NY	34:21	11:04
74	13/13	Chris DelVillano	41 Endicott	NY	34:26	11:05
75	6/8	Lauren Bonitz	12 Endicott	NY	34:39	11:10
76	9/11	Debbie Cartie	37 Endwell	NY	34:53	11:14
77	7/8	Spencer Corbin	12 Conklin	NY	37:06	11:57
78	10/11	Gina Curcio	38 Vestal	NY	37:06	11:57
79	7/9	Katherine Karlson	53 Binghamton	NY	37:15	12:00
80	8/8	Victoria Voorhees	9 Trumansburg	NY	37:30	12:05
81	7/8	Karren Bee-Donohoe	47 Johnson City	NY	37:42	12:09
82	8/9	Nancy Shuman	54 Vestal	NY	44:24	14:18
83	8/8	Patricia Barton	48 Susquehanna	PA	46:03	14:50
84	9/9	Glynn Hamlin	50 Owego	NY	46:33	14:59
85	11/11	Jeanne Kisacky	39 Ithaca	NY	47:00	15:08
86	7/7	Erin Shiel	30 Binghamton	NY	47:16	15:13
87	3/4	Margaret Shiel	62 Binghamton	NY	47:16	15:13
88	4/4	Margaret Malloy	60 Binghamton	NY	53:44	17:18

New course. Record 18:36 by Murphee Hayes in 2006

## Age Group Results

### Top 3 Masters:

Christa Winslow, 43, Bing 19:50  
Michelle Marino, 53, Ithaca 23:30  
Margret Betz, 69, Conklin 24:20

### AGE GROUP WINNERS:

#### 12 & Under

Jenn Felice, 11, Endicott 26:25  
Carly Gates, 12, Vestal 26:27

#### 13-15

Megan Jacoby, 15, Endwell 20:07  
Jessica Felice, 15, Endicott 22:32

#### 16-18

Katherine Sullivan, 18, Bing 21:03  
Erika Gates, 16, Vestal 21:18

19-24

Ashley Tierney, 22, Halstead 22:26  
Allison Perry, 21, Vestal 28:58

25-29

Rachel Heslin, 25, JC 30:01  
Tillie Bataglini, 26, Endicott 30:32

30-34

Nancy Bennett, 33, Endwell 21:07  
Karen Burns, 33, Cortland 25:04

35-39

Kristen Olson, 37, Vestal 22:36  
Lisa Abbott, 38, Freevillen 23:08

40-44

Ann Felice, 40, Endicott 24:55  
Linda Zalaffi, 44, Kirkwood 25:23

45-49

Kathy Anderson, 45, Endwell 25:05  
Sandy Jones, 46, Kirkwood 27:00

50-54

Ginger VanEtten, 50, Endicott 27:02  
P.J. Peterman, 54, Dryden 27:14

55-59

Barbara Ann Morrissey, 59, Owego 25:33  
Diane Sherrer, 55, Trumansburg 26:13

60-64

Margaret Shiel, 62, Binghamton 47:16  
Margaret Malloy, 60, Binghamton 53:44

65+

Sally Rusby, 69, Horseheads 32:00