

**Lung Cancer Awareness 5K  
Recreation Park  
Binghamton, New York  
September 25, 2005**

**Awards List**

Male Overall

- 1 Brian Snyder 18 Bayport 18:38
- 2 John Hylas 47 Ithaca 18:48
- 3 Randy Reynolds 42 Binghamton 18:54
- 4 Kirk Steinbrecher 36 Windsor 19:17
- 5 David Crandall 21 Binghamton 19:17
- 6 Brian Flanagan 50 Endicott 19:45
- 7 Chris Hanson 21 Binghamton 19:50
- 8 Ted Gramiak 19 Wayne, PA 20:11
- 9 Bruce Lee 48 Port Crane 20:17
- 10 John Murdock 36 Vestal 20:36

Female Overall

- 1 Cathy Klein 41 Binghamton 22:02
- 2 Samantha House 18 Cicero 22:09
- 3 Anna Robak 22 Lynbrook 22:15
- 4 Jean Ziolkowski 45 Apalachin 23:06
- 5 Stephanie Vos 17 Owego 23:15

Age Groups Male

- |        |                |               |       |
|--------|----------------|---------------|-------|
| 0 - 12 | Ben Damico     | 12 Apalachin  | 24:11 |
| 13-18  | Nick Reynolds  | 14 Binghamton | 20:55 |
| 19-24  | David Crandall | 21 Binghamton | 19:17 |
| 25-29  | Chris Hansen   | 25 Binghamton | 19:50 |
| 30-34  | Gary Crossman  | 31 Candor     | 41:20 |
| 35-39  | K.Steinbrecher | 36 Windsor    | 19:17 |
| 40-44  | Steve Lupo     | 44 Endicott   | 21:57 |
| 45-49  | Bruce Lee      | 48 Port Crane | 20:17 |
| 50-54  | Brian Flanagan | 50 Endicott   | 19:45 |
| 55-59  | Paul Hamlin    | 55 Owego      | 23:07 |
| 60-64  | Dan Minch      | 61 Binghamton | 31:53 |
| 65-69  | Jim Morrell    | 66 Endicott   | 36:26 |

Female Age Groups

- |       |                 |               |       |
|-------|-----------------|---------------|-------|
| 0 -12 | Nina LaCaprara  | 12 Binghamton | 27:21 |
| 13-18 | Stephanie Vos   | 17 Owego      | 23:15 |
| 19-24 | Denise Green    | 20 Binghamton | 26:29 |
| 25-29 | Stephanie Busch | 26 Owego      | 23:15 |
| 30-34 | Kristen Drazen  | 31 Binghamton | 31:08 |
| 35-39 | Heidi Moore     | 35 Waverly    | 24:00 |
| 40-44 | Marcy Salva     | 41 Conklin    | 23:26 |
| 45-49 | Jean Ziolkowski | 45 Apalachin  | 23:04 |
| 50-54 | Janet Beal      | 50 Binghamton | 29:12 |
| 65-69 | Margaret Betz   | 69 Conklin    | 23:18 |

TEAM Results

1. Friends of Michael
2. Seton SADD
3. OFA Swim&Diving
4. Lourdes Hospital
5. PALS Panthers
6. Choi's Tae Kwon Do

Overall Results:

1. Brian Snyder 18 Bayport 18:38
2. J. Hylas. 47 Ithaca 18:48
3. Randy Reynolds 42 Binghamton 18:54
4. Kirk Steinbrecher 36 Windsor 19:17
5. David Crandall 21 Binghamton 19:17
6. Brian Flanagan 50 Endicott 19:45
7. Chris Hanson 25 Binghamton 19:50
8. Ted Gramiak 19 Wayne, PA 20:11
9. Bruce Lee 48 Port Crane 20:17
10. John Murdock 36 Vestal 20:36
11. Bill Hrostowski, 50, 20:45
12. Nick Reynolds, 14, 20:55
13. Mark Brugger, 45, 21:04
14. W. Berg, 24, 21:10
15. Paul Oliver, 52, 21:17
16. John O'Neil, 49, 21:20
17. Bradley Gardener, 22, 21:29
18. John Salve, 13, 21:52
19. Jason Westervelt, 26, 21:53
20. Steve Lupo, 44, 21:57
21. Kathy Klein, 41, 22:02
22. Mike Terwilliger, 50, 22:04

23. Samantha House, 18, 22:09  
24. Stephen Smith, 53, 22:11  
25. Dick Chan, 19, 22:13  
26. Anna Robak, 22, 22:15  
27. Aaron Wilks, 39, 22:20  
28. Barry Bonitz, 46, 22:38  
29. Joseph Monforte, 42, 22:56  
30. Tim Neild, 25, 23:01  
31. Kevin Lantry, 48, 23:04  
32. J. Ziolkowski, 45, 23:06  
33. Paul Hamlin, 55, 23:07  
34. Stephanie Vos, 17, 23:15  
35. Stephanie Busch, 46, 23:15  
36. Ben Reid, 23, 23:16  
37. Margaret Betz, 69, 23:18  
38. Marcy Salva, 41, 23:26  
39. Harland Bigelow, 59, 23:28  
40. Jeff Glosick, 52, 23:30  
41. Michael Ziolkowski, 15, 23:40  
42. Sterling Naslun, 18, 23:41  
43. Keith Heron, 54, 23:56  
44. Heidi Moore, 35, 24:00  
45. B. Damico, 12, 24:11  
46. David Yalkowski, 10, 24:19  
47. David Fahey, 55, 24:29  
48. Jason Moore, 37, 24:39  
49. Ron Arno, 56, 25:12  
50. Eric Butter, 15, 25:16  
51. Nicholas Metzgar, 22, 25:22  
52. Katie Stewart, 16, 26:14  
53. Denise Green, 20, 26:29  
54. M. Morris, 57, 26:32  
55. Margaret Sullivan, 45, 26:33  
56. Nguyen Tran, 17, 26:58  
57. Alicia Adler, 17, 27:06  
58. Brittany Ferencik, 15, 27:07  
59. Dave Buchta, 59, 27:12  
60. Tom Hamlin, 59, 27:19  
61. Nina LaCaprara, 12, 27:21  
62. Susan Schultz, 43, 27:22  
63. Ann Mancuso, 46, 27:37  
64. C. Poyer, 37, 27:50  
65. Nancy McGowan, 48, 28:00  
66. John Carrington, 45, 28:02  
67. Ang Flannigan, 47, 28:02  
68. Ginger VanEtten, 49, 28:04  
69. Laura Lamash, 45, 28:20  
70. Nick Slater, 14, 28:35  
71. Craig Lawton, 17, 28:37  
72. Jeanne Johnson, 47, 28:38  
73. Jim Cullen, 47, 28:45  
74. David Brewer, 48, 28:54  
75. Roberta Peterson, 44, 28:55  
76. David Merritt, 41, 29:02  
77. T. LoCaprara, 43, 29:06  
78. J. Beal, 50, 29:12  
79. Mike Norris, 40, 29:12  
80. Andrew Wansor, 17, 29:19  
81. Beth VanOsten, 46, 29:24  
82. Eric Lipski, 14, 29:26  
83. Kelly Bonitz, 40, 29:44  
84. Kristina Marchese, 19, 29:45  
85. Nancy Flynn, 46, 29:54  
86. Lynette Erante, 16, 30:03  
87. Mark Mullock, 12, 30:39  
88. Katie Nemcek, 13, 30:45  
89. Kristen Drazen, 31, 31:08  
90. Felicia Malarkey, 26, 31:36  
91. Aaron Smith, 25, 31:36  
92. Colleen Marcello, 49, 31:43  
93. Laurie Fedish, 43, 31:47  
94. Dan Minch, 61, 31:53  
95. Rebecca Hemzik, 46, 32:01  
96. D. Drazen, 44, 32:04  
97. Dawn DeVita, 41, 32:19  
98. E. Berg, 22, 32:22  
99. LuAnn Morlando, 48, 32:25  
100. Frank Lipski, 47, 32:27  
101. David Franz, 49, 33:14  
102. Kenn Sisson, 55, 33:14  
103. Marie Orcutt, 44, 33:24  
104. Elizabeth Buchmann, 31, 33:26  
105. Jillian Holden, 15, 33:26  
106. Elizabeth Sweeney, 15, 33:51  
107. Jacob Krmeneč, 17, 34:20  
108. Bob Nemcek, 51, 34:53  
109. David Vos, 43, 35:24  
110. Carol Vos, 42, 35:39  
111. Jim Morrell, 66, 36:26  
112. Matthew Adler, 47, 36:39

- 113. Jessica Morlando, 26, 38:19
- 114. R. Tolbert, 66, 41:03
- 115. Gary Crossman, 31, 41:20
- 116. Jeannine White, 54, 41:30