

## Warrior Sprint Series Cross Country Races Chenango Valley High School - Red Course 1.5 miles

### Race 3 - Wednesday, August 10, 2005

Weather: 86 degrees, hot, dry.  
Course conditions: very dry, hard ground.

1. Tyler Quinn 16 Windsor 8:24
2. Nick Groover 17 Ch. Forks 8:48
3. Stephen Benedict 16 Windsor 8:57
4. Adam Giblin 16 Hillcrest 9:16
5. Max Straneva 13 Binghamton 9:30
6. Paul Kopalek 21 Hillcrest 10:34
7. Mike Carr 17 Hillcrest 10:40
8. Sterling Payne 11 Apalachin 10:45
9. John Kopalek 52 Hillcrest 12:17
10. Connor Nugent 12 Ch. Bridge 13:45
11. Josh Doenges 14 Hillcrest 14:23

### Race 2 - Wednesday, August 3, 2005

Weather: 89 degrees, hot, dry.  
Course conditions: dry, fast.

1. Stephen Benedict 16 Windsor 8:08 course/hs record
2. Tyler Quinn 16 Windsor 8:09
3. Bob Nugent 44 Ch. Bridge 8:31 masters record
- 4.. Eric Stermer 16 Ch. Forks 8:43
5. Nick Groover 17 Ch. Forks 9:05
6. Joshua Schwartz 16 Windsor 9:13
7. Max Straneva 13 Binghamton 9:28 modified record
8. Adam Giblin 16 Hillcrest 9:39
9. Amy Williams 17 Windsor 10:36 w. course record
10. Paul Kopalek 21 Hillcrest 10:55
11. Brendan Nugent 13 Ch. Bridge 11:00
12. Connor Nugent 12 Ch. Bridge 11:16
- 13.. Sterling Payne 11 Apalachin 12:07
14. . John Kopalek 52 Hillcrest 12:50
15. Josh Doenges 14 Hillcrest 13:28
16. Colton Perry 11 Windsor 13:35

### Race 1 - Wednesday, July 27, 2005

Weather: 78 degrees, stormy, breezy.  
Course conditions: damp, good.

1. Tyler Quinn 16 Windsor 8:19
2. Stephen Benedict 16 Windsor 8:20
3. Josh Schultheis 16 Binghamton 8:30
4. Colin Carner 18 Ch. Bridge 8:31
5. Bob Nugent 44 Ch. Bridge 8:32
6. Max Straneva 13 Binghamton 9:49
7. Amy Williams 17 Windsor 10:41
8. Sterling Payne 11 Apalachin 11:39
9. Paul Kopalek 21 Hillcrest 13:03
10. John Kopalek 52 Hillcrest 13:23