

**28th Annual RRCA Women's Distance Festival 5K Run and Walk**  
**August 8, 2012**  
**Binghamton, NY**

**Overall Results**

Place	Name	Ag	S	City	St	Div/Tot	Time	Pace
1	Murphee Hayes	38	F	Marathon	NY	1/25	18:59	6:07
2	Lauren Mullins	18	F	Binghamton	NY	1/11	19:32	6:18
3	Trish Horan	26	F	Binghamton	NY	1/18	19:41	6:20
4	Casondra Hamilton	29	F	Harpursville	NY	2/18	20:04	6:28
5	Courtney Varano	30	F	Appalachin	NY	1/27	20:08	6:29
6	Lydia Werner	14	F	Little Meadows	PA	1/9	20:13	6:31
7	Ashley Kniere	15	F	Elmira	NY	2/9	20:18	6:32
8	Abbey Wheeler	13	F	Pine City	NY	3/9	20:18	6:32
9	Melinda Wheeler	17	F	Pine City	NY	2/11	20:22	6:34
10	Laura Barnes	19	F	Binghamton	NY	1/16	20:41	6:40
11	Lynann Lorenz	32	F	Apalachin	NY	2/27	20:42	6:40
12	Paige Mullins	21	F	Binghamton	NY	2/16	20:48	6:42
13	Jessica Thatcher	15	F	Elmira	NY	4/9	21:00	6:46
14	Emily Piza-Taylor	35	F	Binghamton	NY	2/25	21:05	6:47
15	Colleen Spring	24	F	Binghamton	NY	3/16	21:07	6:48
16	Suzanne Myette	55	F	Binghamton	NY	1/12	21:15*	6:51
17	Jordynn Kurcoba	15	F	Elmira	NY	5/9	21:28	6:55
18	Allie Dyson	25	F	Highlands Ranch	CO	3/18	22:09	7:08
19	Kelly Ford	38	F	Binghamton	NY	3/25	22:23	7:13
20	Lorrie Tily	51	F	Locke	NY	1/20	22:30	7:15
21	Kathleen Lantry	50	F	Whitney Point	NY	2/20	22:40	7:18
22	Elisabeth Jeremko	25	F	Vestal	NY	4/18	22:51	7:22
23	Nina Varano	29	F	Endwell	NY	5/18	23:02	7:25
24	Ashley Marcin	29	F	Binghamton	NY	6/18	23:13	7:29
25	Miranda Drummond	16	F	Binghamton	NY	3/11	23:20	7:31
26	Katie Markstein	16	F	Binghamton	NY	4/11	23:24	7:32
27	Gabrielle Rockwell	16	F	Endicott	NY	5/11	23:27	7:33
28	Corinne Curtis	34	F	Castle Creek	NY	3/27	23:31	7:34
29	Kirsten Anderson	17	F	Endwell	NY	6/11	23:33	7:35
30	Kelsey Myette	22	F	Binghamton	NY	4/16	23:36	7:36
31	Emily Witherspoon	34	F	Endicott	NY	4/27	23:40	7:37
32	Lisa Mullins	46	F	Binghamton	NY	1/23	23:45	7:39
33	Angel Harareth	31	F	Walton	NY	5/27	23:46	7:39
34	Katelin Cummings	13	F	Johnson City	NY	6/9	23:51	7:41
35	Michelle Marino	59	F	Ithaca	NY	2/12	23:53	7:42
36	Linda Harding	48	F	Vestal	NY	2/23	23:55	7:42
37	Jennifer Finnegan	33	F	Windsor	NY	6/27	23:56	7:43
38	Monica Salva	18	F	Conklin	NY	7/11	23:59	7:43
39	Alexis Wheeler	13	F	Pine City	NY	7/9	24:09	7:47
40	Nancy Werthmuller	61	F	Scott Twp	PA	1/9	24:13	7:48
41	Rachel Vesterfelt	35	F	Walton	NY	4/25	24:21	7:50
42	Christine Cumming	60	F	Bainbridge	NY	2/9	24:25	7:52
43	Joanne Weir	56	F	Johnson City	NY	3/12	24:31	7:54
44	Kim Symons	34	F	Greene	NY	7/27	24:33	7:55
45	Rachel Parsons	35	F	Greene	NY	5/25	24:43	7:58
46	Kara Beattie	38	F	Binghamton	NY	6/25	24:50	8:00
47	Grace TabEEK	56	F	Vestal	NY	4/12	24:51	8:00
48	Kathy Anderson	51	F	Endwell	NY	3/20	24:55	8:02
49	Ariana Rife	38	F	Little Meadows	PA	7/25	25:02	8:04
50	Gail Markstein	50	F	Conklin	NY	4/20	25:05	8:05
51	Melissa Gravelding	41	F	Endwell	NY	1/24	25:15	8:08
52	Erica McQuade	39	F	Endwell	NY	8/25	25:16	8:08
53	Dawn DeVita	48	F	Binghamton	NY	3/23	25:19	8:09
54	Tess Siciliano	25	F	Conklin	NY	7/18	25:29	8:12
55	Heidi Moore	42	F	Waverly	NY	2/24	25:32	8:14
56	Michelle Dumond	43	F	Walton	NY	3/24	25:34	8:14
57	Margo Sarkisian	46	F	Endwell	NY	4/23	25:35	8:14
58	Monica Chiao	46	F	Binghamton	NY	5/23	25:37	8:15
59	Rebecca Judson	20	F	Elmira	NY	5/16	25:38	8:15
60	Haley Farrell	20	F	Binghamton	NY	6/16	25:38	8:16
61	Jamie Farrell	15	F	Binghamton	NY	8/9	25:39	8:16
62	Teri Hein	53	F	Vestal	NY	5/20	25:41	8:16
63	Teri Briggs	45	F	Windsor	NY	6/23	25:44	8:17
64	Kimberly Kent	47	F	Binghamton	NY	7/23	25:56	8:21
65	Sandra Randall	44	F	Cincinnatus	NY	4/24	25:56	8:21
66	Elisabeth Faughnan	23	F	Vestal	NY	7/16	25:56	8:21
67	Shelly Otero	39	F	Binghamton	NY	9/25	26:13	8:27
68	Ellen Perna	40	F	Binghamton	NY	5/24	26:15	8:27
69	Paula Dygert	38	F	Binghamton	NY	10/25	26:23	8:30
70	Jacqui Covert	47	F	Endwell	NY	8/23	26:33	8:33
71	Marsha Kapinus	45	F	Chenango Forks	NY	9/23	26:35	8:34

72	Peggy Hust	44	F	Endicott	NY	6/24	26:46	8:37
73	Lori Haskell	41	F	Endicott	NY	7/24	26:48	8:38
74	Becky Stocum	41	F	Binghamton	NY	8/24	27:08	8:44
75	Wendy Buttner	50	F	Vestal	NY	6/20	27:12	8:46
76	Elise Conroy	25	F	Endicott	NY	8/18	27:13	8:46
77	Lidell DeAngelo	46	F	Binghamton	NY	10/23	27:18	8:48
78	Maria Salva	21	F	Binghamton	NY	8/16	27:19	8:48
79	Deb James	40	F	Lisle	NY	9/24	27:26	8:50
80	Barbara Ann Morrissey	64	F	Owego	NY	3/9	27:32	8:52
81	Emily Fox	17	F	Vestal	NY	8/11	27:33	8:52
82	Ambee Cota	22	F	Elmira	NY	9/16	28:05	9:03
83	Caitlyn Bowell	26	F	Binghamton	NY	9/18	28:21	9:08
84	Crissie Russo	49	F	Horseheads	NY	11/23	28:23	9:09
85	Anne Seepersaud	35	F	Binghamton	NY	11/25	28:30	9:11
86	Chelsie Malyszek	21	F	Endwell	NY	10/16	28:33	9:12
87	Denise Hadlick	32	F	Windsor	NY	8/27	28:36	9:13
88	Betsy Hyer	33	F	Pitcher	NY	9/27	28:38	9:13
89	Andrea Minor	32	F	Binghamton	NY	10/27	28:38	9:13
90	Maggie Strebel	55	F	Vestal	NY	5/12	28:40	9:14
91	Kathy Purtell	44	F	Castle Creek	NY	10/24	28:42	9:15
92	Teri Olcott	47	F	Montrose	PA	12/23	28:46	9:16
93	Christina Cardamone	46	F	Elmira	NY	13/23	28:53	9:18
94	Susan Ciaravino	41	F	Vestal	NY	11/24	28:56	9:19
95	Kaitlyn Cooke	11	F	Vestal	NY	1/11	28:57	9:19
96	Zoe Farr	11	F	Vestal	NY	2/11	28:57	9:19
97	Peggy Wozniak	62	F	Binghamton	NY	4/9	29:02	9:21
98	Jenna Phillips	38	F	Binghamton	NY	12/25	29:05	9:22
99	Lauren Kutch	25	F	Vestal	NY	10/18	29:05	9:22
100	Annie Fabiano	51	F	Vestal	NY	7/20	29:27	9:29
101	Denise Soke	60	F	Walton	NY	5/9	29:31	9:30
102	Cristy Szachta	34	F	Binghamton	NY	11/27	29:44	9:34
103	Georgianna Dyson	50	F	Barton	NY	8/20	29:54	9:38
104	Denise Pascarelli	44	F	Vestal	NY	12/24	29:55	9:38
105	April St. John	30	F	Binghamton	NY	12/27	29:57	9:39
106	Laura Sarkisian	11	F	Endwell	NY	3/11	30:02	9:40
107	Genevieve Riker	38	F	Endicott	NY	13/25	30:04	9:41
108	Tracy Parlett	37	F	Johnson City	NY	14/25	30:08	9:42
109	Jessica Calvasina	26	F	Endwell		11/18	30:13	9:44
110	Danielle Ruminski	25	F	Binghamton		12/18	30:23	9:47
111	Cathy Fairbanks	48	F	Apalachin		14/23	30:33	9:50
112	Debbie Grassi	62	F	Johnson City	NY	6/9	30:45	9:54
113	Pamela Riddleberger	38	F	Endicott	NY	15/25	30:48	9:55
114	Diane Bloss	42	F	Binghamton	NY	13/24	30:49	9:56
115	Suzann Fay	44	F	Binghamton	NY	14/24	30:52	9:56
116	Marie Abell	39	F	Binghamton	NY	16/25	30:56	9:58
117	Maureen Somerwil	38	F	Binghamton	NY	17/25	31:07	10:01
118	Katie Evans	30	F	Endicott	NY	13/27	31:07	10:01
119	Pamela Paugh	30	F	Halstead	PA	14/27	31:24	10:07
120	Gracie Elliott	10	F	Binghamton	NY	4/11	31:38	10:11
121	Hannah Elliott	14	F	Binghamton	NY	9/9	31:39	10:12
122	Suzanne Lalley	28	F	Binghamton	NY	13/18	31:58	10:18
123	Katie Fox	59	F	Marathon	NY	6/12	32:23	10:26
124	Laura Mecca-Retzlaff	42	F	Binghamton		15/24	32:28	10:27
125	Heather Shirley	32	F	Binghamton	NY	15/27	32:35	10:29
126	Lisa Dubuque-Heidri	51	F	Apalachin	NY	9/20	32:55	10:36
127	Kelly Hrehor	41	F	Binghamton	NY	16/24	32:58	10:37
128	Wendy Cummings	41	F	Johnson City	NY	17/24	33:11	10:41
129	Ingrid Rogers	38	F	Vestal		18/25	33:22	10:45
130	Kate Vavra	35	F	Binghamton	NY	19/25	33:23	10:45
131	Tonie Liddle	51	F	Chenango Forks	NY	10/20	33:43	10:51
132	Nicole Scaptura	38	F	Endicott	NY	20/25	33:49	10:54
133	Kelly French	31	F	Endicott	NY	16/27	33:57	10:56
134	Linda Emerson	36	F	Binghamton		21/25	33:59	10:57
135	Beverly Atwood	53	F	Owego	NY	11/20	34:01	10:57
136	Katerina Retzlaff	9	F	Binghamton		5/11	34:13	11:01
137	Sharon Mannix	47	F	Windsor	NY	15/23	34:18	11:03
138	Lydia Farr	47	F	Vestal	NY	16/23	34:22	11:04
139	Jessica Meier	22	F	Bainbridge	NY	11/16	34:25	11:05
140	Laurie Klein	49	F	Apalachin	NY	17/23	34:28	11:06
141	Grace Mellen	23	F	Binghamton	NY	12/16	34:36	11:09
142	Melissa Morenus	44	F	Barton	NY	18/24	34:45	11:11
143	Adara Alston	34	F	Endicott	NY	17/27	34:50	11:13
144	Rose Rafferty	40	F	Marathon	NY	19/24	34:55	11:15
145	Veronica Diamond	33	F	Endicott	NY	18/27	35:16	11:22
146	Alexandra Hamm	11	F	Owego	NY	6/11	35:25	11:24
147	Christy Dyer	41	F	Chenango Forks	NY	20/24	35:32	11:27
148	Jessica Dyer	21	F	Chenango Forks	NY	13/16	35:34	11:27
149	Angela Ott	39	F	Waverly	NY	22/25	35:36	11:28
150	Bridget Savory	27	F	Greene	NY	14/18	35:37	11:28
151	Mariah Hayes	21	F	Greene	NY	14/16	35:37	11:28
152	Sue Chinyavong	41	F	Endicott	NY	21/24	35:45	11:31
153	Elizabeth French	33	F	Endicott	NY	19/27	35:50	11:32
154	Jewel Cooke	33	F	Vestal	NY	20/27	35:52	11:33
155	Jessica Doehring	31	F	Newark Valley	NY	21/27	36:00	11:35
156	Denice Cassero	54	F	Ithaca	NY	12/20	36:10	11:39
157	Kitty Cummings	50	F	Johnson City	NY	18/23	36:17	11:41
158	Karen Funk	63	F	Richford	NY	7/9	36:21	11:42

159	Shirley Elliott	50	F	Lisle	NY	13/20	36:24	11:43
160	Amanda Bailey	32	F	Johnson City	NY	22/27	36:26	11:44
161	Noel Anderson-Corwi	28	F	Johnson City	NY	15/18	36:36	11:47
162	Sharon Dodd	55	F	Vestal	NY	7/12	36:57	11:54
163	Debbie Bates	54	F	Greene	NY	14/20	36:59	11:55
164	Nicki Conroy	50	F	Endicott	NY	15/20	37:16	12:00
165	Gina Kane	45	F	Endicott	NY	19/23	37:18	12:01
166	Kathryn Hazilla	50	F	Binghamton	NY	16/20	37:34	12:06
167	Theresa Kamp	48	F	Windsor	NY	20/23	37:34	12:06
168	Jill Harrington	40	F	Binghamton	NY	22/24	37:43	12:09
169	Mariah Nichols	7	F	Barton	NY	7/11	37:58	12:13
170	Shari Nichols	43	F	Barton	NY	23/24	37:58	12:14
171	Kristin Griffiths	30	F	Vestal	NY	23/27	38:08	12:17
172	Grace Carter	10	F	Binghamton	NY	8/11	38:10	12:17
173	Wendy Hamm	42	F	Owego	NY	24/24	39:31	12:44
174	Janice Knight	34	F	Endwell	NY	24/27	39:33	12:44
175	Simone Davis	34	F	Vestal	NY	25/27	39:56	12:52
176	Athea Haas	29	F	Endicott	NY	16/18	40:01	12:53
177	Sunday Fauci	37	F	Apalachin	NY	23/25	40:02	12:53
178	Theresa Brom	48	F	Binghamton	NY	21/23	40:03	12:54
179	Victoria Corrington	31	F	Binghamton	NY	26/27	40:39	13:05
180	Debra Colon	49	F	Endicott	NY	22/23	40:47	13:08
181	Mary Desimone	56	F	Binghamton	NY	8/12	40:51	13:09
182	Sue Priestley	48	F	Binghamton	NY	23/23	40:51	13:09
183	Linda Hansen	52	F	Johnson City	NY	17/20	40:52	13:10
184	Ellen Jenner	58	F	Vestal	NY	9/12	41:09	13:15
185	Wossen Belachew	28	F	Johnson City	NY	17/18	41:24	13:20
186	Jennifer Dyer	11	F	Chenango Forks	NY	9/11	42:13	13:36
187	Reaga McQuade	9	F	Endwell	NY	10/11	42:25	13:39
188	Sylvia Hodel	59	F	Owego	NY	10/12	42:57	13:50
189	Kayla Ocasio	16	F	Bainbridge	NY	9/11	43:06	13:53
190	Carol Pasquale	53	F	Binghamton	NY	18/20	43:23	13:58
191	Alexis Pasquale	23	F	Binghamton	NY	15/16	43:23	13:58
192	Melinda Ocasio	17	F	Bainbridge	NY	10/11	43:41	14:04
193	Mattea Buchta	7	F	Endicott	NY	11/11	43:58	14:09
194	Lindsay Buchta	30	F	Endicott	NY	27/27	43:59	14:10
195	Michelle Faughnan	21	F	Vestal	NY	16/16	44:33	14:21
196	Carolyn Hinman	57	F	Lisle	NY	11/12	44:49	14:26
197	Donna Russell	62	F	Kirkwood	NY	8/9	45:32	14:40
198	Margret Betz	75	F	Conklin	NY	1/1	45:34	14:40
199	Linda Zalaffi	50	F	Kirkwood	NY	19/20	45:40	14:42
200	Sharon Zabloski	37	F	Bainbridge	NY	24/25	47:40	15:21
201	Cindi Yarrington	64	F	Endicott	NY	9/9	47:42	15:21
202	Devita Helen	26	F	Binghamton	NY	18/18	47:47	15:23
203	Greta Myers	54	F	Endwell	NY	20/20	48:42	15:41
204	Stephanie Slocum	38	F	Johnson City	NY	25/25	49:35	15:58
205	Cindy Baker	58	F	Whitney Point	NY	12/12	57:53	18:38
206	Ashlee Ocasio	16	F	Bainbridge	NY	11/11	57:55	18:39

\* Under USATF Age-Group guideline

Record 18:13 by Murphee Hayes in 2008

## Age Group Results

### OVERALL - OPEN AGE GROUP: 1 - 99

1	1	Murphee Hayes	38	Marathon	NY	18:59
2	2	Lauren Mullins	18	Binghamton	NY	19:32
3	3	Trish Horan	26	Binghamton	NY	19:41

### MASTERS AGE GROUP: 40 - 99

1	16	Suzanne Myette	55	Binghamton	NY	21:15
2	20	Lorrie Tily	51	Locke	NY	22:30
3	21	Kathleen Lantry	50	Whitney Point	NY	22:40

### FEMALE AGE GROUP: 1 - 12

1	95	Kaitlyn Cooke	11	Vestal	NY	28:57
2	96	Zoe Farr	11	Vestal	NY	28:57

### FEMALE AGE GROUP: 13 - 15

1	6	Lydia Werner	14	Little Meadows	PA	20:13
2	7	Ashley Kniere	15	Elmira	NY	20:18

### FEMALE AGE GROUP: 16 - 18

1	9	Melinda Wheeler	17	Pine City	NY	20:22
2	25	Miranda Drummond	16	Binghamton	NY	23:20

### FEMALE AGE GROUP: 19 - 24

1	10	Laura Barnes	19	Binghamton	NY	20:41
2	12	Paige Mullins	21	Binghamton	NY	20:48

### FEMALE AGE GROUP: 25 - 29

1	4	Casondra Hamilton	29	Harpursville	NY	20:04
2	18	Allie Dyson	25	Highlands Ranch	CO	22:09

### FEMALE AGE GROUP: 30 - 34

1	5	Courtney Varano	30	Appalachin	NY	20:08
2	11	Lynann Lorenz	32	Apalachin	NY	20:42

### FEMALE AGE GROUP: 35 - 39

1	14	Emily Piza-Taylor	35	Binghamton	NY	21:05
2	19	Kelly Ford	38	Binghamton	NY	22:23

### FEMALE AGE GROUP: 40 - 44

1	51	Melissa Gravelding	41	Endwell		25:15
2	55	Heidi Moore	42	Waverly	NY	25:32

### FEMALE AGE GROUP: 45 - 49

1	32 Lisa Mullins	46 Binghamton	NY	23:45
2	36 Linda Harding	48 Vestal	NY	23:55
	FEMALE AGE GROUP: 50 - 54			
1	48 Kathy Anderson	51 Endwell	NY	24:55
2	50 Gail Markstein	50 Conklin	NY	25:05
	FEMALE AGE GROUP: 55 - 59			
1	35 Michelle Marino	59 Ithaca	NY	23:53
2	43 Joanne Weir	56 Johnson City	NY	24:31
	FEMALE AGE GROUP: 60 - 64			
1	40 Nancy Werthmuller	61 Scott Twp	PA	24:13
2	42 Christine Cumming	60 Bainbridge	NY	24:25
	FEMALE AGE GROUP: 65 - 69			
	FEMALE AGE GROUP: 70 - 99			
1	198 Margret Betz	75 Conklin	NY	45:34

### Mother-Daughter Team Results

1. MD3  
21:15 23:36 = 44:51  
Suzanne Myette 55 Binghamton NY, Kelsey Myette 22 Binghamton NY
2. MD17  
20:13 25:02 = 45:15  
Lydia Werner 14 Little Meadows PA, Ariana Rife 38 Little Meadows PA
3. MD14  
23:33 24:55 = 48:28  
Kirsten Anderson 17 Endwell NY, Kathy Anderson 51 Endwell NY
4. MD9  
23:24 25:05 = 48:29  
Katie Markstein 16 Binghamton NY, Gail Markstein 50 Conklin NY
5. MD2  
25:38 28:53 = 54:31  
Rebecca Judson 20 Elmira NY, Christina Cardamone 46 Elmira NY
6. MD18  
25:35 30:02 = 55:37  
Margo Sarkisian 46 Endwell NY, Laura Sarkisian 11 Endwell NY
7. MD12  
23:51 36:17 = 1:00:08  
Katelinn Cummings 13 Johnson City NY, Kitty Cummings 50 Johnson City NY
8. MD15  
28:57 34:22 = 1:03:19  
Zoe Farr 11 Vestal NY, Lydia Farr 47 Vestal NY
9. MD19  
27:13 37:16 = 1:04:29  
Elise Conroy 25 Endicott NY, Nicki Conroy 50 Endicott NY
10. MD5  
28:57 35:52 = 1:04:49  
Kaitlyn Cooke 11 Vestal NY, Jewel Cooke 33 Vestal NY
11. MD22  
32:28 34:13 = 1:06:41  
Laura Mecca-Retzlaff 42 Binghamton , Katerina Retzlaff 9 Binghamton
12. MD21  
37:58 37:58 = 1:15:56  
Mariah Nichols 7 Barton NY, Shari Nichols 43 Barton NY
13. MD1  
43:58 43:59 = 1:27:57  
Mattea Buchta 7 Endicott NY, Lindsay Buchta 30 Endicott NY
14. MD20  
45:34 45:40 = 1:31:14  
Margret Betz 75 Conklin NY, Linda Zalaffi 50 Kirkwood NY

### Sister-Sister Team Results

1. SS15  
19:32 20:48 = 40:20  
Lauren Mullins 18 Binghamton , Paige Mullins 21 Binghamton NY
2. SS10  
20:18 20:22 = 40:40  
Abbey Wheeler 13 Pine City NY, Melinda Wheeler 17 Pine City NY
3. SS12  
19:41 21:07 = 40:48  
Trish Horan 26 Binghamton NY, Colleen Spring 24 Binghamton NY
4. SS11  
25:38 25:39 = 51:17  
Haley Farrell 20 Binghamton NY, Jamie Farrell 15 Binghamton NY
5. SS13  
28:38 31:58 = 1:00:36  
Andrea Minor 32 Binghamton , Suzanne Lalley 28 Binghamton NY
6. SS4  
31:38 31:39 = 1:03:17  
Gracie Elliott 10 Binghamton NY, Hannah Elliott 14 Binghamton NY
7. SS6  
32:23 36:21 = 1:08:44  
Katie Fox 59 Marathon NY, Karen Funk 63 Richford NY

- 8. SS5  
33:57 35:50 = 1:09:47  
Kelly French 31 Endicott NY, Elizabeth French 33 Endicott NY
- 9. SS14  
25:56 44:33 = 1:10:29  
Elisabeth Faughnan 23 Vestal , Michelle Faughnan 21 Vestal
- 10. SS1  
34:18 57:53 = 1:32:11  
Sharon Mannix 47 Windsor NY, Cindy Baker 58 Whitney Point NY

### First 5K Results

Place	Name	City	St	Time
1	Elise Conroy	Endicott	NY	27:13
2	Lidell DeAngelo	Binghamton	NY	27:18
3	Andrea Minor	Binghamton		28:38