

**No Shave November 5K**  
**Highland Park, Endwell, NY**  
**November 22, 2015 Weather: 40 Degrees and Cloudy**  
**Results by TCRC (triplecitiesrunnersclub.org)**

| Place | Div/Tot | Name                | Bib | Age | S | City           | St | Time  | Pace |
|-------|---------|---------------------|-----|-----|---|----------------|----|-------|------|
| 1     | 1/16    | Noah Farrelly       | 659 | 15  | M | Binghamton     | NY | 17:41 | 5:42 |
| 2     | 2/16    | Ryan Hornbeck       | 696 | 18  | M | Deposit        | NY | 18:19 | 5:54 |
| 3     | 1/12    | Jack Kuhn           | 874 | 29  | M | Binghamton     | NY | 19:05 | 6:09 |
| 4     | 1/22    | Eric Gartenman      | 670 | 41  | M | Endicott       | NY | 19:29 | 6:17 |
| 5     | 3/16    | Ryan Hall           | 683 | 16  | M | Binghamton     | NY | 20:02 | 6:27 |
| 6     | 4/16    | Jeremy Hall         | 680 | 14  | M | Binghamton     | NY | 20:30 | 6:36 |
| 7     | 2/22    | Andrew Brixner      | 624 | 43  | M | Endicott       | NY | 20:54 | 6:44 |
| 8     | 2/12    | Alexander Rando     | 855 | 21  | M | Endicott       | NY | 21:25 | 6:54 |
| 9     | 3/22    | Bob Stocks          | 797 | 49  | M | Endicott       | NY | 21:40 | 6:59 |
| 10    | 1/24    | Sharon McGuinness   | 746 | 43  | F | Endicott       | NY | 21:51 | 7:02 |
| 11    | 1/21    | Anthony Vinca       | 813 | 35  | M | Endwell        | NY | 22:03 | 7:06 |
| 12    | 1/32    | Tom D'Onofrio       | 871 | 52  | M | Endicott       | NY | 22:09 | 7:08 |
| 13    | 2/21    | Tom Byers           | 634 | 32  | M | Endwell        | NY | 22:22 | 7:12 |
| 14    | 1/22    | Sara Korba          | 717 | 29  | F | Binghamton     | NY | 22:36 | 7:17 |
| 15    | 1/33    | Lynn Hinman         | 692 | 37  | F | Columbia Cross | PA | 22:52 | 7:22 |
| 16    | 2/32    | William Cunningham  | 645 | 51  | M | Endicott       | NY | 23:08 | 7:27 |
| 17    | 2/22    | Nicole Barron       | 609 | 23  | F | Vestal         | NY | 23:16 | 7:30 |
| 18    | 1/17    | Drew Wasko          | 816 | 62  | M | Binghamton     | NY | 23:27 | 7:33 |
| 19    | 1/11    | Brooke Hinman       | 691 | 14  | F | Columbia Cross | PA | 23:34 | 7:35 |
| 20    | 3/32    | John Korala         | 715 | 53  | M | Endicott       | NY | 23:38 | 7:37 |
| 21    | 3/22    | Monica Salva        | 870 | 21  | F | Conklin        | NY | 24:01 | 7:44 |
| 22    | 4/22    | Kenneth Burt        | 633 | 46  | M | Endicott       | NY | 24:07 | 7:46 |
| 23    | 5/16    | Noah Heath          | 873 | 10  | M | Owego          | NY | 24:08 | 7:46 |
| 24    | 3/21    | Michael Wiley       | 823 | 31  | M | Endicott       | NY | 24:10 | 7:47 |
| 25    | 6/16    | Alec Frair          | 854 | 13  | M | Greene         | NY | 24:15 | 7:49 |
| 26    | 4/32    | Timothy Limer       | 725 | 53  | M | Vestal         | NY | 24:15 | 7:49 |
| 27    | 4/22    | Kathryn Hores       | 695 | 29  | F | Endicott       | NY | 24:22 | 7:51 |
| 28    | 5/32    | Glenn Whittington   | 820 | 52  | M | Binghamton     | NY | 24:47 | 7:59 |
| 29    | 3/12    | Travis Eldridge     | 655 | 26  | M | Johnson City   | NY | 24:57 | 8:02 |
| 30    | 4/12    | Sean Sherwood       | 787 | 29  | M | Johnson City   | NY | 24:58 | 8:03 |
| 31    | 5/22    | Caroline Goggin     | 675 | 23  | F | Johnson City   | NY | 25:00 | 8:03 |
| 32    | 2/17    | Michael French      | 666 | 69  | M | Endicott       | NY | 25:05 | 8:05 |
| 33    | 2/24    | Grace Andres        | 604 | 46  | F | Endicott       | NY | 25:07 | 8:05 |
| 34    | 2/33    | Marissa Zlock       | 830 | 31  | F | Endwell        | NY | 25:20 | 8:09 |
| 35    | 4/21    | Robert Stokstad     | 802 | 38  | M | Endicott       | NY | 25:27 | 8:12 |
| 36    | 7/16    | Patrick McGuinness  | 745 | 11  | M | Endicott       | NY | 25:39 | 8:16 |
| 37    | 8/16    | Tyler Mathews       | 739 | 8   | M | Binghamton     | NY | 25:39 | 8:16 |
| 38    | 5/22    | Willard Andres      | 605 | 41  | M | Endicott       | NY | 25:43 | 8:17 |
| 39    | 9/16    | James Prentice      | 773 | 18  | M | Endicott       | NY | 25:46 | 8:18 |
| 40    | 5/12    | Jordan Nedlik       | 759 | 29  | M | Binghamton     | NY | 25:53 | 8:20 |
| 41    | 6/22    | Harry Gortzmann     | 862 | 46  | M | Skaneateles    | NY | 25:56 | 8:21 |
| 42    | 6/22    | Nicole Osovski      | 765 | 24  | F | Endicott       | NY | 25:56 | 8:21 |
| 43    | 7/22    | Steven Osovski      | 766 | 49  | M | Endicott       | NY | 25:59 | 8:22 |
| 44    | 5/21    | Chris Wicher        | 821 | 32  | M | Endicott       | NY | 26:05 | 8:24 |
| 45    | 3/33    | Lynette Vayo        | 811 | 38  | F | Johnson City   | NY | 26:07 | 8:25 |
| 46    | 6/32    | Richard Howe        | 697 | 51  | M | Bainbridge     | NY | 26:07 | 8:25 |
| 47    | 6/21    | Mike Mathews        | 738 | 35  | M | Binghamton     | NY | 26:10 | 8:26 |
| 48    | 4/33    | Katie Bierworth     | 863 | 37  | F | Endicott       | NY | 26:10 | 8:26 |
| 49    | 7/22    | Kate Wilczewski     | 822 | 29  | F | Glen Aubrey    | NY | 26:11 | 8:26 |
| 50    | 7/32    | Bob Crounse         | 643 | 50  | M | Binghamton     | NY | 26:21 | 8:29 |
| 51    | 8/32    | John Matyas         | 853 | 50  | M | Endicott       | NY | 26:27 | 8:31 |
| 52    | 6/12    | Nick Merianos       | 749 | 23  | M | Endicott       | NY | 26:27 | 8:31 |
| 53    | 8/22    | John Pernaselli     | 771 | 40  | M | Sayre          | PA | 26:28 | 8:31 |
| 54    | 5/33    | Jenny Ketzak        | 706 | 30  | F | Binghamton     | NY | 26:29 | 8:32 |
| 55    | 7/12    | Mark Lindenmuth     | 726 | 24  | M | Binghamton     | NY | 26:36 | 8:34 |
| 56    | 9/22    | Paul Tierno         | 810 | 47  | M | Binghamton     | NY | 26:37 | 8:34 |
| 57    | 3/24    | Joan Korala         | 714 | 49  | F | Cicero         | NY | 26:53 | 8:40 |
| 58    | 10/16   | Sebastian Russell   | 781 | 15  | M | Endicott       | NY | 26:55 | 8:40 |
| 59    | 2/11    | Jennifer Limer      | 724 | 15  | F | Vestal         | NY | 26:56 | 8:40 |
| 60    | 3/17    | Paul Natelli        | 758 | 72  | M | Endicott       | NY | 26:56 | 8:41 |
| 61    | 6/33    | Rhea Deyo           | 649 | 37  | F | Windsor        | NY | 26:59 | 8:41 |
| 62    | 9/32    | Douglas Dziedzic    | 654 | 53  | M | Binghamton     | NY | 27:02 | 8:42 |
| 63    | 7/21    | Justin Korba        | 716 | 33  | M | Binghamton     | NY | 27:38 | 8:54 |
| 64    | 8/12    | Joel Patch          | 769 | 28  | M | Binghamton     | NY | 27:50 | 8:58 |
| 65    | 8/22    | Jenna Winslow       | 824 | 27  | F | Binghamton     | NY | 27:50 | 8:58 |
| 66    | 1/19    | Dawn Devita         | 856 | 52  | F | Binghamton     | NY | 28:03 | 9:02 |
| 67    | 9/22    | Magill Madigan      | 732 | 24  | F | Binghamton     | NY | 28:14 | 9:06 |
| 68    | 10/32   | Ed Desantis         | 868 | 51  | M | Binghamton     | NY | 28:18 | 9:07 |
| 69    | 8/21    | Christopher Gilfill | 672 | 30  | M | Binghamton     | NY | 28:33 | 9:12 |
| 70    | 10/22   | Brian Stevens       | 795 | 48  | M | Johnson City   | NY | 28:43 | 9:15 |
| 71    | 11/22   | Joel Thomas         | 806 | 40  | M | Endicott       | NY | 28:43 | 9:15 |
| 72    | 12/22   | Joe Barton          | 610 | 48  | M | Kirkwood       | NY | 28:45 | 9:16 |
| 73    | 11/32   | Paul Konkowski      | 713 | 57  | M | Endicott       | NY | 28:49 | 9:17 |
| 74    | 4/24    | Chris McCloe        | 742 | 49  | F | Endicott       | NY | 28:50 | 9:17 |
| 75    | 4/17    | Terry Lewis         | 723 | 65  | M | Binghamton     | NY | 28:54 | 9:19 |

|     |       |                       |                         |    |             |
|-----|-------|-----------------------|-------------------------|----|-------------|
| 76  | 12/32 | Scott Bahantka        | 607 55 M Cortland       | NY | 28:55 9:19  |
| 77  | 9/12  | Alex Benner           | 614 25 M Conklin        | NY | 29:11 9:24  |
| 78  | 13/22 | Jason Bryant          | 627 40 M Conklin        | NY | 29:14 9:25  |
| 79  | 13/32 | Kevin Johns           | 700 54 M Corning        | NY | 29:18 9:26  |
| 80  | 7/33  | Michele Stokstad      | 801 37 F Endicott       | NY | 29:19 9:26  |
| 81  | 2/19  | Jean Johns            | 699 50 F Corning        | NY | 29:23 9:28  |
| 82  | 8/33  | Sarah Dobler          | 650 37 F Endwell        | NY | 29:24 9:28  |
| 83  | 5/17  | William Powell        | 772 62 M Endwell        | NY | 29:24 9:28  |
| 84  | 10/12 | Christopher Zelno     | 829 26 M Endicott       | NY | 30:20 9:46  |
| 85  | 10/22 | Mary Sheerin          | 785 25 F Endicott       | NY | 30:20 9:46  |
| 86  | 9/33  | Julie Leonard         | 722 36 F Endwell        | NY | 30:21 9:47  |
| 87  |       | Christina Winchell    | 864 F Vestal            | NY | 30:26 9:48  |
| 88  | 5/24  | Candace Chapman       | 639 47 F Binghamton     | NY | 30:47 9:55  |
| 89  | 6/24  | Sunday Fauci          | 660 40 F Apalachin      | NY | 30:57 9:58  |
| 90  | 1/7   | Barbara Ann Morrissey | 755 68 F Owego          | NY | 30:58 9:58  |
| 91  | 3/19  | Dawn Davis            | 647 51 F Little Meadows | PA | 31:01 9:59  |
| 92  | 14/32 | George Vultaggio      | 815 54 M Endwell        | NY | 31:01 9:59  |
| 93  | 10/33 | Meghan Manges         | 733 37 F Endicott       | NY | 31:15 10:04 |
| 94  | 4/19  | Judie Mickelson       | 751 51 F Binghamton     | NY | 31:36 10:10 |
| 95  | 11/33 | Carol Moore           | 754 37 F Walton         | NY | 31:45 10:13 |
| 96  | 12/33 | Jennifer Hartz        | 685 34 F Deposit        | NY | 31:46 10:14 |
| 97  | 11/22 | Alycia Jones          | 835 24 F Windsor        | NY | 31:51 10:15 |
| 98  | 15/32 | Gary Soltis           | 791 54 M Binghamton     | NY | 31:53 10:16 |
| 99  | 5/19  | Cathie Rogers         | 778 54 F Brackney       | PA | 32:23 10:26 |
| 100 | 13/33 | Melissa Korosec       | 719 37 F Binghamton     | NY | 32:25 10:26 |
| 101 | 14/33 | Elizabeth McGrath     | 743 37 F Kirkwood       | NY | 32:27 10:27 |
| 102 | 2/7   | Debbie Grassi         | 678 65 F Johnson City   | NY | 32:29 10:28 |
| 103 | 12/22 | Mair Bell             | 613 23 F Binghamton     | NY | 32:31 10:28 |
| 104 | 9/21  | Joseph Sheehan        | 784 36 M Binghamton     | NY | 32:31 10:28 |
| 105 | 16/32 | Dale Lobdell          | 851 52 M Deposit        | NY | 32:39 10:31 |
| 106 | 15/33 | Stacy Blackwell       | 616 31 F Endicott       | NY | 33:16 10:43 |
| 107 | 16/33 | Ashley Stephens       | 836 30 F Maine          | NY | 33:21 10:44 |
| 108 | 6/17  | Chuck Stephens        | 869 61 M Maine          | NY | 33:22 10:45 |
| 109 | 17/33 | Elizabeth French      | 665 36 F Endicott       | NY | 33:24 10:45 |
| 110 | 7/24  | Rebecca Martino       | 737 41 F Endicott       | NY | 33:24 10:45 |
| 111 | 10/21 | Eric Purdy            | 774 36 M Endicott       | NY | 33:34 10:48 |
| 112 | 18/33 | Jasmine Sadler        | 783 33 F Ouaquaga       | NY | 33:41 10:51 |
| 113 | 6/19  | Patricia Howe         | 852 52 F Bainbridge     | NY | 33:42 10:51 |
| 114 | 19/33 | April Vining          | 814 33 F Ouaquaga       | NY | 33:45 10:52 |
| 115 | 17/32 | David Stroka          | 803 56 M Port Crane     | NY | 33:58 10:56 |
| 116 | 7/17  | William Monopoli      | 753 65 M Vestal         | NY | 34:00 10:57 |
| 117 | 11/21 | Paul Cartie           | 638 31 M Endicott       | NY | 34:10 11:00 |
| 118 | 18/32 | Dan Viviano           | 875 55 M Endicott       | NY | 34:11 11:00 |
| 119 | 11/12 | Kyle Barrett          | 608 27 M Endicott       | NY | 34:12 11:01 |
| 120 | 8/24  | Pamela Riddleberger   | 776 42 F Endicott       | NY | 34:13 11:01 |
| 121 | 7/19  | Nancy Knipscher       | 712 52 F Vestal         | NY | 34:37 11:09 |
| 122 | 3/11  | Nora Drexler          | 652 8 F Windsor         | NY | 35:09 11:19 |
| 123 | 20/33 | Kristina Hayes        | 687 32 F Windsor        | NY | 35:10 11:19 |
| 124 | 12/21 | Mark Winchell III     | 865 37 M Endicott       | NY | 36:16 11:41 |
| 125 | 8/19  | Lisa Weiss            | 818 50 F Deposit        | NY | 36:25 11:44 |
| 126 | 9/24  | Tania Nannery         | 757 40 F Binghamton     | NY | 36:35 11:47 |
| 127 | 10/24 | Lisa Smith            | 789 42 F Johnson City   | NY | 37:00 11:55 |
| 128 | 21/33 | Maura Regan           | 775 38 F Endicott       | NY | 38:31 12:24 |
| 129 | 11/24 | Kathleen Russell      | 780 48 F Endicott       | NY | 39:31 12:44 |
| 130 | 22/33 | Megan Josey           | 704 31 F Endicott       | NY | 40:19 12:59 |
| 131 | 23/33 | Tina Bianco           | 615 34 F Endwell        | NY | 40:22 13:00 |
| 132 | 24/33 | Sarah Krager          | 720 39 F Endwell        | NY | 40:24 13:00 |
| 133 | 14/22 | Eric Blake            | 617 47 M Binghamton     | NY | 40:29 13:02 |
| 134 | 12/24 | Christine Ondecko     | 763 44 F Binghamton     | NY | 40:45 13:07 |
| 135 | 15/22 | Brian Cartie          | 637 45 M Endicott       | NY | 40:51 13:09 |
| 136 | 8/17  | Anthony Lotempio      | 728 73 M Binghamton     | NY | 40:57 13:11 |
| 137 | 13/21 | Jeffrey Pellicano     | 770 39 M Endicott       | NY | 41:06 13:14 |
| 138 | 25/33 | Katie Heiman          | 689 36 F Endicott       | NY | 41:26 13:21 |
| 139 | 26/33 | Stephanie Gilfillan   | 674 31 F Binghamton     | NY | 41:28 13:21 |
| 140 | 13/22 | Samantha Docalavich   | 651 25 F Lisle          | NY | 41:51 13:28 |
| 141 | 16/22 | Richard Norris        | 761 45 M Oswego         | NY | 41:55 13:30 |
| 142 | 14/21 | Rob Burdick           | 630 37 M Windsor        | NY | 43:11 13:54 |
| 143 | 4/11  | Kayla Burdick         | 629 18 F Johnson City   | NY | 43:12 13:55 |
| 144 | 3/7   | Katie Fox             | 663 62 F Marathon       | NY | 43:29 14:00 |
| 145 | 13/24 | Tina Hall             | 684 49 F Walton         | NY | 44:09 14:13 |
| 146 | 19/32 | Duane Gardner         | 668 55 M Conklin        | NY | 44:24 14:18 |
| 147 | 20/32 | Vincent Albers        | 601 58 M Endwell        | NY | 44:24 14:18 |
| 148 | 5/11  | Teagan McGuinness     | 747 8 F Endicott        | NY | 45:07 14:32 |
| 149 | 14/24 | Sharon McGuinness     | 834 43 F Endwell        | NY | 45:07 14:32 |
| 150 | 15/24 | Deborah Grant         | 677 49 F Port Crane     | NY | 45:41 14:42 |
| 151 | 17/22 | D Weyant              | 819 48 M Binghamton     | NY | 45:42 14:43 |
| 152 | 21/32 | Kurt Nelson           | 760 59 M Binghamton     | NY | 45:43 14:43 |
| 153 | 9/17  | Christopher Gilfill   | 671 67 M Binghamton     | NY | 45:43 14:43 |
| 154 | 9/19  | Melanie Allio         | 602 56 F Endicott       | NY | 46:04 14:50 |
| 155 | 10/19 | Cindy Bucker          | 628 58 F Vestal         | NY | 46:06 14:50 |
| 156 | 15/21 | Matt Markarian        | 734 32 M Susquehanna    | PA | 46:32 14:59 |
| 157 | 16/24 | Lori Stanton          | 793 47 F Binghamton     | NY | 46:35 15:00 |
| 158 | 27/33 | Samantha Cowell       | 642 33 F Endicott       | NY | 46:46 15:04 |
| 159 | 16/21 | Nathan Rood           | 779 31 M Vestal         | NY | 46:51 15:05 |
| 160 | 4/7   | Sylvia Smith          | 790 61 F Binghamton     | NY | 47:17 15:14 |
| 161 | 17/24 | Sherry Ketzak         | 711 49 F Binghamton     | NY | 47:39 15:20 |
| 162 | 18/24 | Kristal Ketzak        | 708 47 F Binghamton     | NY | 47:41 15:21 |
| 163 | 11/19 | Anne Carter           | 635 54 F Binghamton     | NY | 48:37 15:39 |
| 164 | 10/17 | Tim Murphy            | 756 63 M Castle Creek   | NY | 48:37 15:39 |
| 165 | 22/32 | David Carter          | 636 55 M Binghamton     | NY | 48:38 15:40 |

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|-----|-------|---------------------|-----|----|---|--------------|----|---------|-------|
| 166 | 11/17 | Lamont Reukauf      | 858 | 61 | M | Endicott     | NY | 48:57   | 15:46 |
| 167 | 23/32 | John Fiorini        | 857 | 57 | M | Endicott     | NY | 48:58   | 15:46 |
| 168 | 17/21 | Hernan Martinez     | 736 | 39 | M | Endicott     | NY | 49:26   | 15:55 |
| 169 | 14/22 | Megan Appley        | 606 | 26 | F | Lisle        | NY | 49:30   | 15:56 |
| 170 | 28/33 | Melinda Macrabie    | 731 | 32 | F | Hancock      | NY | 49:31   | 15:57 |
| 171 |       | Mark Winchell       | 867 |    |   | M Vestal     | NY | 49:43   | 16:00 |
| 172 |       | Maggie Winchell     | 866 |    |   | F Vestal     | NY | 49:43   | 16:00 |
| 173 | 24/32 | Jim Weiss           | 817 | 56 | M | Deposit      | NY | 50:21   | 16:13 |
| 174 | 18/21 | Randall Hartz Jr    | 686 | 38 | M | Deposit      | NY | 50:22   | 16:13 |
| 175 | 29/33 | Megan Gilfillan-Rul | 673 | 38 | F | Binghamton   | NY | 50:36   | 16:17 |
| 176 | 15/22 | Brittney Burnett    | 632 | 22 | F | Harpursville | NY | 51:32   | 16:36 |
| 177 | 19/21 | Dan McGuire         | 748 | 34 | M | Endwell      | NY | 51:36   | 16:37 |
| 178 | 30/33 | Rachel Cosimano     | 641 | 35 | F | Endwell      | NY | 51:36   | 16:37 |
| 179 | 31/33 | Colleen English     | 656 | 31 | F | Owego        | NY | 51:37   | 16:37 |
| 180 | 6/11  | Kailey Yanusas      | 826 | 17 | F | Binghamton   | NY | 52:00   | 16:45 |
| 181 | 7/11  | Keirsten Frair      | 664 | 16 | F | Binghamton   | NY | 52:01   | 16:45 |
| 182 | 8/11  | Shannon Ketzak      | 710 | 19 | F | Binghamton   | NY | 52:02   | 16:45 |
| 183 | 11/16 | Ryan Markham        | 735 | 18 | M | Binghamton   | NY | 52:02   | 16:45 |
| 184 | 9/11  | Jessica Ketzak      | 707 | 17 | F | Binghamton   | NY | 52:02   | 16:45 |
| 185 | 32/33 | Dana Stewart        | 796 | 31 | F | Binghamton   | NY | 52:15   | 16:49 |
| 186 | 20/21 | Chris Zeh           | 828 | 30 | M | Binghamton   | NY | 52:16   | 16:50 |
| 187 | 5/7   | Luann Amorese       | 603 | 61 | F | Endicott     | NY | 52:42   | 16:58 |
| 188 | 12/19 | Joann Hommel-Quanne | 693 | 51 | F | Endicott     | NY | 53:16   | 17:09 |
| 189 | 12/16 | Richie Norris       | 762 | 18 | M | Oswego       | NY | 53:17   | 17:09 |
| 190 | 19/24 | Penny Meyer         | 750 | 48 | F | Endwell      | NY | 53:18   | 17:10 |
| 191 | 16/22 | Alexis Mikels       | 752 | 23 | F | Endicott     | NY | 53:18   | 17:10 |
| 192 | 13/19 | Kim Paixao          | 767 | 51 | F | Johnson City | NY | 53:26   | 17:12 |
| 193 | 17/22 | Nicole Paixao       | 768 | 29 | F | Johnson City | NY | 53:27   | 17:13 |
| 194 | 6/7   | Margo Hommel        | 694 | 73 | F | Endicott     | NY | 53:28   | 17:13 |
| 195 | 12/12 | Chris Brown         | 626 | 28 | M | Binghamton   | NY | 53:41   | 17:17 |
| 196 | 33/33 | Rosalee Heard       | 688 | 34 | F | Binghamton   | NY | 53:42   | 17:17 |
| 197 | 10/11 | Matia Lisi          | 727 | 15 | F | Binghamton   | NY | 53:44   | 17:18 |
| 198 | 20/24 | Tina Zdimal         | 827 | 49 | F | Binghamton   | NY | 53:44   | 17:18 |
| 199 | 12/17 | Bob Korosec         | 718 | 72 | M | Endicott     | NY | 53:45   | 17:19 |
| 200 | 13/17 | John McGrath        | 744 | 71 | M | Kirkwood     | NY | 53:46   | 17:19 |
| 201 | 14/19 | Debbie Belknap      | 611 | 56 | F | Binghamton   | NY | 54:02   | 17:24 |
| 202 | 25/32 | Larry Belknap       | 612 | 56 | M | Binghamton   | NY | 54:04   | 17:24 |
| 203 | 26/32 | Barry Wolf          | 825 | 59 | M | Binghamton   | NY | 54:12   | 17:27 |
| 204 | 21/24 | Denise Matthews     | 740 | 45 | F | Binghamton   | NY | 54:13   | 17:27 |
| 205 | 18/22 | John Matthews       | 741 | 45 | M | Binghamton   | NY | 54:13   | 17:27 |
| 206 | 18/22 | Alicia Brown        | 625 | 23 | F | Kirkwood     | NY | 54:19   | 17:29 |
| 207 | 19/22 | Scott Thompson      | 808 | 40 | M | Endicott     | NY | 54:20   | 17:30 |
| 208 | 13/16 | Tim McQuade         | 832 | 14 | M | Endwell      | NY | 54:21   | 17:30 |
| 209 | 19/22 | Victoria Harting    | 861 | 23 | F | Windsor      | NY | 54:21   | 17:30 |
| 210 | 22/24 | Jolynn Thompson     | 807 | 40 | F | Endicott     | NY | 54:21   | 17:30 |
| 211 | 20/22 | Sara Ketzak         | 709 | 23 | F | Binghamton   | NY | 54:23   | 17:30 |
| 212 | 27/32 | James Hurliman      | 698 | 59 | M | Endicott     | NY | 54:29   | 17:33 |
| 213 | 20/22 | Craig Ketzak        | 705 | 49 | M | Binghamton   | NY | 55:42   | 17:56 |
| 214 | 21/22 | Greg Stanton        | 792 | 49 | M | Binghamton   | NY | 55:44   | 17:57 |
| 215 | 28/32 | Mike Stanton        | 794 | 54 | M | Binghamton   | NY | 56:17   | 18:07 |
| 216 | 14/17 | Gordon Ruston       | 782 | 73 | M | Binghamton   | NY | 56:19   | 18:08 |
| 217 | 21/22 | Candace Gardner     | 667 | 26 | F | East Branch  | NY | 56:22   | 18:09 |
| 218 | 21/21 | Rush Gardner        | 669 | 30 | M | East Branch  | NY | 56:22   | 18:09 |
| 219 | 15/19 | Maria Sherman       | 786 | 52 | F | Johnson City | NY | 56:25   | 18:10 |
| 220 | 29/32 | Mark Vitanza        | 860 | 58 | M | Conklin      | NY | 56:25   | 18:10 |
| 221 | 30/32 | Larry Foster        | 662 | 59 | M | Binghamton   | NY | 56:26   | 18:10 |
| 222 | 16/19 | Sharon Vitanza      | 859 | 56 | F | Conklin      | NY | 56:29   | 18:11 |
| 223 | 7/7   | Robin Laabs         | 721 | 60 | F | Binghamton   | NY | 56:29   | 18:11 |
| 224 | 17/19 | Bonnie Burnett      | 631 | 52 | F | Harpursville | NY | 56:29   | 18:11 |
| 225 | 14/16 | Matt Stocks         | 800 | 16 | M | Endicott     | NY | 56:31   | 18:12 |
| 226 | 15/17 | Bob Foster          | 661 | 61 | M | Binghamton   | NY | 56:31   | 18:12 |
| 227 | 15/16 | Tyler Thompson      | 809 | 17 | M | Endicott     | NY | 56:32   | 18:12 |
| 228 | 23/24 | Karen Stocks        | 798 | 49 | F | Endicott     | NY | 56:32   | 18:12 |
| 229 | 11/11 | Lauryn Stocks       | 799 | 17 | F | Endicott     | NY | 56:33   | 18:12 |
| 230 | 22/22 | Brennan McQuade     | 831 | 42 | M | Endwell      | NY | 56:33   | 18:12 |
| 231 | 16/16 | Travis MacDonald    | 730 | 17 | M | Endicott     | NY | 56:33   | 18:13 |
| 232 | 16/17 | Paul Robilotti      | 777 | 60 | M | Binghamton   | NY | 56:33   | 18:13 |
| 233 | 31/32 | Scott MacDonald     | 729 | 51 | M | Endicott     | NY | 56:34   | 18:13 |
| 234 | 17/17 | Jim Blincoe         | 619 | 62 | M | Binghamton   | NY | 57:11   | 18:25 |
| 235 | 18/19 | Barb Blincoe        | 618 | 54 | F | Binghamton   | NY | 57:13   | 18:25 |
| 236 | 24/24 | Kimberly Hall       | 681 | 48 | F | Fishs Eddy   | NY | 59:46   | 19:15 |
| 237 | 22/22 | Mallori Hall        | 682 | 24 | F | Hancock      | NY | 59:49   | 19:15 |
| 238 | 32/32 | John Brannon        | 621 | 53 | M | Binghamton   | NY | 1:00:09 | 19:22 |
| 239 | 19/19 | Cindy Brannon       | 620 | 52 | F | Binghamton   | NY | 1:00:11 | 19:23 |