



TCRC WEDNESDAY NIGHT TRACK MEET - 7/12/2023

1 Mile

Tom Cummins - 5:05
Takumi Guay - 5:13
Alek Walczak - 5:17
Mike Olson - 5:52
Ben Olson - 5:54
Rich Pichura - 6:26
Ken Burt - 6:27
Bob Kuchera - 6:33
Rachel Johnson - 6:35
Shayna Johnson - 6:35
Ella Coleman - 6:40
Jeff Wood - 6:43
David Coleman - 6:52
Jon Devita - 7:29
Chris McManus - 7:43
Greg Amend - 8:25
Amy Panella - 9:15
Paul McMahan - 10:24
Barb Morrissey - 10:29
Dawn Devita - 10:47

400 Meter

Robert Guay - 1:06
Alek Walczak - 1:08
Shayna Johnson - 1:18
Bob Kuchera - 1:20
Sophie Walczak - 1:24
Jeff Wood - 1:25
Rachel Johnson - 1:25
Andrew Appleman - 1:27
Ken Burt - 1:27
Ben Appleman - 1:28
Chris McManus - 1:39
Jon Devita - 1:41
Emma Appleman - 2:10
Isabella Appleman - 2:17
Barb Morrissey - 2:25

800 Meter

Rachel Johnson - 2:59
Jeff Wood - 3:06
Ken Burt - 3:06
Kevin Nelson - 3:15
David Coleman - 3:18
Ben Appleman - 3:22
Andrew Appleman - 3:22
Chris McManus - 3:33
Jon Devita - 3:34

2 Mile

Tom Cummins - 11:17
Trennan Tewksbury - 11:23
Mike Olson - 12:40
Ben Olson - 13:25
Ken Burt - 13:32
Amy Panella - 13:41
Rachel Johnson - 13:50
Rich Pichura - 14:04
Greg Amend - 18:48
Ben Appleman - 18:58
David Coleman - 20:40
Barb Morrissey - 21:22
Dawn Devita - 23:07
Paul McMahan - 23:17