

**Dick's Value of Life Five Kilometer Road Race**  
**Sponsored by Dick's Clothing & Sporting Goods & and ASICS**  
**USATF Certified. Registration No. NY93033AM**  
**Vestal, New York September 9, 2006**

**Overall Results**

Place	Div/Tot	Name	Ag	S	City	St	Time	Pace
1	1/11	Steve Cammisa	39	M	Vestal	NY	16:56	5:27
2	1/7	Greg Derick	34	M	Endicott	NY	17:49	5:44
3	1/12	Mark Brugger	46	M	Endicott	NY	18:08	5:50
4	2/12	David Winslow	45	M	Binghamton	NY	18:23	5:55
5	1/4	Murphee Hayes	32	F	Marathon	NY	18:41	6:01
6	1/4	Benjamin Nichols	16	M	Endicott	NY	18:55	6:06
7	2/4	Stephen Nichols	18	M	Endicott	NY	19:01	6:07
8	1/11	Randy Reynolds	43	M	Binghamton	NY	19:06	6:09
9	2/11	Jeffrey Felice	39	M	Endicott	NY	19:10	6:10
10	2/11	Greg Amend	41	M	Endicott	NY	19:20	6:14
11	2/7	Jeremy Corcoran	31	M	Apalachin	NY	19:28	6:16
12	1/2	Richard Nichols	21	M	Endicott	NY	19:30	6:17
13	2/2	Zac Tokos	20	M	Binghamton	NY	19:35	6:18
14	1/10	Christa Winslow	43	F	Binghamton	NY	19:37	6:19
15	1/18	Colin Staiger	13	M	Binghamton	NY	19:47	6:23
16	3/11	Kirk Steinbrecher	37	M	Windsor	NY	19:51	6:24
17	1/1	Rob Howard	27	M	Apalachin	NY	20:00	6:26
18	3/12	Bruce Lee	49	M	Port Crane	NY	20:01	6:27
19	1/11	Doug Garner	50	M	Vestal	NY	20:12	6:30
20	4/11	Scott Breen	35	M	Endicott	NY	20:14	6:31
21	3/7	Jason Bigelow	33	M	Endicott	NY	20:15	6:32
22	2/18	Sterling Payne	13	M	Apalachin	NY	20:21	6:33
23	4/7	Nikia Angevine	30	M	Binghamton	NY	20:22	6:34
24	3/18	Benjamin Snodgrass	14	M	Apalachin	NY	20:30	6:36
25	5/11	Joshua Price	38	M	Vestal	NY	20:32	6:37
26	2/11	Graham Upton	52	M	Binghamton	NY	20:33	6:37
27	6/11	John Murdock	37	M	Vestal	NY	20:46	6:41
28	3/11	Stephen Nichols	51	M	Endicott	NY	21:21	6:53
29	1/3	Yvonne Smith	23	F	Binghamton	NY	21:23	6:53
30	4/11	Dennis Uhlig	53	M	Sidney	NY	21:37	6:58
31	4/12	Gary Brundage	45	M	Binghamton	NY	21:38	6:58
32	5/11	Robert Wedlake	54	M	Binghamton	NY	21:39	6:59
33	5/12	Albert Palermo	46	M	Endwell	NY	21:47	7:01
34	6/12	Robert Grajewski	45	M	Kirkwood	NY	21:48	7:01
35	1/8	Larry Brooks	55	M	Binghamton	NY	21:55	7:04
36	7/12	Stephen Lupo	45	M	Endicott	NY	21:56	7:04
37	1/7	Kristin Olson	37	F	Vestal	NY	22:10	7:09
38	1/5	Victoria Castellucci	47	F	Apalachin	NY	22:14	7:10
39	5/7	Matthew Wilcoxon	33	M	Edmond	OK	22:15	7:10
40	2/5	Jean Ziolkowski	46	F	Apalachin	NY	22:26	7:13
41	2/8	John Kopalek	55	M	Binghamton	NY	22:32	7:15
42	7/11	Brian Cartie	36	M	Endwell	NY	22:35	7:16
43	1/6	Harland Bigelow	60	M	Lisle	NY	22:47	7:20
44	8/11	Jason Moore	38	M	Waverly	NY	23:12	7:28
45	4/18	Jason Felice	13	M	Endicott	NY	23:13	7:29
46	5/18	Donald Castellucci	13	M	Apalachin	NY	23:14	7:29
47	2/4	Sally Forbidussi	32	F	Windsor	NY	23:16	7:30
48	3/8	Ron Arno	57	M	Conklin	NY	23:26	7:33
49	1/3	Dawn Koopman	28	F	Johnson City	NY	23:29	7:34
50	2/7	Kimberly Palermo	38	F	Endwell	NY	23:41	7:38
51	3/11	Alan Hess	42	M	Vestal	NY	23:42	7:38
52	3/7	Heidi Moore	36	F	Waverly	NY	23:45	7:39
53	3/5	Marsha Pulz	45	F	Vestal	NY	23:46	7:39
54	1/4	Karla Eisch	50	F	Vestal	NY	23:47	7:40
55	6/18	Peter Day	14	M	Whitney Poin	NY	23:49	7:40
56	4/7	Candice Poyer	38	F	Greene	NY	24:02	7:45
57	6/11	Donn McBride	50	M	Endicott	NY	24:03	7:45
58	2/10	Gail Markstein	44	F	Binghamton	NY	24:05	7:45
59	7/18	David Nichols	14	M	Endicott	NY	24:06	7:46
60	3/4	Michael Ziolkowski	16	M	Apalachin	NY	24:07	7:46
61	4/11	Brian Dodge	43	M	Endicott	NY	24:09	7:47
62	5/11	Michael Vehmeier	43	M	Nichols	NY	24:10	7:47
63	8/18	Dave Garner	12	M	Howe Cave	NY	24:12	7:48
64	4/8	Paul Hamlin	56	M	Owego	NY	24:12	7:48
65	8/12	Robert Neuberger	47	M	Vestal	NY	24:13	7:48
66	6/11	Steven Willett	44	M	Vestal	NY	24:17	7:49
67	1/2	Margret Betz	69	F	Conklin	NY	24:20*	7:50
68	7/11	Chris Kamp	44	M	Windsor	NY	24:25	7:52
69	3/10	Therese Staiger	43	F	Binghamton	NY	24:27	7:52
70	1/2	Kaitlyn Schultz	18	F	Apalachin	NY	24:38	7:56
71	9/12	Patrick Ruhlman	47	M	Endicott	NY	24:44	7:58
72	8/11	Mike Vachon	43	M	Johnson City	NY	24:46	7:59
73	5/8	Keith Olivet	55	M	Johnson City	NY	24:48	7:59
74	9/18	Connor Harty	13	M	Endicott	NY	24:48	7:59

75	1/5	Kristen Brooks	13 F Binghamton NY	24:50	8:00
76	2/6	Thomas Hart	60 M Staten Islan NY	24:51	8:00
77	9/11	Timothy Kamp	41 M Binghamton NY	24:53	8:01
78	7/11	Rick Day	52 M Whitney Poin NY	24:58	8:02
79	10/18	Daniel Ziolkowski	11 M Apalachin NY	25:05	8:05
80	10/11	Dan Young	42 M Vestal NY	25:11	8:07
81	4/10	Ann Felice	40 F Endicott NY	25:18	8:09
82	4/5	Kim Melrose-Harty	46 F Endicott NY	25:24	8:11
83	10/12	Kevin Harty	48 M Endicott NY	25:24	8:11
84	11/18	Joe Wasko	11 M Binghamton NY	25:26	8:12
85	8/11	Drew Wasko	53 M Binghamton NY	25:27	8:12
86	11/12	Robert Hartmann	48 M Binghamton NY	25:31	8:13
87	6/7	Willi Andres	32 M Endicott NY	25:37	8:15
88	1/5	Barbara Ann Morrisse	59 F Owego NY	25:42	8:17
89	2/5	Peggy Wozniak	56 F Binghamton NY	25:47	8:18
90	3/6	Joseph Wahl	65 M Endicott NY	25:56	8:21
91	3/5	Kathy Williams	55 F Binghamton NY	25:57	8:22
92	5/10	Linda Zalaffi	44 F Kirkwood NY	26:04	8:24
93	6/8	Paul O'Neil	55 M Conklin NY	26:16	8:28
94	2/5	Sarah Krizan	13 F Binghamton NY	26:22	8:29
95	2/4	Holly Parkyn	52 F Conklin NY	26:24	8:30
96	12/18	John Ziolkowski	14 M Apalachin NY	26:26	8:31
97	6/10	Susan Schultz	44 F Apalachin NY	26:51	8:39
98	1/2	Jacob Felice	9 M Endicott NY	27:32	8:52
99	4/5	Debbie Grassi	56 F Johnson City NY	27:34	8:53
100	5/7	Grace Andres	36 F Endicott NY	27:45	8:56
101	9/11	John Denmon	39 M Endicott NY	27:46	8:57
102	7/7	Doug VanHart	31 M Parish NY	28:04	9:02
103	3/4	Michelle Dickey	30 F Binghamton NY	28:04	9:03
104	13/18	Kyle Vachon	14 M Johnson City NY	28:09	9:04
105	7/10	Sue Baker	42 F Owego NY	28:10	9:04
106	2/3	Jaime Mendelis	29 F Candor NY	28:13	9:05
107	14/18	Timothy Nichols	12 M Endicott NY	28:15	9:06
108	3/3	Rachel Heslin	25 F Johnson City NY	28:18	9:07
109	4/6	Anthony LoTempio	64 M Binghamton NY	28:37	9:13
110	15/18	Mark Ziolkowski	12 M Apalachin NY	29:02	9:21
111	9/11	Paul Harger	50 M Binghamton NY	29:02	9:21
112	2/3	Amy Garner	22 F Vestal NY	29:04	9:22
113	7/8	David Wiktorek	57 M Binghamton NY	29:29	9:30
114	16/18	Michael Young	13 M Vestal NY	29:36	9:32
115	8/10	Mary Curcio	41 F Condklin NY	29:49	9:36
116	10/11	Darly Cooper	35 M Apalachin NY	29:53	9:37
117	11/11	Michael Dorish	42 M Vestal NY	29:54	9:38
118	11/11	Joel Deeter	37 M Conklin NY	29:55	9:38
119	3/5	Brittany Cartie	13 F Endwell NY	29:56	9:38
120	4/5	Arianna Young	12 F Vestal NY	30:00	9:40
121	5/6	Tom Hamlin	60 M Brackney PA	30:15	9:45
122	4/4	Sabrina Ford	31 F Howe Cove NY	30:27	9:49
123	6/7	Kathy Purtell	38 F Kirkwood NY	30:29	9:49
124	17/18	Nick Vachon	11 M Johnson City NY	30:38	9:52
125	10/11	Alan Lerman	51 M Vestal NY	30:42	9:53
126	3/4	Nancy Botting	53 F Johnson City NY	31:06	10:01
127	11/11	Joseph Gluck	54 M Susquehanna PA	31:55	10:17
128	5/5	Kelli Vachon	13 F Johnson City NY	32:03	10:19
129	2/2	Ange Blackman	19 F Castle Creek NY	32:14	10:23
130	9/10	Dawn DeVita	42 F Binghamton NY	32:37	10:30
131	10/10	Angelina Hess	43 F Vestal NY	32:50	10:35
132	18/18	Jeremy Cartie	11 M Endwell NY	33:32	10:48
133	6/6	Joseph Kearns	63 M Deposit NY	34:01	10:57
134	1/3	Lyndsey Moore	10 F Waverly NY	36:26	11:44
135	2/3	Katelyn Moore	10 F Waverly NY	36:26	11:44
136	5/5	Patty Farro	47 F Johnson City NY	36:42	11:49
137	4/4	Peg Blackman	51 F Castle Creek NY	36:43	11:49
138	3/3	Val Blackman	24 F Castle Creek NY	36:43	11:49
139	4/4	Cody JACINTHO	15 M Ithaca NY	37:09	11:58
140	8/8	Bruce Carlin	57 M Endicott NY	37:10	11:58
141	2/2	Carol Hart	61 F Deposit NY	37:34	12:06
142	3/3	Anne Ziolkowski	6 F Apalachin NY	37:44	12:09
143	12/12	Peter Ziolkowski	46 M Apalachin NY	37:45	12:09
144	7/7	Debbie Cartie	37 F Endwell NY	39:07	12:36
145	2/2	Zachary Cartie	7 M Endwell NY	39:19	12:40
146	5/5	Ginny Rober	58 F Vestal NY	40:00	12:53

\* Under USATF Age-Group guideline

Men's Record 15:27 by Dave Garner in 1994

Women's Record 16:22 by Patricia Wiegand in 1994

## Mens Age Group Awards

### OVERALL MALE WINNER

1 Steve Cammisa 39 Vestal NY 16:56

### MALE AGE GROUP: 1 - 10

1 98 Jacob Felice 9 Endicott NY 27:32

2 145 Zachary Cartie 7 Endwell NY 39:19

### MALE AGE GROUP: 11 - 14

1 15 Colin Staiger 13 Binghamton NY 19:47

2 22 Sterling Payne 13 Apalachin NY 20:21

### MALE AGE GROUP: 15 - 19

1 6 Benjamin Nichols 16 Endicott NY 18:55

2 7 Stephen Nichols 18 Endicott NY 19:01

MALE AGE GROUP: 20 - 24  
1 12 Richard Nichols 21 Endicott NY 19:30  
2 13 Zac Tokos 20 Binghamton NY 19:35  
MALE AGE GROUP: 25 - 29  
1 17 Rob Howard 27 Apalachin NY 20:00  
MALE AGE GROUP: 30 - 34  
1 2 Greg Derick 34 Endicott NY 17:49  
2 11 Jeremy Corcoran 31 Apalachin NY 19:28  
MALE AGE GROUP: 35 - 39  
1 9 Jeffrey Felice 39 Endicott NY 19:10  
2 16 Kirk Steinbrecher 37 Windsor NY 19:51  
MALE AGE GROUP: 40 - 44  
1 8 Randy Reynolds 43 Binghamton NY 19:06  
2 10 Greg Amend 41 Endicott NY 19:20  
MALE AGE GROUP: 45 - 49  
1 3 Mark Brugger 46 Endicott NY 18:08  
2 4 David Winslow 45 Binghamton NY 18:23  
MALE AGE GROUP: 50 - 54  
1 19 Doug Garner 50 Vestal NY 20:12  
2 26 Graham Upton 52 Binghamton NY 20:33  
MALE AGE GROUP: 55 - 59  
1 35 Larry Brooks 55 Binghamton NY 21:55  
2 41 John Kopalek 55 Binghamton NY 22:32  
MALE AGE GROUP: 60 - 69  
1 43 Harland Bigelow 60 Lisle NY 22:47  
2 76 Thomas Hart 60 Staten Island NY 24:51

## Womens Age Group Awards

OVERALL FEMALE WINNER  
1 Murphee Hayes 32 Marathon NY 18:41  
FEMALE AGE GROUP: 1 - 10  
1 134 Lyndsey Moore 10 Waverly NY 36:26  
2 135 Katelyn Moore 10 Waverly NY 36:26  
FEMALE AGE GROUP: 11 - 14  
1 75 Kristen Brooks 13 Binghamton NY 24:50  
2 94 Sarah Krizan 13 Binghamton NY 26:22  
FEMALE AGE GROUP: 15 - 19  
1 70 Kaitlyn Schultz 18 Apalachin NY 24:38  
2 129 Ange Blackman 19 Castle Creek NY 32:14  
FEMALE AGE GROUP: 20 - 24  
1 29 Yvonne Smith 23 Binghamton NY 21:23  
2 112 Amy Garner 22 Vestal NY 29:04  
FEMALE AGE GROUP: 25 - 29  
1 49 Dawn Koopman 28 Johnson City NY 23:29  
2 106 Jaime Mendelis 29 Candor NY 28:13  
FEMALE AGE GROUP: 30 - 34  
1 47 Sally Forbidussi 32 Windsor NY 23:16  
2 103 Michelle Dickey 30 Binghamton NY 28:04  
FEMALE AGE GROUP: 35 - 39  
1 37 Kristin Olson 37 Vestal NY 22:10  
2 50 Kimberly Palermo 38 Endwell NY 23:41  
FEMALE AGE GROUP: 40 - 44  
1 14 Christa Winslow 43 Binghamton NY 19:37  
2 58 Gail Markstein 44 Binghamton NY 24:05  
FEMALE AGE GROUP: 45 - 49  
1 38 Victoria Castellucci 47 Apalachin NY 22:14  
2 40 Jean Ziolkowski 46 Apalachin NY 22:26  
FEMALE AGE GROUP: 50 - 54  
1 54 Karla Eisch 50 Vestal NY 23:47  
2 95 Holly Parkyn 52 Conklin NY 26:24  
FEMALE AGE GROUP: 55 - 59  
1 88 Barbara A Morrissey 59 Owego NY 25:42  
2 89 Peggy Wozniak 56 Binghamton NY 25:47  
FEMALE AGE GROUP: 60 - 69  
1 67 Margret Betz 69 Conklin NY 24:20\*  
2 141 Carol Hart 61 Deposit NY 37:34

\* Under USATF Age-Group guideline