

## Lung Cancer Awareness 5K Recreation Park Binghamton, New York September 21, 2008

On behalf of the Lung Cancer Awareness Group, I would like to extend a huge thank you to the TCRC. The support, guidance and encouragement from the TCRC, as well as volunteers and members that participated, helped make possible another successful and safe "Lung Run".

The Lung Cancer Awareness Group is a local, non-profit organization founded by several oncology nurses. The goal of the LCA Group is to encourage awareness in our community, especially to youth, about lung cancer prevention, risks, screening, research, treatment advances and survivorship. The "Lung Run" is our major tool to accomplish this goal.

Over 530 runners and walkers, and 20 teams participated in the 5K on a beautiful, sunny Sunday. This year we also had our 1st "Kid's Fun Run", with 24 happy runners, each receiving medals and goodie bags after being greeted at the finish line by Max, the Binghamton Senators mascot, Star Wars characters, E.T., Goofy and soap bubbles in the air.

We would like to acknowledge those associated with the TCRC, who have contributed time, talents and wisdom to the "Lung Run": Grace Tabek, George Joseph, Lorri Joseph, Ann Noble, Tony Mazza, Tom Carter and TCRC Board, Brendan Flynn, Vince Kelley, George Groome, Dan Dougherty, Mike Zwick, Suzanne Myette, Annette Acuff - who also has her Binghamton University Cross Country teams volunteer for their community service at the "Lung Run" (every year!), Helmuth Betz, Max and John Straneva, and Tom Morrissey. I hope I have not missed anyone.... without volunteers there would not be a "Lung Run".

Personally, I am proud to be a member of the TCRC and I am very appreciative for all the opportunities it has afforded me as a runner and community member. Our community is very fortunate to have its support and involvement in many events that benefit many organizations and worthwhile causes.

November is Lung Cancer Awareness month - wear your LCA t-shirts.

THANK YOU,  
Barbara Ann Morrissey - Co-director  
LCA 5K Run/Walk  
Lung Cancer Awareness Group

### Awards

|            |                   |       |
|------------|-------------------|-------|
| 1st MALE   | Jeff Martinez     | 16:08 |
| 1st FEMALE | Janine Fitzgerald | 19:27 |

#### Male AGE GROUPS

|         |                   |       |
|---------|-------------------|-------|
| 0 - 7   | Connor Ford       |       |
| 8 - 11  | Ethan Elliott     | 24:57 |
| 12 - 14 | Connor Glasset    | 28:53 |
| 15 - 17 | David Nichols     | 19:39 |
| 18 - 20 | Paul Moore        | 19:52 |
| 21 - 24 | Nate Lull         | 17:33 |
| 25 - 29 | Kevin Foley       | 17:56 |
| 30 - 34 | Jon Murray        | 20:51 |
| 35 - 39 | Greg Derick       | 17:55 |
| 40 - 44 | Jeff Felice       | 18:55 |
| 45 - 49 | Chuck Hein        | 21:02 |
| 50 - 54 | Bruce Lee         | 20:08 |
| 55 - 59 | Keith Herron      | 23:29 |
| 60 - 64 | Tom Hamlin        | 24:47 |
| 65 - 69 | Glenn Hasbrook    | 33:44 |
| 70 - 74 | Richard Modafferi | 22:34 |

#### Female AGE GROUPS

|         |                  |       |
|---------|------------------|-------|
| 0 - 7   | Siena Kuryla     | 43:58 |
| 8 - 11  | Lyndsey Moore    | 33:47 |
| 12 - 14 | Hannah Elliott   | 25:04 |
| 15 - 17 | Alexis Fairbanks | 21:23 |
| 18 - 20 | Stacy Meltzler   | 21:40 |
| 21 - 24 | Ashley Johnson   | 24:03 |
| 25 - 29 | Alyson Barmuda   | 25:33 |
| 30 - 34 | Kelly Ford       | 26:20 |
| 35 - 39 | Kristin Olson    | 21:44 |
| 40 - 44 | Cathy Fairbanks  | 25:01 |
| 45 - 49 | Kathleen Lantry  | 24:45 |
| 50 - 54 | Karla Eisch      | 26:06 |
| 65 - 69 | Patrica Coveny   | 42:02 |

## TOP TEAMS

- 1 - State Farm Insurance
- 2 - Bainbridge-Guilford
- 3 - NYSEG Team NY
- 4- Binghamton U. Running Club
- 5- Moore's
- 6- Choi's TaeKwonDo
- 7- Boces Blazers

## Complete Results

|      |                   |       |        |
|------|-------------------|-------|--------|
| 1 -  | Jeff Martinez     | 16:08 |        |
| 2 -  | Jeff Smith        | 17:01 |        |
| 3 -  | Matthew Gawors    | 17:25 |        |
| 4 -  | Nate Lull         | 17:33 |        |
| 5 -  | Greg Derick       | 17:55 |        |
| 6 -  | Kevin Foley       | 17:56 |        |
| 7 -  | Phil Kwasney      | 18:33 |        |
| 8 -  | Chris Cowden      | 18:39 |        |
| 9 -  | Jeff Felice       | 18:55 |        |
| 10 - | Richard Nichols   | 19:16 |        |
| 11 - | Janine Fitzgerald | 19:27 |        |
| 12 - | David Nichols     | 16    | 19:39  |
| 13 - | Yvonne McKeon     | 26    | 19:43  |
| 14 - | Todd Stackhouse   | 24    | 19:50  |
| 15 - | Paul Moore        | 18    | 19:52  |
| 16 - | Nicholas Ries     | 20    | 20:01  |
| 17 - | Nick Testa        | 22    | 20:07  |
| 18 - | Ryan Miceli       | 20    | 20:07  |
| 19 - | Bruce Lee         | 51    | 20:08  |
| 20 - | Mark Schade       | 18    | 20:09  |
| 21 - | Michael O'Connell | 26    | 20:34  |
| 22 - | Mary Shea         | 39    | 20:37  |
| 23 - | Jon Murray        | 31    | 20:51  |
| 24 - | Bill Hrostowski   | 53    | 20:53  |
| 25 - | Vince Fox         | 50    | 20:55  |
| 26 - | Alex Levine       | 18    | 21:01  |
| 27 - | Chuck Hein        | 49    | 21:02  |
| 28 - | Alexis Fairbanks  | 17    | 21:23  |
| 29 - | Eric Mallery      | 22    | 21:27  |
| 30 - | Connor Fuller     | 15    | 21:35  |
| 31 - | Stacy Meitzler    | 20    | 21:40  |
| 32 - | Kristin Olson     | 39    | 21:44  |
| 33 - | Robert Kuchera    | 47    | 21:49  |
| 34 - | Adam VanBuren     | 25    | 21:50  |
| 35 - | Matt Richards     | 42    | 22:00  |
| 36 - | Chris Simser      | 48    | 22:06  |
| 37 - | Paul McDonald     | 41    | 22 :09 |
| 38 - | Michael Cole      | 39    | 22:16  |
| 39 - | Todd Bowman       | 46    | 22:19  |
| 40 - | Christopher Chin  | 20    | 22:30  |
| 41 - | Richard Modafferi | 70    | 22:34  |
| 42 - | Kerry Zemek       | 50    | 22:36  |
| 43 - | Paul Miller       | 42    | 22:48  |
| 44 - | Sterling Naslund  | 21    | 22:55  |
| 45 - | Michael Bush      | 19    | 22:58  |
| 46 - | Mark Cullen       | 20    | 22:59  |
| 47 - | Mike Terwilliger  | 53    | 23:00  |
| 48 - | Daniel Mayes      | 46    | 23:01  |
| 49 - | Vince Kelley      | 52    | 23:09  |
| 50 - | Aaron Wilkes      | 42    | 23:17  |
| 51 - | Abe Nichols       | 39    | 23:26  |
| 52 - | Justin Sturek     | 28    | 23:26  |
| 53 - | Keith Heron       | 57    | 23:29  |
| 54 - | Corey Chapin      | 18    | 23:30  |
| 55 - | Lorri Kemmerer    | 38    | 23:38  |
| 56 - | Joe Luke          | 29    | 23:45  |
| 57 - | David Abrams      | 49    | 23:48  |
| 58 - | David Grafutt     | 15    | 23:51  |
| 59 - | Ashley Johnson    | 22    | 24:03  |
| 60 - | Steve Willet      | 46    | 24:07  |
| 61 - | Patrice Back      | 37    | 24:07  |
| 62 - | Jim Cullen        | 50    | 24:14  |
| 63 - | Michael Wood      | 39    | 24:17  |
| 64 - | Nick Gillotte     | 26    | 24:22  |
| 65 - | Tiffany Giambrone | 18    | 24:28  |
| 66 - | Rachel Berk       | 19    | 24:31  |
| 67 - | Kevin Lantry      | 51    | 24:35  |
| 68 - | Shari Nichols     | 39    | 24:38  |
| 69 - | Timothy Nichols   | 15    | 24:43  |
| 70 - | Kathleen Lantry   | 46    | 24:45  |
| 71 - | Tom Hamlin        | 62    | 24:47  |
| 72 - | Alan Berk         | 53    | 24:52  |

|       |                   |    |       |
|-------|-------------------|----|-------|
| 73 -  | Clyde Abell       | 19 | 24:57 |
| 74 -  | Ethan Elliott     | 11 | 24:57 |
| 75 -  | Cathy Fairbanks   | 44 | 25:01 |
| 76 -  | Mark Hendley      | 41 | 25:02 |
| 77 -  | Hannah Elliott    | 12 | 25:04 |
| 78 -  | Natalie Hawkes    | 12 | 25:04 |
| 79 -  | Maria Giurastante | 12 | 25:05 |
| 80 -  | Melissa Aubel     | 38 | 25:09 |
| 81 -  | Gail Markstein    | 47 | 25:11 |
| 82 -  | Jeff Moore        | 43 | 25:12 |
| 83 -  | Rindy Karpel      | 37 | 25:16 |
| 84 -  | Anna Kuchera      | 13 | 25:23 |
| 85 -  | Vanetta Brown     | 22 | 25:24 |
| 86 -  | Bob Crounse       | 43 | 25:29 |
| 87 -  | Francesco Liburdi | 51 | 25:31 |
| 88 -  | Alyson Barmuda    | 29 | 25:33 |
| 89 -  | Jordan Furman     | 20 | 25:36 |
| 90 -  | Morgan Furman     | 13 | 25:36 |
| 91 -  | David Stephens    | 55 | 25:38 |
| 92 -  | Kristen Greman    | 18 | 25:48 |
| 93 -  | Charles Braman    | 38 | 25:50 |
| 94 -  | Michele Aronson   | 19 | 25:53 |
| 95 -  | Travis Colburn    | 16 | 25:55 |
| 96 -  | Mark Mushalla     | 49 | 25:56 |
| 97 -  | Joe DiMattina     | 60 | 25:57 |
| 98 -  | Kathy Anderson    | 47 | 26:05 |
| 99 -  | Karla Eisch       | 52 | 26:06 |
| 100 - | Morgan Glassett   | 17 | 26:12 |
| 101 - | Connor Ford       | 4  | 26:17 |
| 102 - | Kelly Ford        | 34 | 26:20 |
| 103 - | Ginger VanEtten   | 52 | 26:24 |
| 104 - | Jeanne Johnson    | 50 | 26:27 |
| 105 - | Ed Destanis       | 44 | 26:27 |
| 106 - | Adrian Tequin     | 17 | 26:29 |
| 107 - | Hillary Scrivani  | 17 | 26:30 |
| 108 - | Ashley Cammarota  | 19 | 26:41 |
| 109 - | Nadine Bradley    | 33 | 26:41 |
| 110 - | Ashley Kamp       | 13 | 26:43 |
| 111 - | William David     | 40 | 26:43 |
| 112 - | Jeff Sagar        | 20 | 26:47 |
| 113 - | Rachael Clark     | 18 | 26:53 |
| 114 - | Kalindi Naslund   | 15 | 26:54 |
| 115 - | Katie Markstein   | 12 | 27:01 |
| 116 - | Andrew DiMattina  | 30 | 27:05 |
| 117 - | Jaclyn Scott      | 20 | 27:10 |
| 118 - | Diana Motti       | 20 | 27:11 |
| 119 - | Caroline Gold     | 21 | 27:12 |
| 120 - | Colleen Davis     | 28 | 27:15 |
| 121 - | Douglas Russell   | 41 | 27:16 |
| 122 - | Chris Kamp        | 46 | 27:19 |
| 123 - | Sarah Sterling    | 21 | 27:24 |
| 124 - | Daniel Whalen     | 23 | 27:25 |
| 125 - | Patrick Ruehlman  | 49 | 27:27 |
| 126 - | Allison Cass      | 24 | 27:31 |
| 127 - | Darin Schmidt     | 35 | 27:34 |
| 128 - | Mark Stephens     | 52 | 27:35 |
| 129 - | Chris Hogan       | 40 | 27:38 |
| 130 - | Lamont Reukauf    | 54 | 27:42 |
| 131 - | Kara Hendley      | 39 | 27:48 |
| 132 - | Savannah Chin     | 21 | 27:49 |
| 133 - | Dave Fekler       | 37 | 27:58 |
| 134 - | Margaret Betz     | 72 | 28:03 |
| 135 - | Sandy Morris      | 38 | 28:04 |
| 136 - | Dan Hogan         | 42 | 28:05 |
| 137 - | Margie Stackhouse | 50 | 28:05 |
| 138 - | Matt Rose         | 53 | 28:21 |
| 139 - | Sarah Consolazio  | 30 | 28:30 |
| 140 - | Theodore Tristan  | 50 | 28:31 |
| 141 - | Chungsik Choi     | 47 | 28:40 |
| 142 - | Frank Nicosia     | 74 | 28:43 |
| 143 - | Michael Mucci     | 42 | 28:44 |
| 144 - | Dave Merritt      | 44 | 28:46 |
| 145 - | Connor Glassett   | 13 | 28:53 |
| 146 - | Joseph Gluck      | 56 | 29:01 |
| 147 - | Sue Timashenka    | 42 | 29:03 |
| 148 - | Mike Sopinski     | 48 | 29:11 |
| 149 - | Carol Sopinski    | 47 | 29:12 |
| 150 - | Rich Matolka      | 48 | 29:13 |
| 151 - | Amy Orshal        | 23 | 29:23 |
| 152 - | Laura Chaath      | 21 | 29:26 |
| 153 - | Megan Shea        | 25 | 29:48 |
| 154 - | Kathryn DiGioia   | 20 | 30:00 |
| 155 - | Ray Kinney        | 50 | 30:23 |
| 156 - | Tara Bowman       | 17 | 30:34 |
| 157 - | Esther Frustino   | 36 | 30:37 |
| 158 - | Ann Mancuso       | 49 | 30:39 |
| 159 - | Kelly Birtch      | 46 | 30:41 |

|                              |    |           |
|------------------------------|----|-----------|
| 160 - Josephine Chin         | 19 | 30:50     |
| 161 - Jamel Yacouoni         | 20 | 30:50     |
| 162 - Alyssa Abramowitz      | 21 | 31:20     |
| 163 - Dawn Devita            | 44 | 31:28     |
| 164 - David Buchta           | 62 | 31:49     |
| 165 - Cheryl Naslund         | 53 | 31:54     |
| 166 - Joshua Schell          | 21 | 31:57     |
| 167 - Eileen Mizerak         | 41 | 31:58     |
| 168 - Sissy Sororcutt        | 47 | 32:08     |
| 169 - Katelyn Moore          | 12 | 32:19     |
| 170 - Steve Schaefer         | 40 | 32:20     |
| 171 - Adara Alston           | 30 | 32:23     |
| 172 - Jason Moore            | 40 | 32:28     |
| 173 - Douglas Dziedzic       | 46 | 32:29     |
| 174 - Ron Ruffo              | 62 | 32:29     |
| 175 - Denise Parsons         | 33 | 32:32     |
| 176 - Nick Ruiz              | 27 | 32:34     |
| 177 - Jessica Elliott        | 14 | 32:34     |
| 178 - Ron Elliott            | 44 | 32:48     |
| 179 - Crystal Rovente        | 37 | 32:51     |
| 180 - Emily Elias            | 17 | 33:03     |
| 181 - Kristin Michel         | 16 | 33:15     |
| 182 - Hanrahan Kendall       | 12 | 33:15     |
| 183 - Denise Hasbrouck-Dobis | 43 | 33:31     |
| 184 - Shannon Hogan          | 39 | 33:32     |
| 185 - Kaila Aberturi         | 21 | 33:32     |
| 186 - Freya Tarapore         | 20 | 33:35     |
| 187 - Glenn Hasbrook         | 66 | 33:44     |
| 188 - Brooke Balint          | 25 | 33:47     |
| 189 - Lyndsey Moore          | 9  | 33:47     |
| 190 - Heidi Moore            | 38 | 33:51     |
| 191 - Kathleen Johnson       | 51 | 33:59     |
| 192 - Patty Farro            | 49 | 34:14     |
| 193 - Daniel Kemmerer        | 41 | 34:15     |
| 194 - Danielle Kemmerer      | 12 | 34:18     |
| 195 - Tracy George           | 38 | 34:41     |
| 196 - Laura Golemboski       | 29 | 34:41     |
| 197 - Mike Golemboski        | 61 | 34:54     |
| 198 - Katie Nemcek           | 16 | 35:24     |
| 199 - Peg Blackman           | 53 | 35:55     |
| 200 - Karen Michialini       | 48 | 36:04     |
| 201 - Rachel Oltmer          | 12 | 36:04     |
| 202 - Danielle Schaefer      | 12 | 36:18     |
| 203 - Ian Goodman            | 13 | 36:20     |
| 204 - Nancy Ramirez          | 47 | 36:42     |
| 205 - Kathleen McKenna       | 49 | 37:00     |
| 206 - Nick Vevante           | 19 | 37:00     |
| 207 - Peter Dobrie           | 21 | 37:26     |
| 208 - Douglas Drazen         | 47 | 37:35     |
| 209 - Brandon Simon          | 18 | 37:38     |
| 210 - Fran Williams          | 29 | 38:01     |
| 211 - Barbara Mujuma         | 21 | 38:02     |
| 212 - Jennifer Fung          | 25 | 39:05     |
| 213 - Marc Wilkinson         | 42 | 39:16     |
| 214 - Nicole Newbauer        | 15 | 39:16     |
| 215 - Andres Vargas          | 16 | 40:06     |
| 216 - Ellen Dziedzic         | 40 | 40:09     |
| 217 - Jason Russin           | 34 | 40:10     |
| 218 - Amy Russin             | 32 | 40:23     |
| 219 - Theresa Brom           | 44 | 41:48     |
| 220 - Patricia Coveny        | 67 | 41:48     |
| 221 - Bob Nemcek             | 54 | 42:02     |
| 222 - Cambia Naslund         | 14 | 42:08     |
| 223 - Lauren Robenstein      | 19 | 42:11     |
| 224 - Doug Ornstein          | 19 | 42:17     |
| 225 - Lavic Hava             | 21 | 42:17     |
| 226 - Jason Behar            | 22 | 42:18     |
| 227 - Helen Devita           | 23 | 42:18     |
| 228 - Hannah Taggart         | 12 | 42:50     |
| 229 - Sarah Taggart          | 16 | 43:28     |
| 230 - Caitlin Mizerak        | 11 | 43:29     |
| 231 - Juliana Kuryla         | 9  | 43:38     |
| 232 - Siena Kuryla           | 6  | 43:58     |
| 233 - Lisa Gallagher         | 44 | 43:58     |
| 234 - Julie Simon            | 45 | 43:59     |
| 235 - Abbi Miller            | 9  | 44:34     |
| 236 - Nanci Miller           | 41 | 44 :34 10 |