

25th Annual RRCA Women's Distance Festival 5K Run and Walk
August 25, 2009
Binghamton, NY

Overall Results

Place	Div/Tot	Name	Ag	City	St	Time	Pace
1	1/11	Jennifer Hastings	22	Vestal	NY	19:39	6:20
2	1/13	Heather Miller	35	Lansing	NY	20:01	6:27
3	2/11	Kelsey Myette	19	Binghamton	NY	20:43	6:41
4	1/6	Suzanne Myette	52	Binghamton	NY	20:46	6:42
5	1/9	Kathryn Shaw	16	Ithaca	NY	20:55	6:44
6	1/13	Michelle VanOstrand	27	Binghamton	NY	20:58	6:45
7	2/9	Sara Colon	16	Elmira	NY	21:16	6:51
8	3/9	Marykath Kulp	16	Vestal	NY	21:23	6:53
9	3/11	Trish Spring	24	Binghamton	NY	21:28	6:55
10	4/11	Rachel Fox	20	Johnson City	NY	22:11	7:09
11	1/18	Elizabeth Merritt	15	Elmira	NY	22:18	7:11
12	1/16	Susan Cain	41	Maine	NY	22:26	7:14
13	2/13	Kelly Ford	35	Binghamton	NY	22:26	7:14
14	2/18	Natalie Hawkes	13	Binghamton	NY	22:54	7:23
15	4/9	Chloe Ryan	17	Groton	NY	23:05	7:26
16	1/10	Michelle Marino	56	Ithaca	NY	23:06	7:27
17	1/16	Lorrie Tily	48	Locke	NY	23:08	7:27
18	2/16	Kristin Olson	40	Vestal	NY	23:11	7:28
19	3/16	Melissa Smith	44			23:18	7:30
20	3/13	Polly O'Rourke	38	Binghamton	NY	23:24	7:32
21	2/13	Ashley Marcin	26	Binghamton	NY	23:39	7:37
22	4/13	Kelly Hamlin	37	Endicott	NY	23:45	7:39
23	5/9	Aimee Cook	18	Windsor	NY	23:50	7:41
24	4/16	Shari Nichols	40			24:00	7:44
25	5/13	Margo Martin	38	Newark Valley	NY	24:14	7:48
26	5/11	Julie Michalak-Edwds	19	Johnson City	NY	24:15	7:49
27	2/10	Paula Williams	56	Johnson City	NY	24:22	7:51
28	6/11	Heather Warfle	19	Vestal	NY	24:31	7:54
29	3/18	Abbie Bideaux	14	Binghamton	NY	24:32	7:54
30	4/18	Ingrid Peterson	13	Pine City	NY	24:36	7:56
31	5/18	Kayla Bollen	15			24:37	7:56
32	1/14	Rachel Anderson	30	Cortland	NY	24:41	7:57
33	6/9	Jamie Burcume	16	Endwell	NY	24:41	7:57
34	2/16	Kathleen Lantry	47	Whitney Point	NY	24:42	7:58
35	6/13	Ariana Rife	35			24:42	7:58
36	7/11	Martine Casey	19	Binghamton	NY	24:49	8:00
37	3/16	Kathy Anderson	48	Endwell	NY	24:52	8:01
38	3/10	Holly Parkyn	55	Whitney Pt	NY	25:00	8:03
39	5/16	Linda Wasser	41	Endicott	NY	25:01	8:04
40	2/14	Kelly Gates	33	Walton	NY	25:01	8:04
41	3/13	Beth Egitto	28			25:01	8:04
42	1/2	Barbara Ann Morrissey	62	Owego	NY	25:05	8:05
43	4/16	Karen Gates	45			25:05	8:05
44	4/10	Paula Fitch	59	Binghamton	NY	25:09	8:06
45	6/16	Tracy Baumgart	40			25:12	8:07
46	6/18	Maria Giurastante	13	Binghamton	NY	25:20	8:10
47	8/11	Rebecca Foster	19	Port Crane	NY	25:25	8:11
48	7/18	Kirsten Anderson	14	Endwell	NY	25:27	8:12
49	8/18	Hannah Caroonpas	15	Binghamton	NY	25:31	8:13
50	7/9	Kathleen Gudas	16			25:34	8:14
51	7/16	Candice Poyer	41	Greene	NY	25:35	8:15
52	8/16	Michele Dumond	40			25:38	8:16
53	9/18	Danielle Brennan	14			25:45	8:18
54	5/16	Deborah Clough-Gitchel	49	Binghamton	NY	25:45	8:18
55	9/11	Shannon Paro	19	Binghamton	NY	25:48	8:19
56	6/16	Linda Harding	45	Vestal	NY	26:02	8:23
57	1/4	Natalie Gates	12			26:02	8:23
58	10/18	Breanna Hoyt	15	Binghamton	NY	26:16	8:28
59	3/14	Rachel Vesterfelt	32	Walton	NY	26:19	8:29
60	2/4	Shayna Lee	11			26:24	8:30
61	9/16	Kara Hendley	40	Binghamton	NY	26:26	8:31
62	4/14	Aspen D'Angelo	30	Binghamton	NY	26:33	8:33
63	7/13	Daniele Vick	39	Binghamton	NY	26:53	8:40
64	4/13	Kerri Bullock	28	Port Crane	NY	26:55	8:40
65	5/14	Theresa Perrone	31	Greene	NY	26:56	8:41
66	6/14	Mical Cadden	33	Binghamton	NY	26:57	8:41
67	10/11	June Jones	23			27:00	8:42
68	8/9	Sarah Weir	17	Johnson City	NY	27:11	8:45
69	3/4	Holly Manchester	10			27:14	8:46
70	11/18	Samantha Dumond	15			27:25	8:50
71	10/16	Susan Foster	43	Port Crane	NY	27:25	8:50

72	2/6	Joanne Weir	53	Johnson City	NY	27:43	8:56
73	7/16	Susan Schultz	47	Apalachin	NY	27:50	8:58
74	11/16	Cindy Manchester	44			28:13	9:05
75	7/14	Karen Brey	33			28:21	9:08
76	5/10	Alice Morris	58	Conklin	NY	28:28	9:10
77	6/10	Kathy Williams	58	Binghamton	NY	28:33	9:12
78	12/18	Meghan Mapes	15	Freeville	NY	28:36	9:13
79	8/14	Gina Kucinski	31			28:47	9:16
80	7/10	Debbie Grassi	59	Johnson City	NY	28:48	9:17
81	9/9	Maggie McNamara	18	Binghamton	NY	28:49	9:17
82	13/18	Hannah Zimmerman	14			28:52	9:18
83	9/14	Kerry Zostant	33	Vestal	NY	28:54	9:19
84	12/16	Kathy Purtell	41	Little Meadows	PA	29:09	9:23
85	5/13	Annette Snedaker	28	Endicott	NY	29:21	9:27
86	8/16	Lisa Bideaux	45	Binghamton	NY	29:32	9:31
87	9/16	Alice Caroonpas	45	Binghamton	NY	29:39	9:33
88	10/14	Kristy Angelo	32			29:44	9:35
89	11/14	Heather Pufky	31	Maine	NY	29:44	9:35
90	14/18	Katelyn Moore	13	Waverly	NY	29:49	9:36
91	8/13	Heidi Moore	39	Waverly	NY	29:49	9:36
92	6/13	Sarah Shriver	26	Owego	NY	29:52	9:37
93	7/13	Holly Walton	29	Conklin	NY	29:52	9:37
94	9/13	Sandy Morris	39			29:54	9:38
95	15/18	Racheal Owens	14			29:55	9:38
96	4/4	Elizabeth Dawson	8	Trumansburg	NY	29:56	9:39
97	10/13	Amy Dawson	36	Trumansburg	NY	29:56	9:39
98	10/16	Anne Reichert	47	Binghamton	NY	30:10	9:43
99	11/13	Maureen Somerwil	35	Binghamton	NY	30:36	9:51
100	13/16	Kristine Zuber	44	Maine	NY	30:39	9:52
101	16/18	Maggie Anglehart	14	Binghamton	NY	30:46	9:55
102	3/6	Peggy Hendrickson	51	Binghamton	NY	31:17	10:05
103	8/10	Sue Gugger	56	Binghamton	NY	31:42	10:13
104	8/13	Renee Williams	26	Endicott	NY	31:56	10:17
105	12/14	Kim Dinga	32			32:45	10:33
106	9/13	Rebecca Robins	28	Binghamton	NY	32:55	10:36
107	14/16	Penny Guernsey	44	Binghamton	NY	33:19	10:44
108	11/16	Karen Schultze	47			33:27	10:46
109	12/16	Tammy Arounsavath	45	Binghamton	NY	34:08	11:00
110	15/16	Susan Jones	42	Binghamton	NY	35:33	11:27
111	4/6	Patti Ann McNamara	50	Binghamton	NY	35:40	11:29
112	13/16	Dawn DeVita	45	Binghamton	NY	35:41	11:30
113	14/16	Angelina Hess	46	Vestal	NY	36:51	11:52
114	10/13	April St. John	27	Binghamton	NY	37:27	12:04
115	15/16	Theresa Brom	45	Binghamton	NY	38:36	12:26
116	5/6	Karren Bee-Donohoe	50	Johnson City	NY	38:53	12:31
117	11/13	Jesslynn Shafer	26			39:52	12:50
118	1/1	Sandra Garufy	71	Binghamton	NY	40:11	12:57
119	11/11	Katherine Molyneaux	19			40:17	12:58
120	16/16	Ellen Molyneaux	49			40:17	12:58
121	12/13	Holly Stonehouse	29			40:42	13:06
122	16/16	Amy Kehoe	42			40:43	13:07
123	9/10	Ernie Douglas	58	Cortland	NY	42:26	13:40
124	10/10	Ellen Jenner	55	Vestal	NY	42:36	13:43
125	13/14	Erin Jennings	30	Endicott	NY	44:32	14:21
126	6/6	Susan Lindley	54	Vestal	NY	45:49	14:45
127	13/13	Katy Cornell	29	Ithaca	NY	46:57	15:07
128	14/14	Marisa Clifford	30	Tully	NY	46:57	15:07
129	17/18	Hannah Bideaux	13	Binghamton	NY	47:28	15:17
130	18/18	Elizabeth Gudasz	14			47:31	15:18
131	12/13	Andrea Kramarczyk	37	Endwell	NY	47:39	15:21
132	2/2	Virginia Mugavero	63	Endwell	NY	47:40	15:21
133	13/13	Julie Mugavero	38	Endwell	NY	47:40	15:21

Record 18:13 by Murphee Hayes in 2008

Age Group Results

TOP THREE OVERALL

1	1	Jennifer Hastings	22	Vestal	NY	19:39
2	2	Heather Miller	35	Lansing	NY	20:01
3	3	Kelsey Myette	19	Binghamton	NY	20:43

MASTERS AGE GROUP: 40 - 99

1	4	Suzanne Myette	52	Binghamton	NY	20:46
2	12	Susan Cain	41	Maine	NY	22:26
3	16	Michelle Marino	56	Ithaca	NY	23:06

FEMALE AGE GROUP: 1 - 12

1	57	Natalie Gates	12			26:02
2	60	Shayna Lee	11			26:24

FEMALE AGE GROUP: 13 - 15

1	11	Elizabeth Merritt	15	Elmira	NY	22:18
2	14	Natalie Hawkes	13	Binghamton	NY	22:54

FEMALE AGE GROUP: 16 - 18

1	5	Kathryn Shaw	16	Ithaca	NY	20:55
2	7	Sara Colon	16	Elmira	NY	21:16

FEMALE AGE GROUP: 19 - 24

1	9	Trish Spring	24	Binghamton	NY	21:28
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2	10 Rachel Fox	20 Johnson City	NY	22:11
		FEMALE AGE GROUP: 25 - 29		
1	6 Michelle VanOstrand	27 Binghamton	NY	20:58
2	21 Ashley Marcin	26 Binghamton	NY	23:39
		FEMALE AGE GROUP: 30 - 34		
1	32 Rachel Anderson	30 Cortland	NY	24:41
2	40 Kelly Gates	33 Walton	NY	25:01
		FEMALE AGE GROUP: 35 - 39		
1	13 Kelly Ford	35 Binghamton	NY	22:26
2	20 Polly O'Rourke	38 Binghamton	NY	23:24
		FEMALE AGE GROUP: 40 - 44		
1	18 Kristin Olson	40 Vestal	NY	23:11
2	19 Melissa Smith	44		23:18
		FEMALE AGE GROUP: 45 - 49		
1	17 Lorrie Tily	48 Locke	NY	23:08
2	34 Kathleen Lantry	47 Whitney Point	NY	24:42
		FEMALE AGE GROUP: 50 - 54		
1	72 Joanne Weir	53 Johnson City	NY	27:43
2	102 Peggy Hendrickson	51 Binghamton	NY	31:17
		FEMALE AGE GROUP: 55 - 59		
1	27 Paula Williams	56 Johnson City	NY	24:22
2	38 Holly Parkyn	55 Whitney Pt	NY	25:00
		FEMALE AGE GROUP: 60 - 64		
1	42 Barbara Ann Morrissey	62 Owego	NY	25:05
2	132 Virginia Mugavero	63 Endwell	NY	47:40
		FEMALE AGE GROUP: 65 - 69		
		FEMALE AGE GROUP: 70 - 99		
1	118 Sandra Garufy	71 Binghamton	NY	40:11

Mother-Daughter Team Results

- MD8
20:43 20:46 = 41:29
Kelsey Myette, Suzanne Myette
- MD1
24:52 25:27 = 50:19
Kathy Anderson, Kirsten Anderson
- MD17
25:05 26:02 = 51:07
Karen Gates, Natalie Gates
- MD9
25:25 27:25 = 52:50
Rebecca Foster, Susan Foster
- MD14
25:38 27:25 = 53:03
Michele Dumond, Samantha Dumond
- MD13
27:11 27:43 = 54:54
Sarah Weir, Joanne Weir
- MD5
25:31 29:39 = 55:10
Hannah Caroonpas, Alice Caroonpas
- MD18
27:14 28:13 = 55:27
Holly Manchester, Cindy Manchester
- MD15
29:49 29:49 = 59:38
Katelyn Moore, Heidi Moore
- MD7
29:56 29:56 = 59:52
Elizabeth Dawson, Amy Dawson
- MD2
30:10 30:46 = 1:00:56
Anne Reichert, Maggie Anglehart
- MD10
28:49 35:40 = 1:04:29
Maggie McNamara, Patti Ann McNamara
- MD4
29:32 47:28 = 1:17:00
Lisa Bideaux, Hannah Bideaux
- MD19
40:17 40:17 = 1:20:34
Katherine Molyneaux, Ellen Molyneaux
- MD6
42:26 46:57 = 1:29:23
Ernie Douglas, Marisa Clifford
- MD12
47:40 47:40 = 1:35:20
Virginia Mugavero, Julie Mugavero

Sister-Sister Team Results

- SS1
25:34 47:31 = 1:13:05
Kathleen Gudas, Elizabeth Gudas

Grandmother - Granddaughter Team Results

1. GMD1

24:32 40:11 = 1:04:43

Abbie Bideaux, Sandra Garufy