



Application for TCRC Membership

The purpose of the Triple Cities Runners Club (TCRC) is to promote and support all avenues of running in our local area, and be a driving force in helping our running community to be united, strong, and continue to grow. We welcome runners of ALL abilities, whether you are a competitive racer, run for fitness, seasoned veteran, or just beginning; we are here to support everyone. As a member of TCRC, you will be part of that community, help support the club's efforts, and enjoy the camaraderie of other club members and local runners, group runs, workouts, races, special events, and more! Learn more about the TCRC and local races at: www.triplecitiesrunnersclub.org or at the [TCRC Facebook Page](#).

What the TCRC does for you:

Joining the TCRC is easy, inexpensive, and loaded with benefits. As a member, you'll enjoy:

- The camaraderie of other local runners at group runs, workouts, races, and social events
- Support and encouragement for your running, whether you're competitive, recreational, or somewhere in between
- Discounts on certain TCRC sponsored races and our annual dinner
- Free entry into the January Freeze 10k series and TCRC summer track meets.
- Insurance coverage for the Jan. Freeze 10K series, weekly workouts, and the TCRC track meets
- Inclusion in members-only social and educational events during the year
- An invitation to join the TCRC on Facebook to communicate directly with other club members/runners
- Eligibility to vote at the TCRC annual meeting and to hold office
- Discounts at some local area businesses

How to apply for Membership

You have two ways to apply. You can sign up online at: <https://runsignup.com/Club/NY/Binghamton/TripleCitiesRunnersClub>. Or you can fill out this form, sign the waiver, and mail the form with payment to: TCRC, 1130 Vestal Ave, Binghamton, NY 13903.

Membership Types and Fees

We offer individual adult or junior memberships and family memberships. Memberships cover the calendar year (1/1 – 12/31). New members who join between November 1 and December 31 will receive membership through the next calendar year (e.g., 11/01/23-12/31/24).

Regular Adult Membership (Age 22 or older at time of joining or renewal): \$20

Junior Membership (Age 21 or younger at time of joining or renewal): \$10 (or \$1 if under a family membership – see below)

Last Name: _____ First Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ E-Mail Address: _____

Membership Type: Adult Junior Gender: Male Female Non-Binary Date of Birth: _____

Do you want to be added to the TCRC E-Mail list? Y N May TCRC contact you for volunteer opportunities at local races/events? Y N

